



UNLIMITED YOU 
ANAHEIM UNION HIGH SCHOOL DISTRICT

Mrs. Houston's Monday Memo

.....

Memories to Last a Lifetime

*"Things end but **memories** last forever.." – Anonymous.*



by **Amber Houston** on May 17, 2020

Lexington Families,

As we embark on our final week of 2019-2020 school year, I encourage you to inspire your students to finish strong! If you feel anything like me, it has been incredibly hard to be in total work mode with this pandemic at our heels. I will say that it has challenged me to be reflective, intentional and grateful for all that is wonderful in this world. My life is wonderful, because you're in my world. I have been at Lexington five years now, and it has been my favorite five years of my professional career! It is not ending quite like I imagined, but there is a purpose and season to everything. My time at Lexington has introduced me to some of the most amazing families, teenagers that have restored my faith in teenagers, teachers that teach their hearts out, a city that provides safety like an old worn out blanket that you snuggle every night and a lively, fun, memorable ride that I will never forget! Thank you for granting me grace through my good, bad and wild decisions as I always had your children at the front of my heart!

This will conclude my journey at Lexington---although I wasn't looking or searching for a change of scenery, as in life, it found me! This was my final year at Lexington Junior High School, and I will be staying in our awesome district, but moving right down the street to Oxford Academy. I am excited about my new post, but it is bittersweet as the lion in me will always bleed blue. I thank you for the support, love and laughs over the last five years, I will never ever forget the PRIDE.

Mr. Danny Klatzker, a former Assistant Principal from Cypress High School, will be the new principal Lexington Junior High School. He is rooted in Cypress tradition and has the spirit of a lion! Join me in welcoming him to the best junior high school in the world! You are the best, will continue to be the best....why? Because #lexisbest@everything.

Congratulations Lions, you made it through not only another week....but another year of junior high school! Give your mom, your dad, your grandma/pa, dog, friends, a FIST BUMP---Because lions, you made it!



Unlimited Possibilities at Lexington Junior High School



REMOTE LEARNING SCHEDULE

The remote learning schedule below allows students to participate in synchronous (real-time interaction) **by logging onto Schoology** and asynchronous (independent) learning. Students are expected to log on to Schoology to connect in real time with their class on Monday and Tuesdays per schedule below. Wednesday-Friday will allow for independent time for students to complete work.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30am -9am Period 1	Period 1 Class-log in				
9am-9:30am Period 2		Period 2 Class-log in			
9:30am-10am Period 3	Period 3 Class-log in				
10am-11am	Office Hours	Office Hours	Teacher PLC	Office Hours	Office Hours
11am-12pm	Lunch	Lunch	Lunch	Lunch	Lunch
12pm-1pm	Office Hours	Office Hours	Office Hours	Office Hours	Office Hours
1pm-1:30pm Period 4		Period 4 Class-log in			
1:30pm-2pm Period 5	Period 5 Class-log in				
2:00pm-2:30pm Period 6/7	Period 7 Class-log in	Period 6 Class-log in			

Please refer to the teacher's schoology page for their specific office hour times. Teachers are not holding office hours at every time slot listed above. Office hours are NOT mandatory, but teachers will be available to answer questions and help if needed.



Announcements/Reminders:

*connecting
in covid
coffee
chat*



JOIN ME AT 5 PM ON

TUESDAY MAY 18TH GOOGLE MEETS

LINK WILL BE SENT VIA

AERIES EMAIL

Choir/Guitar/Dance Crew Spring Show

Streamed LIVE

Thursday, May 21 @ 6:00 p.m.

A link will be sent out Thursday morning through Aeries to Families/Students/Staff.

Show will contain Post Covid material and Pre Covid memories.



LION AWARDS

2020 WEDNESDAY,

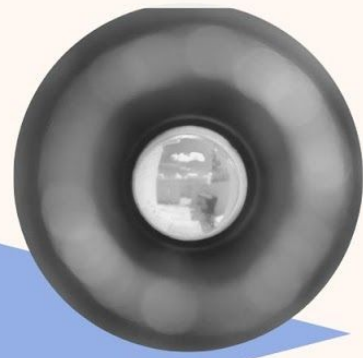
MAY

20

6:00 PM

LINK WILL BE SENT
VIA AERIES EMAIL THE DAY OF.

