

## Mrs. Houston's Monday Memo

# Grateful & Thankful

"When you practice gratefulness, there is a sense of respect toward others." – Dalai Lama



It has hit us folks---the holiday season! This week was a great reminder to be thankful for all that we have and all that we have in others. I arrived home after my 21 day East Asia Ambassador Journey with so much more appreciation and gratefulness for this amazing country, city and school that I call home. I learned and experienced fantastic people, culture, food, schools and scenery---but there is truly no place like home. I visited India, Vietnam, Myanmar, China and Japan---what I learned is that teachers, parents, students and schools are more similar than we think. I experienced the congested parking lots with a happy principal directing traffic in Yangon, sat at a student desk in India with some "silly" words and drawings graffitied on it, overheard students taking selfies and talking about their favorite music in Japan and sat with endless parents that with a sense of almost desperation and uncertainty who only wanted to make sure they send their children to the best school and they felt that was in the USA. It was funny to me how my worries and realities from 5,000 miles away were the same. Education at the core is altruistic and selfless---and it can bring commonalities and understanding when you might think you are so different. Kids are kids, Parents are parents, and Teachers are teachers---no matter in a small village outside HoChi Minh City Vietnam or in this small little city of Cypress. We have so much to be thankful for. I am grateful for this village and my tribe here at Lexington-Thank you and I hope you have an amazing Thanksgiving Holiday!

## Upcoming Student Activities & Reminders

- 11/25-11/19: Thanksgiving Break: No School.
- 12/12/19: Choir/Guitar Shows
- 12/20/19: Deadline to apply for Tiger Woods Winter, 2020 Session



The PTSA Spirit Store is open until December 1st and it will be delivered by December 18th.

Click on the link below to get your cool merch!

https://lexington365.itemorder.com

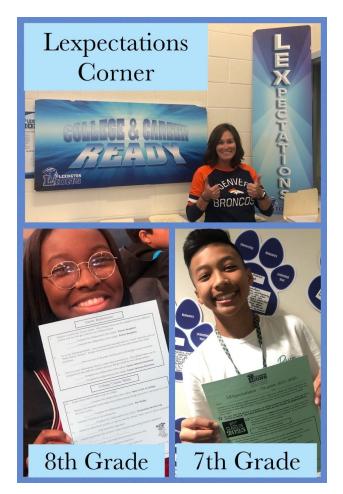


Unlimited Possibilities at Lexington Junior High School

## THIS WEEK'S TOP STORIES

### **LEXpectations Finishes Presentations**

Our counseling team finished up with their last classes this week giving presentations on our innovative and engaging activity called: **LEXpectations!** Students are already on top of this and turning in their cards! Parents, ask your student about their card and make sure you sign it once they've completed it! The purpose of this activity is to expose, educate and engage your student to learn valuable skills in college exploration, career exploration and college/career skills. Students are free to complete the entire card, or at a minimum 10 items to be eligible for a special reward: A college fieldtrip in the spring. The vision of our district is: College and Career Ready, Learning with a Purpose. Just another way we are providing your student with UNLIMITED opportunities! We have a LEXpectations area in our Library for all forms and information! If your student wants to start now before their class counseling day---all paperwork and cards in the library COUNSELING CORNER!





## LJHS COUNSELING QUARTER 1 REVIEW

By the numbers:

35	Parent/teacher conferences
37	504 meetings
168	Social/emotional visits with students
193	Parent contacts
210	Academic interventions with students
645	7th grade students received a lesson on 7th grade success including: GPA, Aeries, introduction to counseling services, A-G and the Pledge.
668	8th grade students received a lesson on 8th grade matters in- cluding: high school graduation requirements, A-G, transcripts, GPA and the Pledge.
What's next?	2nd quarter brings the LEXpectation College and Career activity for students to complete. All stu- dents will have their LEXpectation card by Novem- ber 18th. We will also introduce Thrively and its Strength Assessment to all students—more infor- mation on Thrively is coming soon!

## And the Band Played On

Under the direction of our Mr. Graves, all levels of band presented their winter show this week in our gym. Band Boosters were amazing with raffles and dinner! We are so lucky to have a community that cares. It was a night of students coming together in the name of music...and they were fabulous!





### Lion Paw Awards

We held our monthly Lion Paw Awards this past Monday. We honored 7th and 8th grade students with a PAW award, yard sign and certificate from Senator Ling Ling. Not only that-they enjoyed a luncheon hosted by our ASB and Lexington Foundation with their parent and nominating teacher. Our city and school rocks! I love that we are painting the neighborhood blue with our amazing lions!





