



Lions,

Second semester will start Monday, January 4, 2021. When we return from our winter break, we will have a new virtual schedule:

Junior High School

Monday	Tuesday	Wednesday	Thursday	Friday
Period 0 7:30-8:10 (40 Min) Period 1 8:20 -9:00 (40 Min) Period 2 9:10-9:50 (40 Min) Period 3 10:00-10:40 (40 Min) Period 4 10:50-11:30 (40 Min) Lunch 11:30-12:25 (55 Min) Period 5 12:25-1:05 (40 Min) Period 6 1:15 -1:55 (40 Min) Period 7 2:05 -2:45 (40 Min)	Period 1 9:00 -9:40 (40 Min) Period 2 9:55-10:35 (40 Min) Period 3 10:50-11:30 (40 Min) Lunch 11:30-12:25 (55 Min) Asynchronous 12:25-2:45 (140 Min)	Period 0 8:05-8:45 (40 Min) Period 4 9:00 -9:40 (40 Min) Period 5 9:55-10:35 (40 Min) Period 6 10:50-11:30 (40 Min) Period 7 11:45-12:25 (40 Min) Lunch 12:25-1:20 (55 Min) Asynchronous 1:20-2:45 (85 Min)	Late Start 7:50-8:50 (60 Min) Period 1 9:00 -9:40 (40 Min) Period 2 9:55-10:35 (40 Min) Period 3 10:50-11:30 (40 Min) Lunch 11:30-12:25 (55 Min) Asynchronous 12:25-2:45 (140 Min)	Period 0 8:05-8:45 (40 Min) Period 4 9:00 -9:40 (40 Min) Period 5 9:55-10:35 (40 Min) Period 6 10:50-11:30 (40 Min) Period 7 11:45-12:25 (40 Min) Lunch 12:25-1:20 (55 Min) Asynchronous 1:20-2:45 (85 Min)
All Periods	Block	Block	Block	Block

This past semester was extremely challenging and in Lexington fashion, you rose to the occasion. As you enter the holiday season, please be safe.

Whatever is beautiful. Whatever is meaningful. Whatever brings you happiness. May it be yours this holiday season and throughout the coming year.

Enjoy your break and we'll see you on January 4th.

Principal Daniel Klatzker



DECEMBER 21, 2020



**OUR MEAL SERVICE TIME WILL
BE CHANGING!**

**STARTING JANUARY 4
OUR NEW MEAL SERVICE TIME
WILL BE**

11:00AM - 12 NOON

**AT ALL JR. HIGH AND
HIGH SCHOOL SITES
(EXCEPT WALKER, OXFORD, HOPE, AND GILBERT)**





HOLIDAY GIFT FROM NEW-LUNG!

Receive **FREE** nicotine patches as a holiday gift from us!

This holiday, take advantage of NEW-LUNG's **FREE** services and quit tobacco!

New Year's is just around the corner, it's the perfect timing to quit smoking! Give yourself the gift of a healthier life by quitting tobacco. What's a better gift than that?

Call us today to receive **FREE** virtual counseling and a supply of nicotine patches along with our holiday support!

Reasons To Quit Smoking In The Spirit of the Season

The holiday season can be very merry and sweet. Holiday shopping, juggling extra social commitments on top of your regular workload and family obligations can also add up to a stocking full of stress. For some people, now may not be the right time to quit smoking. In reality, now, is the perfect time to quit smoking.

- 1. Your family is around**
 - Quitting smoking is a difficult process and it can be helpful to have your loved ones around to support you when you are struggling with the process
- 2. Food fills your cravings**
 - Nicotine is addictive and quitting results in cravings for a smoke during the withdrawal period. Take advantage of all the yummy food around to satisfy your cravings.
- 3. It's a gift for your family**
 - Making an effort to quit around your family shows that you're committed to them and to be a good role model for the young ones. That's the best gift you can give.
- 4. There's a positive mood around**
 - Quitting can make you grumpy. However, it's hard to stay mad when you're around the spirit of the season.
- 7. You can quit together**
 - If others in your family smoke, the holidays are the perfect time for you to decide to go through the quitting process together.
- 8. You'll save money for other things**
 - The holiday season can be expensive. However, quitting can help save money for the things that matter - the things your whole family can enjoy together.
- 9. It's a time of change**
 - The holiday season is the perfect opportunity to reflect how the year has gone and what we want to change in the future. Take this opportunity to make a change that will benefit your health in the new year.
- 10. You're giving a gift to yourself**
 - Quitting tobacco use will improve your health, fitness and help you live longer. That means you'll be around for plenty of more holiday seasons to come - and what better gift is there than that!





SADDLEBACK CHURCH

DRIVE-THRU GROCERY & ESSENTIALS DISTRIBUTION

**THURS, JANUARY 7, 2021
8:30AM - 10:30 AM**

**WESTERN HIGH SCHOOL
501 S WESTERN AVE,
ANAHEIM, CA 92804**