**All students receiving an award were emailed a letter last week.*



"CREATING IN COVID"

5-21-2020

AUHSD YOUTUBE CHANNEL 6:00PM

AN EVENING TO SHOWCASE STUDENT WORK FROM ALL SCHOOLS IN AUHSD: HOW COVID EFFECTS ME.

THIS WEEK'S TOP STORIES

Scholar Athletes 2020

Congratulations to our 2020 Scholar Athletes of the Year for Lexington Junior High School! We are so proud of your accomplishments in the classroom and out on the fields and courts!



Melinda Baltazar

**2020
7th GRADE
SCHOLAR ATHLETE
3.7 G.P.A.**



ASHLEY REPETTI



**2020
8th GRADE SCHOLAR ATHLETE
3.7 G.P.A.**



FREDDY MORA

2020
8th GRADE
SCHOLAR
ATHLETE
3.7 G.P.A.

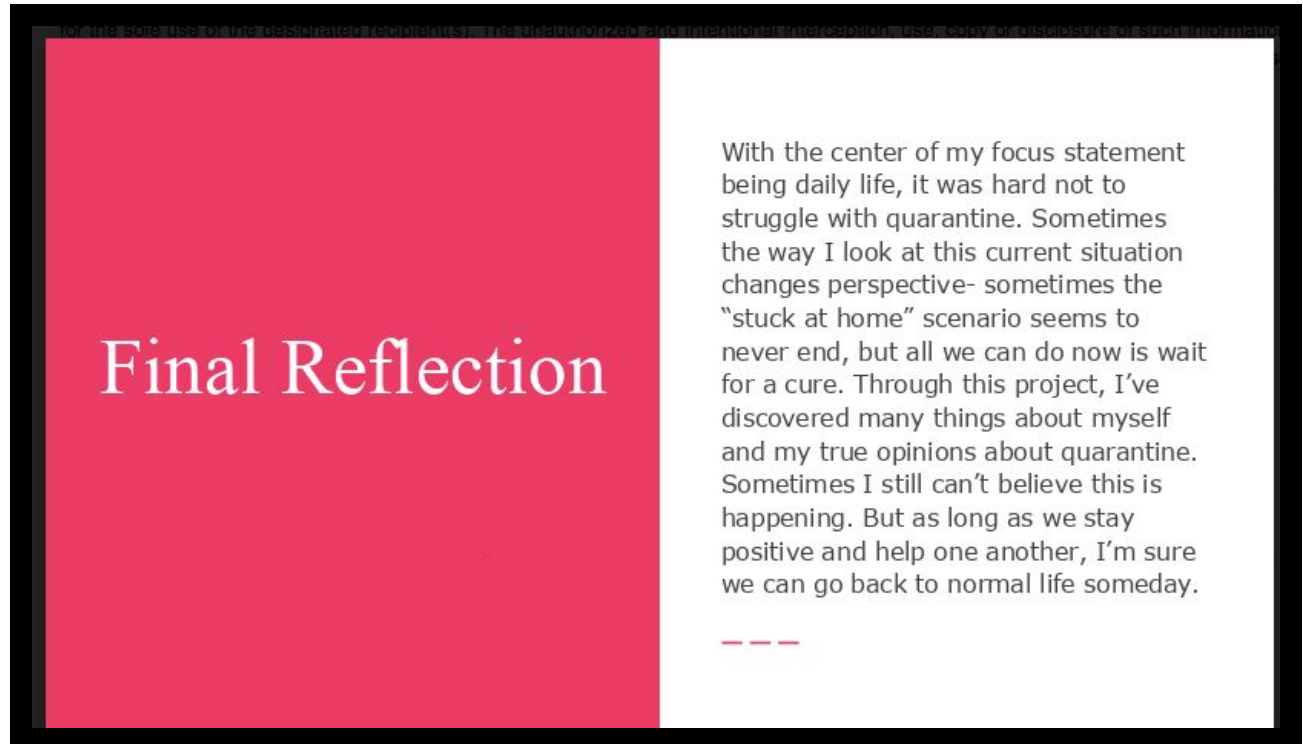


Connor Artaserse

**2020
7th GRADE SCHOLAR ATHLETE
3.8 G.P.A.**

[COVID-19 Project](#)

Mrs. Cooley's English students are creating a COVID-19 Multigenre Project where they choose how they want their voice to be heard. Some students are using poetry, photography, theme collages, song paradise, and even writing letters to the Governor to make their voice heard and record how the coronavirus and social distancing has changed their life. Below are storyboard projects!



