

READY, Set, Go!

Setting the Stage



GET READY!



Learning Objective:

- How to support your student academically and emotionally
- Understand what school sites are doing to promote a positive school culture upon return to school
- How to set academic goals and overcome obstacles



New Transitions

Getting Involved in School

Anxiety about Socialization

Time Management

Mental Health Concerns

LIFE SKILLS



Self Discipline



Resilience



**Time
Management**



Empathy



Initiative



Social Skills



**Self
Care**



**Problem
Solving**

HOME-TO-SCHOOL CONNECTION:

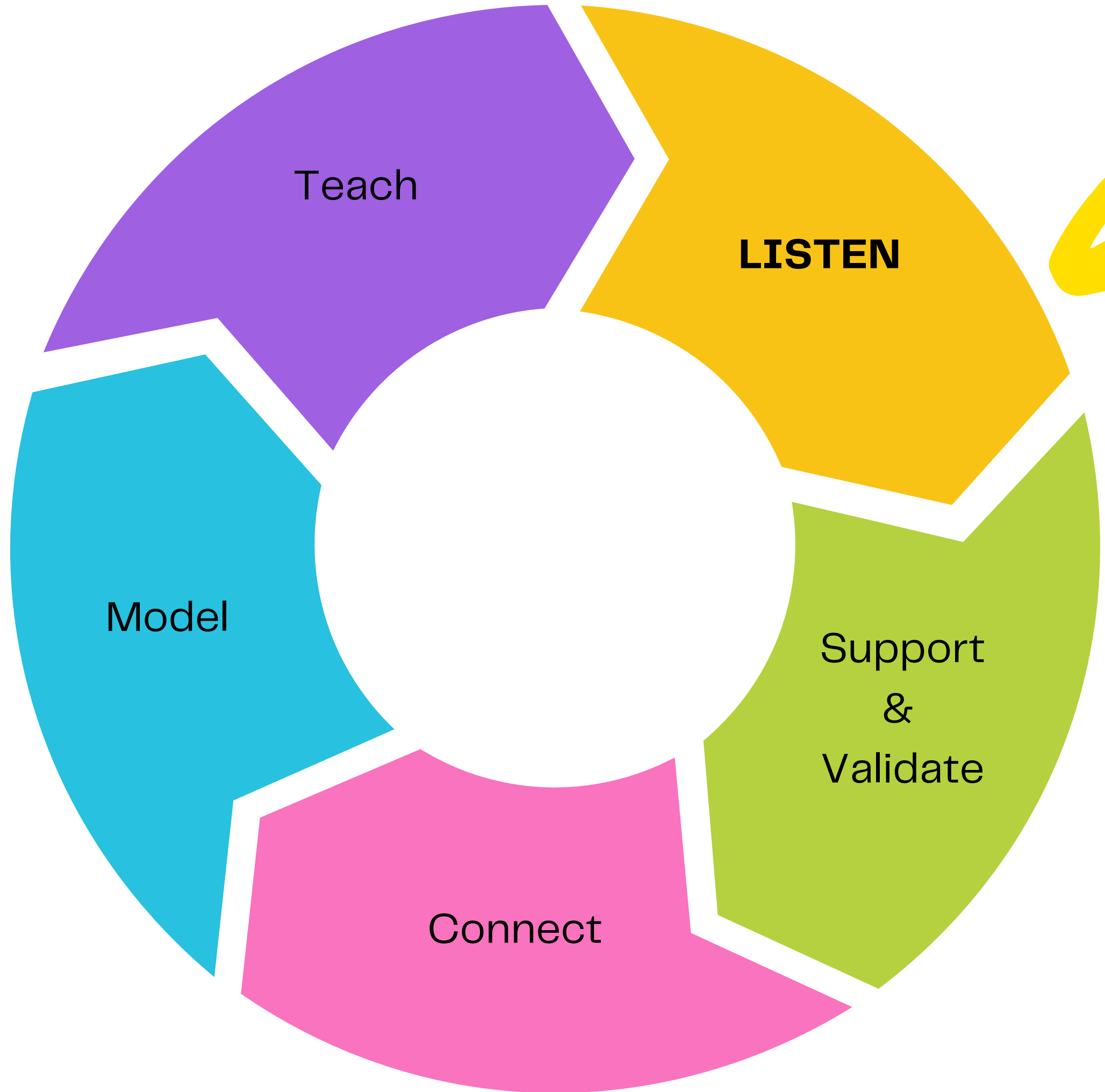
SUPPORTING YOUR STUDENT AT HOME



OPEN



CONVERSATIONS



PLAN A

NEW ROUTINE

Establish a sleep schedule

Create a morning routine

Make eating together a priority

Make Connections!

GET TO KNOW

STAFF AND THEIR ROLES



TEACHERS

TEACHERS

**ATTENDANCE
CLERK**

