

The background features a white canvas with various colorful abstract elements. In the top left, there are overlapping shapes in dark teal, orange, and light peach. A thin dark teal line curves around these shapes. In the bottom left, there are more orange and peach shapes, along with a dark teal circle. In the bottom center, a stylized rainbow with bands of orange, yellow, and dark teal is visible. In the bottom right, there are orange and peach shapes, a dark teal rectangle, and a cluster of small orange diamonds. On the right side, there are large, flowing shapes in orange and peach, with a thin dark teal line curving through them. In the center, the text 'KNOW YOUR WORTH' is prominently displayed. 'KNOW YOUR' is in orange, and 'WORTH' is in large, multi-colored letters (red, blue, yellow, dark blue, light blue). Below 'KNOW YOUR' is the text 'Teen Dating Violence Awareness Month' in a smaller, brown, cursive font. To the right of 'WORTH' is a small orange ribbon icon.

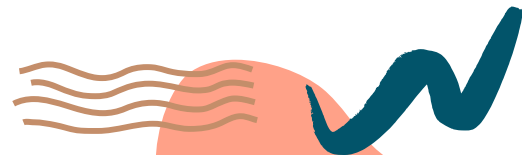
KNOW YOUR
Teen Dating Violence Awareness Month
WORTH

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CONTENT WARNING



KNOW YOUR
WORTH



OUR HOPE



That you **UNDERSTAND** what is Teen Dating Violence



Understand the **PREVALENCE** of Teen Dating Violence



RECOGNIZE the warning signs



That you **LEARN** strategies to support your teen



Able to identify and access **SUPPORT** for your teen

**KNOW YOUR
WORTH**

Self-Reflection

What are our OWN experiences with interpersonal violence?



What stake do WE hold in traditional gender roles?

How do WE feel about youth relationships based on OUR adult assumptions?



What is Teen Dating Violence (TDV)?

Teen dating violence includes physical, psychological or sexual abuse; harassment; or stalking of any person ages 12 to 18 in the context of a past or present romantic or consensual relationship.

Types of Abuse



Physical

hitting, punching,
slapping, shoving,
kicking



Emotional

threats, name calling,
screaming, yelling,
isolating,
intimidation, stalking,
spreading rumors



Sexual

unwanted touching
or kissing, forced or
coerced
engagement in
sexual acts

Why Should We Learn About TDV?

Approximately two-thirds of teens in an abusive relationship **NEVER** tell anyone about the abuse.

Nearly 4 out of 5 girls who have been physically abused continue to date their abuser.

According to the National Domestic Violence Hotline, an estimated 1 in 3 high school relationships involve some sort of physical, emotional, or sexual abuse.

Each year nearly 1.5 million high school students in the United States experience physical abuse from a dating partner.

Why Should We Learn About TDV?



**About 1 in 9
female & 1 in 36
male high school
students reported
experiencing
sexual dating
violence in the
last year.**



**About 1 in 11
female & 1 in 15
male students
reported
experiencing
physical dating
violence in the last
year.**

It Starts Early

47% of teens ages 11-14 year old, report having been in a dating relationship. Of those:

- 62% know peers who have been verbally abused by a dating partner (called stupid, worthless, ugly, etc.)
- 41% know peers who have been abused/insulted by a dating partner via messaging or on social media
- 36% know peers who have been pressured by their dating partner to do things they didn't want to do
- 20% of 13-14 year olds in relationships know peers who have been physically abused by their dating partner (kicked, hit, slapped, punched in anger)

The seriousness of these problems increases with age (teens 15-18)



Let's Check Our Understanding

Share in the chat 2 things you have learned so far about Teen Dating Violence



RECOGNIZE the Warning Signs in Victims

**Avoiding friends
and family**

**Becoming
secretive or
withdrawn**

**Apologizing
and/or making
excuses for the
dating partner**

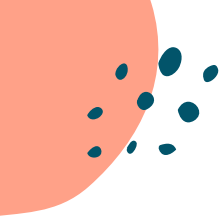
**Responding
immediately
when contacted
by dating
partner**

**Unexplained
bruises,
scratches, or
marks**



Recognize the Signs of a Violent Partner

- Jealous and possessive
- Controlling and demanding
- Shames them
- Has an explosive temper
- Physically causes them pain in any way
- Threatens to hurt them
- Harrasses them
- Convinces them there's not a problem or that the victim IS the problem (gaslighting)



**How else can a
partner cause
harm?**

**Share in the
chat.**



KNOW YOUR
Teen Dating Violence Awareness Month
WORTH¹

What can be some future consequences of Teen Dating Violence ?

Share in the chat.



How can You support your teen?

Talk to them
about healthy vs
unhealthy
relationships

Teach them
about healthy
boundaries

Talk to them
about
self-respect

Be open

Be
non-judgmental

Listen to
understand



How can You support your teen?



Make time for them



Ask questions




Support their self-growth



Take an active role in their lives



Model self-respect and healthy communication



Continue to educate yourself

Children need to know from a young age that YOU are the person they RUN to, not FEAR when things go wrong.

RESOURCES

Laura's House

33 Journey, Ste 150, Aliso Viejo, CA 92656

Phone: (949) 361-3775

Love is Respect

Phone: 866.331-9474

The National Domestic Violence Hotline

1.800.799.SAFE (7233) or 1-800-787-3224 (TTY)