Final Reflection

With the center of my focus statement being daily life, it was hard not to struggle with quarantine. Sometimes the way I look at this current situation changes perspective- sometimes the "stuck at home" scenario seems to never end, but all we can do now is wait for a cure. Through this project, I've discovered many things about myself and my true opinions about quarantine. Sometimes I still can't believe this is happening. But as long as we stay positive and help one another, I'm sure we can go back to normal life someday.

I Remember Poem



I remember, walking home after the last day of school, seeing a massacre of dead worms floating in the rivers lining the sidewalks.

I remember hitting shuffle repeatedly in my playlist, only to get the same song 3 times in a row.

I remember a dream about sandals with a picture of Benedict Blue on it.

I remember murdering a plastic cup in a microwave on accident while attempting to make instant cocoa during quarantine.

I remember when I saw an article about a man who hoarded 18,000 sanitizing bottles to sell, I accidentally coughed and choked on my jujube.

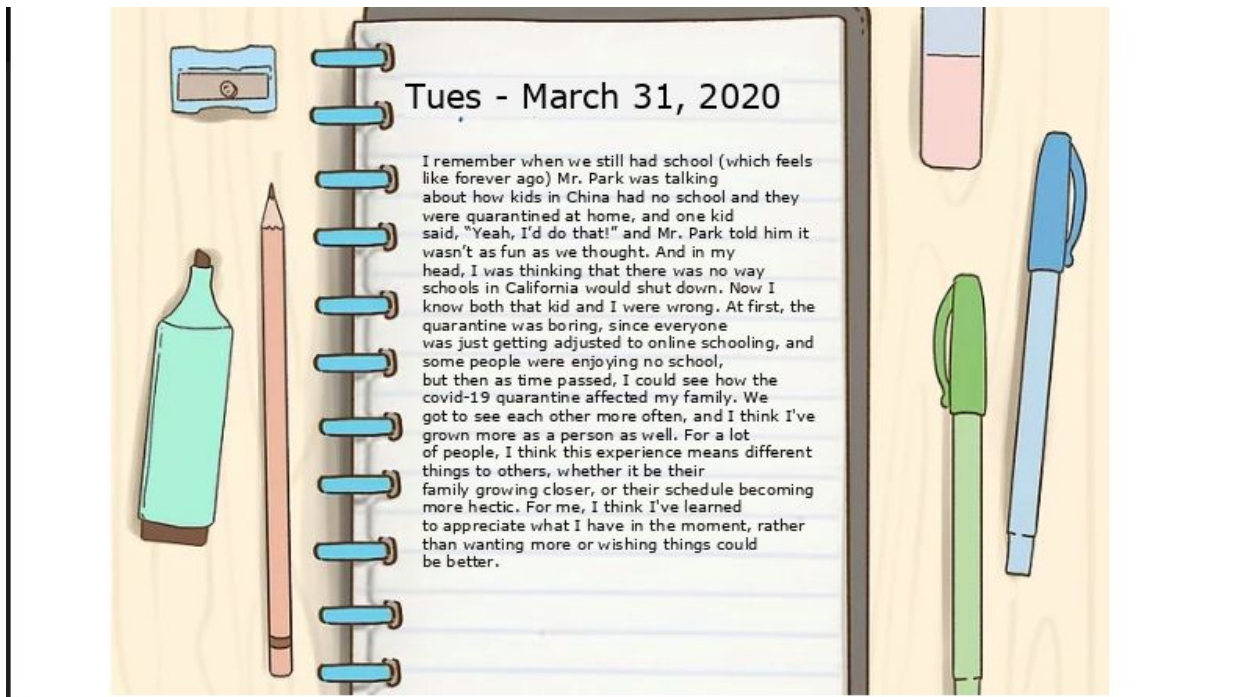
I remember during long political lectures in history class, I would doodle pictures of sandwiches and Puck the spirit in my planner.