The image features three overlapping yellow circles on a white background. Each circle contains black, bold, uppercase text. The top-left circle contains the word 'TEACHERS', the top-right circle contains 'COUNSELORS', and the bottom-center circle contains 'ATTENDANCE' on the top line and 'CLERK' on the bottom line.

TEACHERS

COUNSELORS

**ATTENDANCE
CLERK**

TEACHERS

COUNSELORS

**ATTENDANCE
CLERK**

**SOCIAL
WORKER**

ADMIN.

**Principal, Asst. Principal,
(E.L. Coordinator)**

ADMIN.

**Principal, Asst. Principal,
(E.L. Coordinator)**

FACES

ADMIN.

**Principal, Asst. Principal,
(E.L. Coordinator)**

CASE

CARRIERS

FACES

ADMIN.

**Principal, Asst. Principal,
(E.L. Coordinator)**

CASE

CARRIERS

FACES

SCHOOL

PSYCHOLOGIST

STAY CONNECTED



Aeries/
ParentSquare



Newsletters



Social Media



Website

Building Relationships

"No significant learning occurs without a significant relationship."

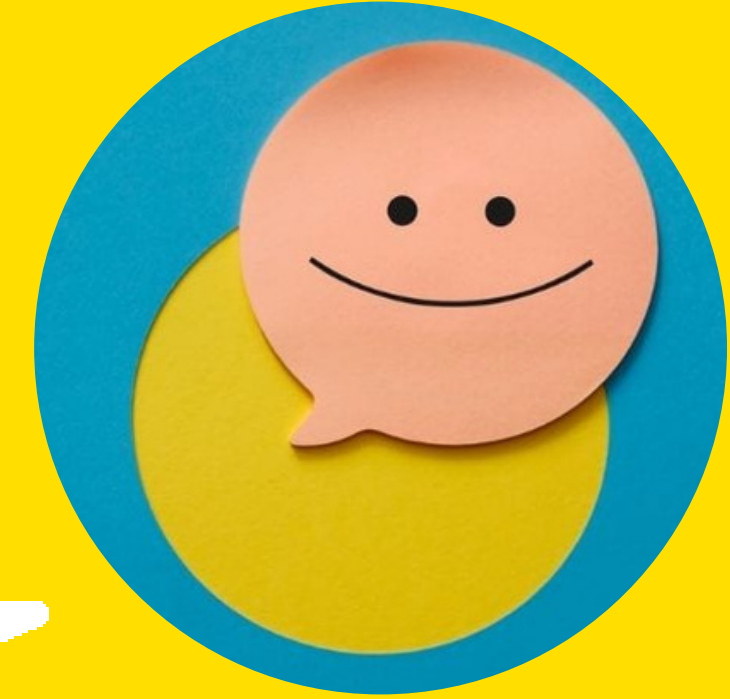
— Dr. James Comer

BUILDING RESILIENCE AT SCHOOL



Teacher Professional Development

Continous training
focused on how to
connect with students
and build community
within the classroom