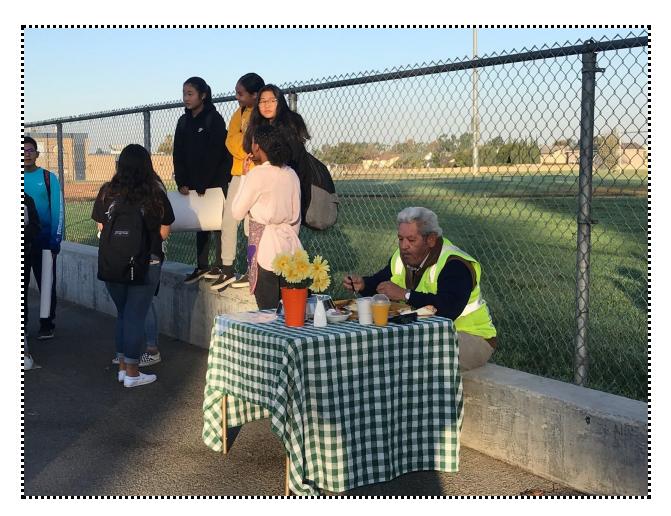


## **Getting Thankful**

Mr. ASB Cornelius is such a nice dude-he rallied some kind volunteers to assist him in giving back to several amazing humans that serve our kids daily. To celebrate kindness week-he organized a meal for them to celebrate them being to special to our school. Valentine our crosswalk and Chuck our school safety. We are grateful and thankful for you!

Home Ec had five students come in at 6:45 to cook breakfast: Jenny Nguyen, Calvin Hirano, Jacob Lee, Mahogany Stover, Betzy Quintanilla.







### Home Ec

Young Living enjoyed practicing entertaining with the following lessons:

Food Lab - Spaghetti w/ homemade marinara

Skills-knife safety to mince garlic

Place Settings-formal place setting for two



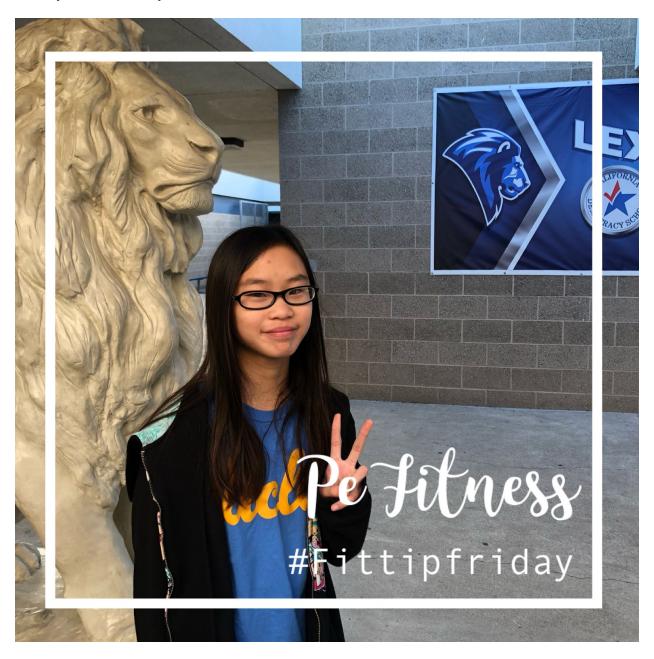
## Photo Gets Thankful

Students in Ms. Hind's photography class created a gratitude exhibit. It had many viewers and support from our entire campus!



## **PE and Athletics**

Here is a quick picture of our Fit Tip Friday student of the day! She shared with us about healthy lifestyles on the morning announcements! I love that our PE classes incorporate literacy into their very active class!



## Perfect Attendance October

We handed out Perfect Attendance Certificates today in period 7 classes for our students who had 100% attendance for the month of October! Here is a quick picture of Ms. Hind's Yearbook kids!