I remember the crushing doom of walking down the Ralph's grocery store in the snacks aisle to see the takis rack empty.

I remember the cold mornings during PE when wind would blow the sand from the baseball field over my class's PE clothes.

I remember once that the greatest distress I had in my life was that my history desk was one of the only ones without an armrest.

I remember waiting for my friends to join me at the lunch table and seeing the words "I have the coronavirus" written with pencil on the tabletop.



Covid-19 2020 Collage



Coronavirus cases surpass 2 million globally: Live updates

CNN.com
5 mins ago



Coronavirus updates: Abbott Labs developing mass screening test as Trump seeks to reopen...

CNBC.com
7 hours ago



Where there's help, there's hope

Thank you to the people who are working to save lives and keep communities safe during this pandemic.



Artifacts of Family (Continued): Family Recipe

If you're looking for something sweet, that's not too sweet and almost like a muffin, my mother and I's recipe of a cheese cupcake is simple and easy. The top is slightly crunchy, but as soon as you get to the middle, it's soft and sweet. On the bottom there is a cookie that's filled with strawberry jam, that also gives hints of strawberry when you bite into the cream cheese cupcake and the cookie. I would give it a 4 out of 5 stars because sometimes all you can taste is the vanilla.



Acrylic Painting of grandmother

At first, I only finished this painting because I was applying to an art school and needed artwork for the portfolio, but after realizing that my grandma went through surgery, I enjoyed it and hoped to give it to her online. My grandma was very happy about this because she felt a bit self-conscious that she had brain surgery and had no hair. She enjoyed the fact that I painted her, when it could have been anyone else in the family. My grandma means a lot to me and it makes me happy that she enjoyed what I did for her.



FITNESS LOG & EXPLANATION

Day	Fitness/Health Activities	Time	Fitness Component	Intensity Level
Monday	Warm-Up Stretches 3 sets and 20 reps of lunges 3 sets and 20 reps of side leg stretch 3 sets and 20 reps of leg extension 3 sets and 15 reps of sit-ups 3 sets and 15 reps of elbow to knee crunches 3 sets and 15 reps of v sit-ups	5:00 - 5:36	Muscular Endurance; Flexibility	4
Tuesday	JUST DANCE 2020 and 2019 10 songs	7:45-9:10	Muscular Endurance, Flexibility, CF	4
Wednesday	Warm-Up Stretches 3 sets and 20 reps of lunges 3 sets and 20 reps of side leg stretch 3 sets and 20 reps of leg extension 3 sets and 15 reps of sit-ups 3 sets and 15 reps of elbow to knee crunches 3 sets and 15 reps of v sit-ups JUST DANCE 20, 2019, 2018 7 songs	10:10-10:50	Muscular Endurance, Flexibility, CF	4
Thursday	Warm-Up Stretches 3 sets and 20 reps of lunges 3 sets and 20 reps of side leg stretch 3 sets and 20 reps of leg extension 3 sets and 15 reps of sit-ups 3 sets and 15 reps of elbow to knee crunches 3 sets and 15 reps of v sit-ups	9:00-9:45	Muscular Endurance; Flexibility	4
Friday	Warm-Up Stretches 3 sets and 20 reps of lunges 3 sets and 20 reps of side leg stretch 3 sets and 20 reps of leg extension 3 sets and 15 reps of sit-ups 3 sets and 15 reps of elbow to knee crunches 3 sets and 15 reps of v sit-ups	9:20-9:40	Muscular Endurance; Flexibility	4

Using a daily fitness tracker showed my improvement in many different ways. It has really helped me stick with a good routine. I feel like my skill of being consistent with the daily tasks that I've set for myself has improved drastically. Before, I would always be very determined to do one type of thing, but then a few days later I would just forget about it. Whenever I look at my daily tracker it motivates me to keep working just as hard in the future! It is also very satisfying to see what I have accomplished once I fill in the daily tracker.