Social Emotional Learning (SEL) Support

Strong emphasis is
given to social-
emotional learning and
trauma-informed
practices

MENTAL HEALTH SUPPORTS



School
Counselors



School
Psychologists



School
Social
Workers



District and
school site
mental
health
focused
workshops



Referrals to
community
agencies

**HOW DO YOU
BUILD RESILIENCE
AT HOME**

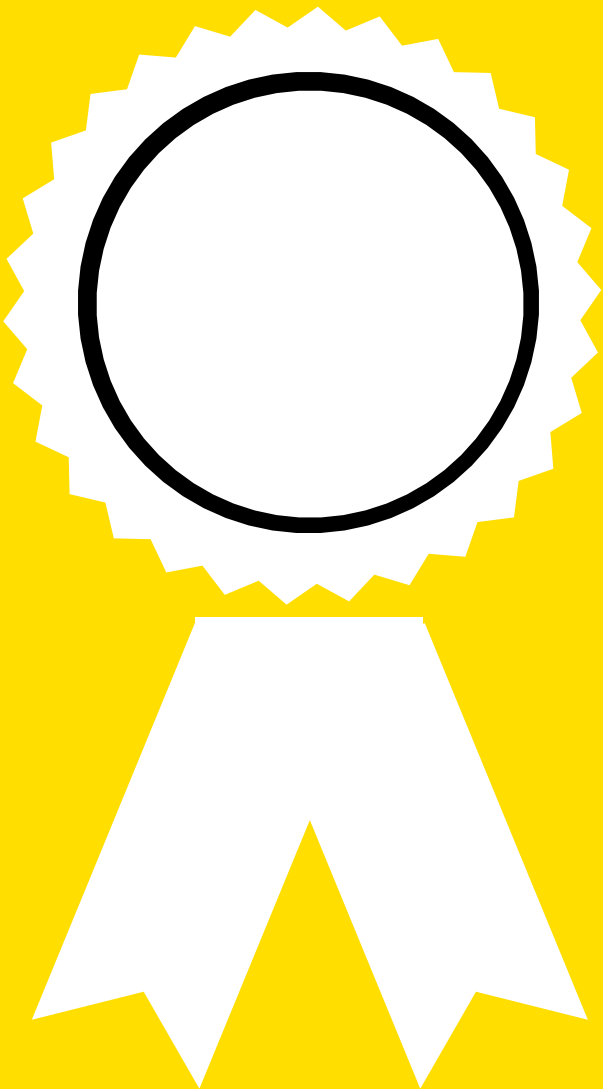




WATERFALL **ACTIVITY**



**"50% OF STUDENT SUCCESS IS BASED
ON PARENT ENGAGEMENT."**



— **Pedro Noguera**

Award Winning Sociologist and Dean of
the Rossier School of Education at USC

STUDENTS WITH

FAMILY

SUPPORT:

STUDENTS WITH FAMILY SUPPORT:

- Earn higher grades & test scores

STUDENTS WITH FAMILY SUPPORT:

- Attend school regularly
- Earn higher grades & test scores

STUDENTS WITH FAMILY SUPPORT:

- Develop social skills & adapt
- Attend school regularly
- Earn higher grades & test scores

STUDENTS WITH FAMILY SUPPORT:

- Enroll in CTE & challenging classes
- Develop social skills & adapt
- Attend school regularly
- Earn higher grades & test scores

STUDENTS WITH

FAMILY

SUPPORT:

- Pass classes/ graduate
- Enroll in CTE & challenging classes
- Develop social skills & adapt
- Attend school regularly
- Earn higher grades & test scores

STUDENTS WITH FAMILY SUPPORT:



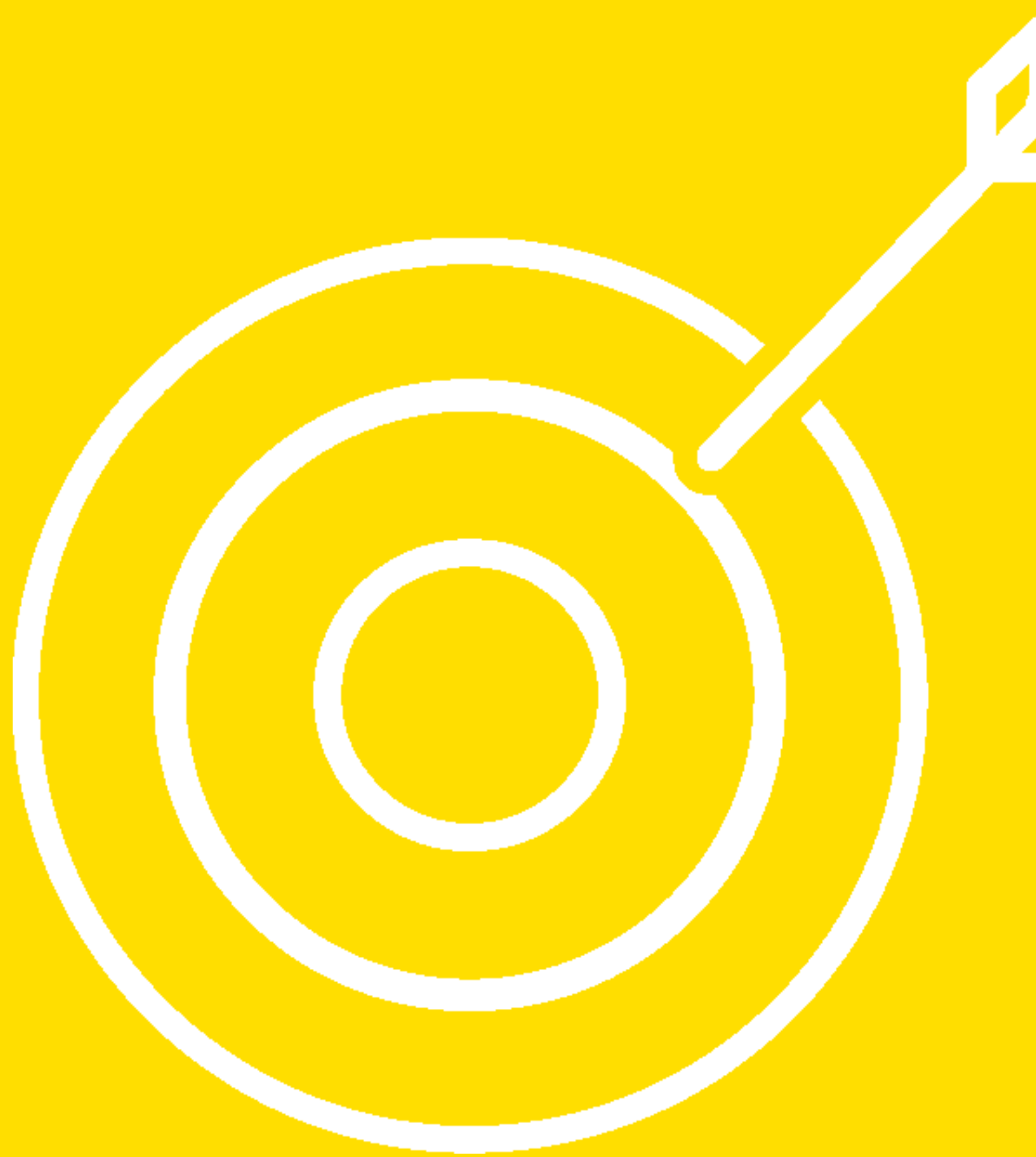
- Pursue college & careers
- Pass classes/ graduate
- Enroll in CTE & challenging classes
- Develop social skills & adapt
- Attend school regularly
- Earn higher grades & test scores

