



# Lexington Junior High Intramural Sports Update

### IMPORTANT DATES:

Team meetings will be held the week of AUGUST 21, 2023. The date, time and place will be announced in the morning announcements. Practices will begin after meetings.

Practices are held Monday - Friday from 2:30pm- 4pm unless stated otherwise by coaches. ALL students participate until 9/21/23. Travel teams will be announced on 9/22/23 and there will be NO practice that day. Students who made the travel team will begin practices for the tournament 9/25/23.

Students must wear PE clothes during practice.

### Two Forms are needed:

1. Liability Forms are now online! You only need to fill this out ONCE for the 2023-2024 school year!



2. This ASSUMPTION OF RISK form needs to be filled out for each quarter of sport. Please fill out a hard copy and turn in to your coach. There will also be copies available from your coaches at the meeting.

## QTR 1 Intramural Sports Boys and Girls Flag Football   Girls Volleyball   Boys Tennis

Tournament Dates 10/2/23-10/12/23  
Games start at 3 pm, 8th grade plays first

<p>10/2/23 <b>LEXINGTON JHS (Home)</b> VS WALKER</p>	<p>10/3/23 <b>LEXINGTON JHS (Away) VS</b> @OXFORD ACA (Home)</p>	<p>10/4/23 <b>LEXINGTON JHS (Home)</b> VS ORANGEVIEW JHS</p>
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**CHAMPIONSHIP GAMES AWAY - THURSDAY OCTOBER 12 - SITE TBA**

Lisa Shandy . Lexington Intramural Director . [shandy\\_l@auhsd.us](mailto:shandy_l@auhsd.us)

See below for the junior high sports for the 2023-2024 school year.

## Four (4) Seasons of Sports Calendar

Date	Boys Activity	Girls Activity
<b><u>Season #1</u></b>		
Aug. 21 - Oct. 12	Flag Football, Tennis	Volleyball
Sept. 25 - Sept. 29	Practice for Tournament	Practice for Tournament
Oct. 2 - Oct. 12	District Tournament	District Tournament
<b><u>Season #2</u></b>		
Oct. 23 - Dec. 18	Basketball	Tennis, Soccer
Dec. 4 - Dec. 8	Practice for Tournament	Practice for Tournament
Dec. 11 - Dec. 18	District Tournament	District Tournament
<b><u>Season #3</u></b>		
Jan. 8 - Mar. 1	Cross Country	Cross Country
Feb 22 <sup>nd</sup>	District Cross Country Finals	Brookhurst Park
Jan. 8 - Mar. 1	Soccer	Basketball
Feb. 13 - Feb. 20	Practice for Tournament	Practice for Tournament
Feb. 21 - Mar. 1	District Tournament	District Tournament
<b><u>Season #4</u></b>		
Mar. 11 – May 8	Volleyball	Softball
April 22 – April 26	Practice for tournament	Practice tournament
April 29 – May 8	District Tournament	District Tournament
Mar. 11 – May 8	Track	Track
May 2 <sup>nd</sup>	District Track Finals	Handel Stadium