Breaking News:
“Sleeping
schedules have
completely
flopped! Citizen
found awake
until 7:30 am
and waking up

Open with ▾

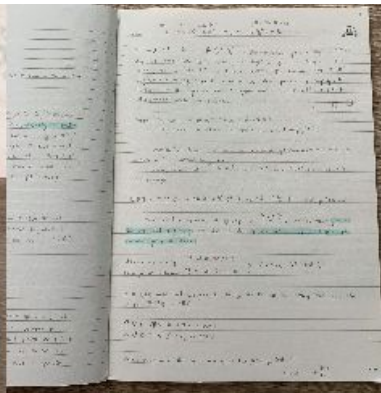


BULLET JOURNALING & NEW LANGUAGES

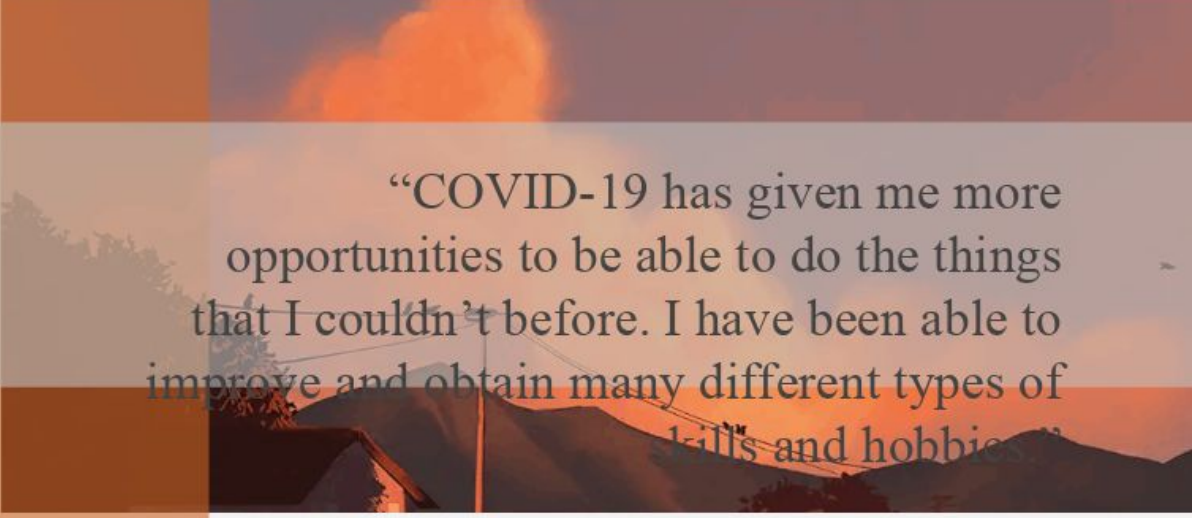
I had never been the type to keep up with a daily thing. Sometimes I would put so much effort into something one day, then the next day it would be half the effort, then the third day I would just completely drop it. But this time I'm learning to be much more consistent.

I've also started learning a new language which is Korean! I was going to take a course on it in high school anyway, but I decided I could get a head start on it. While I was learning Korean, I've noticed many weird things about the English language.

Of course, I've always known that it is extremely weird and all the rules in the language literally only apply half of the time. (Maybe that's exaggerating but it seems like it)



"Ghoughpteighbeau" is pronounced as, "Potato." How weird is that?



“COVID-19 has given me more opportunities to be able to do the things that I couldn’t before. I have been able to improve and obtain many different types of skills and hobbies.”



IF WE CAN'T GO
OUT THERE,
THEN WE'LL
MAKE THE MOST
OF IT HERE!

Created by Emily
Hong
Period 6

Mr. Jones Class has also been documenting their experiences during Covid-19.

Jarwan Stay At Home-Doing Chalk to relax from the craziness!



Documenting History during the Covid-19 Stay at Home Order

Time is ticking, and tiktoks are in the making. Throughout this quarantine I've been working out, but gaining weight back again. Though, I've been starting to get into baking and cooking, and our refrigerator is filled with all kinds of foods. What's strange is that I've also been more productive with my school work. Being quarantined is not so bad, I now have the ability to get 8-9 hours of sleep. The weather has also started to become nice and sunny, and I absolutely love summer. More family time is also spent, such as playing outside of our house, having movie nights in our living room, and being occupied with games in general. I've also been jamming to a few great songs that I never even knew existed. Hopefully this virus will make an end, and we can all go out and hang with all our friends and families because I can also go for a nice surf on the waves.