GET READY WITH CLEAR EXPECTATIONS

Set Expectations
based on reality

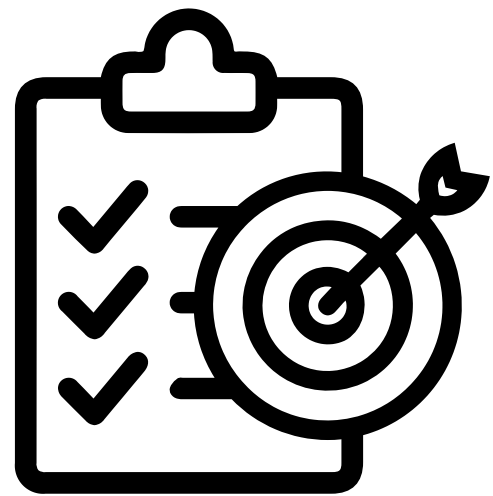
Clear and
Consistent

Follow through,
set checkpoints



SETTING GOALS

SMART GOALS



- **S**pecific (simple, sensible, significant).
- **M**easurable (meaningful, motivating).
- **A**chievable (agreed, attainable).
- **R**elevant (reasonable, realistic and resourced, results-based).
- **T**ime bound (time-based, time limited, time/cost limited, timely, time-sensitive)

HABITS FOR SUCCESS

PARENTS

Check Aeries
Parent Portal



Check eKadence

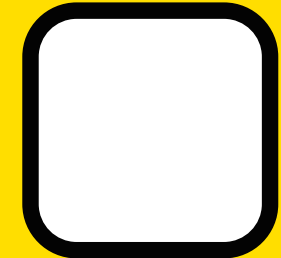


Be present and
participate



STUDENTS

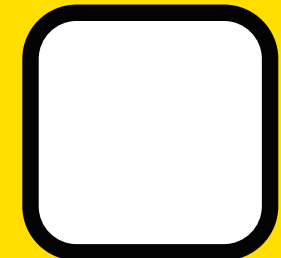
Organization



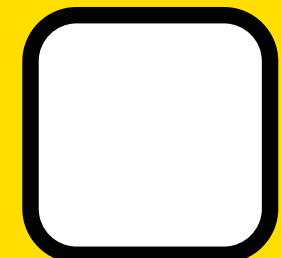
Set study times



Set goals



Plan ahead -
use planner



**NAVIGATING
SOCIAL MEDIA
WITH TEENS**



**OUR
TEEN
SOCIAL
LIFE**



**THEIR
TEEN
SOCIAL
LIFE**

IKR?

BTW

IDC

TMI

LMK

IDK

TBH

ADULT SOCIAL MEDIA VS TEEN SOCIAL MEDIA



MEDIA TIPS

FOR PARENTS

- **Communicate with your child and develop an agreement about electronics**
- **Monitor apps and contacts**
- **Limit devices at night**
- **Don't assume teens can self-regulate online and be safe**
- **Don't feel guilty about setting boundaries with your teen**
- **Be involved with your teen's social media usage & accounts**

Parenting Tip



Family Meeting

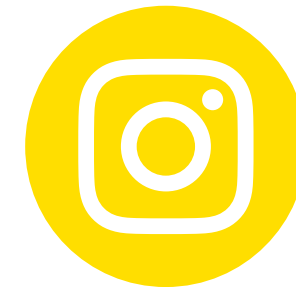
JOIN OUR SOCIAL MEDIA CHANNELS



/AnaheimUnion



**AUHSD
Communications**



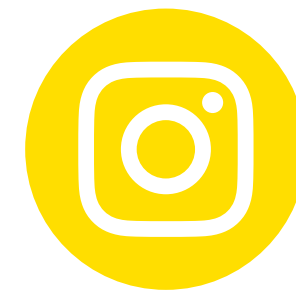
@anaheimunion



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**CSUF
GEAR UP**



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