Monitas Safe at Home - Doing Homework and Tiktoks

URL:

https://www.google.com/search?q=tiktok&tbm=isch&source=lnms&sa=X&ved=0ahUKEwjTtMHQtpTpAhXUCTQIHQzgD_MQ_AUJD_CgD&biw=1920&bih=969&dpr=1#imgrc=IHtg6WDVIX8AOM

https://www.google.com/search?q=homework+clipart&tbm=isch&ved=2ahUKEwj7m_ykt5TpAhU4IzQIHZMfDkwQ2-cCegQIABAA&og=homework&gs_lcp=CgNpbWcQARgBMgQIABBDMgIIADICCAyAggAMgIIADICCAyAggAMgIIADICCAyAggAUNs1WOhCYP5ZaABwAHgAgAGLAYgBvQKSAQMxLjKYAQCgAQGgAQtd3Mtd2I6LWItZw&sclient=img&ei=GgOtXvumLrjG0PEPk7-44AQ&bih=969&biw=1920#imgrc=nkQp1YouuGCE3M



Tally Gonzales P 3 - Spent a few days painting rocks with my mom, then nestled them in different people's yards! Just trying to bring some hope into these dark times.



It is now February and nowhere in the world is safe, the virus is now spreading faster and faster killing more and more people everyday. Our school now starts to recognize how dangerous this is, and now they made us take precautions. It is now March and things start to get extreme, from December I thought this would really be over, and it just gets worse. So, then the schools start to think about shutting down, and everyone is excited for Spring Break to come. And then it happens on Friday of the last day of school, the announcement comes that school is shutting down. Then little did we know what was coming, extreme boredom and we couldn't see our friends anymore.

Now it is April, and things got ridiculous, people aren't close to a cure for the virus and numbers in the US don't stop. This month I really felt bored, I've never felt like this to stay at home and not go to school. It feels like a part of me fell down, but I never knew it, and everyday feels the same, waking up, going to online school, reading, and sleeping. My body feels as if it will give out soon, but I think that I might not even be able to go to high school. Throughout this, I learned that going to school matters and that it is important to keep good hygiene.



After 3 weeks it hit America a lot of kids had their last day of their school year. The governor of California told us to try to stay inside your house as much as you can and only leave to go shopping for food, have doctor's appointments, and to receive medicine. At first most people including me didn't listen too much because there were a very small number of cases where I lived so I hung out with some friends and went to see some family. When it got serious like when we started to get 20k cases everyday then everyone started to take it seriously. When quarantined I have been super bored, the only thing keeping me from going insane is my video games and my phone. Also I have done so much chores it's so annoying. That is what I have been doing.



Mr. Jones Safe at Home - Doing U.S. States Puzzle!



Artifacts of Family (Continued): Family Recipe

If you're looking for something sweet, that's not too sweet and almost like a muffin, my mother and I's recipe of a cheese cupcake is simple and easy. The top is slightly crunchy, but as soon as you get to the middle, it's soft and sweet. On the bottom there is a cookie that's filled with strawberry jam, that also gives hints of strawberry when you bite into the cream cheese cupcake and the cookie. I would give it a 4 out of 5 stars because sometimes all you can taste is the vanilla.



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Schoology Conferences and Google Meets



***AUHSD
serving
meals***



***Daily at
various
locations***

Announcements and Information for School and District



**PROGRAMA DE ASISTENCIA
PARA INMIGRANTES (DRAI)**

**DISASTER RELIEF ASSISTANCE
FOR IMMIGRANTS (DRAI)**

[learn more - aprende más](#)





PANDEMIC EBT

Get help buying food while schools are closed

Because schools are closed due to COVID-19, children who are eligible for free or reduced-price meals can get up to \$365 in food benefits in addition to their grab & go meals from one of our 8 school sites. These food benefits are called Pandemic EBT or P-EBT.



P-EBT Benefits Coming Soon in May 2020

HOW WILL FAMILIES GET THEIR P-EBT BENEFITS?

Most families with children who applied for CalFresh or Medi-Cal benefits do not need to apply. They will get their P-EBT card in the mail between May 12, 2020 through May 22, 2020.

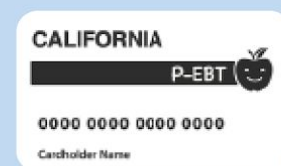
Families with children who are eligible for free and reduced-price meals and who do not get their P-EBT card in the mail by May 22, 2020 must apply online before June 30, 2020.

WHERE CAN FAMILIES APPLY?

Families who do not receive a P-EBT card in the mail by May 22, 2020 can apply online at www.ca.p-ebt.org. Applications must be completed by **June 30, 2020**.

USE IT LIKE A DEBIT CARD

Families will get up to \$365 per eligible child on their P-EBT card to use on food and groceries. If you already have this card, you do not need to apply online.



Students can still pick up meals from our one of our 8 school sites if they have P-EBT benefits.

SHOP ONLINE

for an expanded selection of books!



Over 6,000 products including award-winning books, bestsellers, boxed sets, and much more

Limited time only: April 20th - May 3rd 2020

All orders ship home | Free shipping on book-only orders over \$25

All purchases benefit our school

Visit our Book Fair homepage to get started:

<https://www.scholastic.com/bf/lexington2015>



There may be differences in pricing or formats between online and in-school offerings.

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**Since there is so much time right now,
how about buying some new books! And
it supports Lexington!**

QUARANTINING WITH KIDS

SURVIVAL TOOLS

Watch videos
and access
readings on
your own time!



Erin



Melissa



Jamie



Lynda



Joanne

PARN 102: Building Stronger Family Foundations During COVID-19

- Learn how to create calm out of chaos.
- Get the tools to manage emotional meltdowns - from toddlers to teens (and adults).
- Learn healthy ways to handle disagreements and back-talk.
- Get ideas for nurturing our emotional health.
- Learn how to stay in control when buttons are pushed.
- Take this course as the perfect "alone time" for parents!

CLICK HERE for a brief video about our parenting class!

Our friendly NOCE instructors can help you create a safe place to deal with the challenges and unknowns that COVID-19 has introduced into our lives.

For more information on this class, e-mail: parenting@noce.edu



Accredited by the
Western Association of Schools and Colleges
233 Airport Blvd, Suite 200
Burlingame, CA 94010
Website: www.wacscac.org

The North Orange County Community College District's (NOCCCD) North Orange Continuing Education (NOCE) Administrative Offices are located at 1830 W. Romeya Drive in Anaheim, California 92801. For more information, call 714.808.4645 or visit www.noces.edu. It is the policy of NOCCCD to provide an educational, employment, and business environment in which no person shall be unlawfully subjected to discrimination or sexual harassment, nor unlawfully denied full and equal access to the benefits of District programs or activities on the basis of ethnic group identification, national origin, religion, age, gender, race, color, ancestry, sexual orientation, marital status or physical or mental disability, as defined and prohibited by state and federal statutes. The District is also committed to maintaining campuses that are free of harassment, drugs and alcohol. To read the entire NOCCCD nondiscrimination statement, see the policy in the General Information section in the back of the NOCE class schedule.

PARENTING CLASS SCHEDULE

CRN	INSTRUCTOR	DAY	START	END	WEEKLY ZOOM CALL
31279*	Melissa Quintanilla	Tues	4/21	5/19	8 p.m.
31288*	Jamie De La Mora	Wed	4/22	5/20	7 p.m.
31280	Erin Sherard	Thurs	4/23	5/21	9 a.m.
31291	Jamie De La Mora	Thurs	4/23	5/21	9 a.m.
31289	Erin Sherard	Fri	4/24	5/22	9 a.m.
31285*	Erin Sherard	Wed	4/29	5/27	9 a.m.
31290	Jame De La Mora	Fri	5/01	5/29	9 a.m.
31284*	Melissa Quintanilla	Sat	5/02	6/06	10 a.m.
31283*	Lynda Gunderson	Mon	5/18	6/22	6 p.m.
31282	Joanne Armstrong	Tues	5/26	6/23	7:30 p.m.
31281	Lynda Gunderson	Wed	5/27	6/24	5 p.m.

*Spanish translation will be provided

STEPS TO REGISTER INTO THE PARENTING PROGRAM

- For new students, visit www.noce.edu/ccapply and complete the CCC Apply application. Once you receive your Banner ID via e-mail, follow the steps below.
- Look above and select the course you want to take; make note of the CRN number.
- Register for the courses in myGateway.
- To access myGateway, visit <https://mg.nocccd.edu> and use your Banner ID and password to log in.
- Once you have logged in, register for your classes using WebStar in MyGateway. You must have your course(s) CRNs to register.
- Read through this handout for [step-by-step directions on how to register using WebStar](#).
- Once registered, your instructor will reach out to you regarding how to access your course.
- For registration support, call **714.808.4679** or e-mail starhelp@noce.edu.
- For questions about the Parenting Program, call **714.808.4909** or e-mail parenting@noce.edu.



COVID-19 UPDATE: 4/1 (6:00PM)

ANAHEIM UNION HIGH SCHOOL DISTRICT

**AUHSD Dismissals
Extended Through the
Remainder of 2019-2020
School Year**

Please read caption



2,373 likes

anaheimunion In recent weeks, the State of California escalated its efforts to slow the spread of COVID-19, through the executive order issued by Governor Gavin Newsom calling for California residents to stay at home, with exceptions for attending to essential needs. In addition, a Major Disaster Declaration by President Trump also acknowledged the scope of this crisis and bolstered California's emergency response efforts.

Based on these conditions, directives and preventive measures, the Anaheim Union High School District has extended the dismissal of our schools through the remainder of the 2019-2020 school year, which ends on May 21, 2020.

**DURING THE AUHSD & AESD
SCHOOL CLOSURES,
AUHSD FOOD SERVICES
WILL BE OFFERING**



Free Meals for Children

**18 YEARS AND UNDER, AT ANY OF THE FOLLOWING
LOCATIONS FROM 11:00AM -12:00PM:**

**Katella High School
Anaheim High School
Sycamore Junior High School
Loara High School
Brookhurst Junior High School
Western High School
Kennedy High School
Ponderosa Elementary School**

Sites are subject to change

- No enrollment or paperwork needed!**
- Children must be present to receive a meal**
- Meals are for pick-up only**

**DURING AUHSD & AESD SCHOOL
CLOSURE, AUHSD FOOD SERVICES
WILL BE OFFERING**



FOODSERVICES

Free Meals for Children

**ALL CHILDREN, 18 YEARS AND UNDER, CAN PICK UP A
MEAL AT ANY OF THE FOLLOWING LOCATIONS:**

Katella High School - 2200 E Wagner Ave, Anaheim, CA 92806

Anaheim High School - 811 W Lincoln Ave, Anaheim, CA 92805

Sycamore Junior High School - 1801 E Sycamore St, Anaheim, CA 92805

Loara High School - 1765 W Cerritos Ave, Anaheim, CA 92804

Brookhurst Junior High School - 601 N Brookhurst St, Anaheim, CA 92801

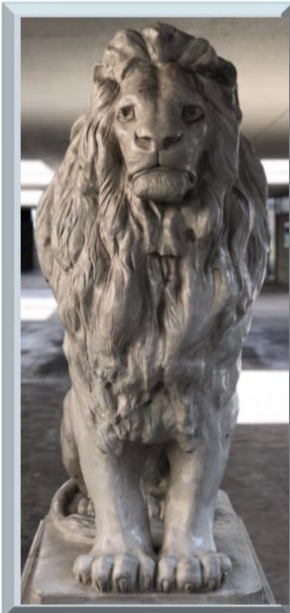
Western High School - 501 S. Western Ave, Anaheim, CA 92804

Kennedy High School - 8281 Walker Street, La Palma, CA 90623

Ponderosa Elementary School - 2135 South Mountain View Ave.
Anaheim, CA 92802

SITES ARE SUBJECT TO CHANGE

- **NO PAPERWORK OR SIGN UPS ARE NECESSARY.**
- **CHILDREN MUST BE PRESENT IN ORDER TO RECEIVE A MEAL.**
- **MEALS WILL BE OFFERED FOR PICK UP ONLY, NO MEALS WILL BE CONSUMED ON-SITE.**



OUR SCHOOL VISION

At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.

Lexington Junior High School

4351 Orange Avenue
Cypress, CA 90630

Phone: 714-220-4201
Fax: 714-761-4989

Check us out

houston_a@auhsd.us
Like us on Facebook
Follow us on Instagram

Lexingtonjhs.org