## Announcements and Information for School and District



## MARTES 26 DE NOVIEMBRE DEL 2019

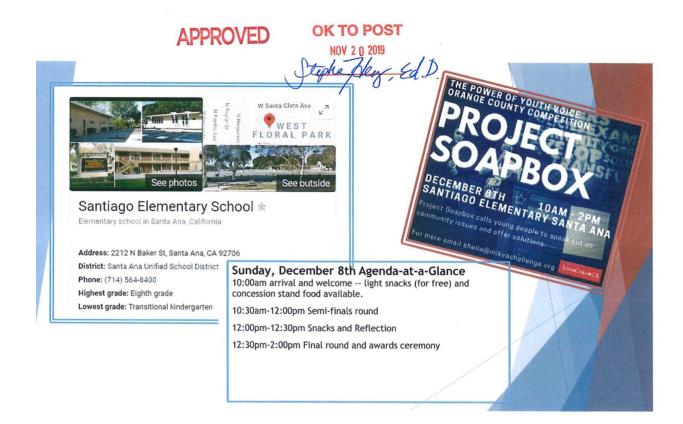
Hora: 6:00 P.M. Lugar: RIVER ARENA

201 East Broadway, Anaheim CA 92805 (714) 750-8400

Hasta agotar existencia. Esta organización y sus actividades no están relacionadas o patrocinadas por el distrito escolar.

RI

ANAHEIM CALIFORNIA



#### **Tiger Woods Learning Center**

Our Winter Application is now available. The Winter session is January 6-February 6. This will be a 5-week session and classes will be either on Mondays and Wednesdays or Tuesdays and Thursdays. Attached is the Winter application. You can also use <u>this link</u> to get to the application. Deadline for Winter application is December 20, 2019.

GYLA BELL Senior Director, Programs TGR Learning Lab | TGR Foundation – A Tiger Woods Charity

P: 714.765.8000 One Tiger Woods Way, Anaheim, CA 92801 TGRFoundation.org | @TGRFound



## **TGR LEARNING LAB** WINTER 2020 MEMBER APPLICATION

### January 6 – February 6 Application Deadline: December 20, 2019

Dear Prospective TGR Learning Lab Member,

This is your application to receive a scholarship to attend the TGR Learning Lab's five-week Expanded Learning Program. There is a one-time \$5 fee for an identification card once accepted.

There are three steps in the application process. Please follow all directions and use the checklist below as you complete each step:

- Step 1: Select your course(s) and write a Personal Statement
- Step 2: Complete the Registration Form
- Step 3: Attach a copy of your most recent Report Card (quarter or semester)

Unfortunately, we do not have enough space to take every applicant. Therefore, it is very important that each section of this application be filled out neatly and completely. Incomplete applications will not be accepted. Please return the completed application to your school's designated location or mail to:

**TGR** Learning Lab One Tiger Woods Way Anaheim, CA 92801 714,765,8000

Thank you. We hope to see you at the TGR Learning Lab.

#### **TGR LEARNING LAB MEMBER BENEFITS**

#### ACADEMIC SUPPORT

TGR Learning Lab Members have an opportunity to receive academic support in a core subject as well as college preparation support from TGR Learning Lab staff.

Hours Monday - Thursday 2:30 - 5:30 p.m.

#### **GOLF PROGRAM**

The TGR Learning Lab grounds include a 10-acre driving range and 18-hole putting course. Members have access to the driving range and can purchase balls for \$1 per bucket.

Hours

Monday - Thursday 2:30 - 5:30 p.m. Saturday 9:00 a.m. - 4:00 p.m.

Friday 2:30 - 4:00 p.m.

#### GRADES 7-12 Monday/Wednesday

#### **EV3 Robotics**

Ever wonder what it would be like to create your own robot? Well wonder no more! In this class, you will have the opportunity to exercise your creative mind to design, build and program you robot to perform different challenges such as a maze challenge, sumo competition and much more.

#### Marine Biology & Technology

More than 70% of our planet is covered by the ocean but the majority of the ocean has not yet been explored. Due to the advancement of technology, marine biologists have been able to research unknown ecosystems and organisms. Find out what types of equipment are being used by scientists and engineers!

#### Mind Craft

Understanding how the mind works can positively change how you look at yourself and your ability to craft the life you choose. You will learn about the brain, intelligence, emotions, personality and develop life skills to help you be focused, happy and true to yourself, even in the face of stress and challenges. We will be performing a brain dissection, creating artwork, practicing mindfulness and discovering your strengths, personality and dreams for the future.

#### Nutrition & Fitness

Discover delicious eating habits that will energize your body and boost your mood. Conduct fascinating experiments and discover what we're really eating. Get your heart pumping through invigorating cardio and strength training exercises. Use these 5 weeks to set goals and learn how to crush them!

#### Secrets of Short Game

Can you get the ball in the hole in the least amount of strokes? This class provides the fundamentals of the shots around the green to lower your scores. Learn to putt, chip, "splash" and swing through innovative golf games and competitions.

#### GRADES 7-12

Tuesday/Thursday

#### Communities of Tomorrow

What kind of city do you want to live in and what can be done better in your city? Communities of Tomorrow gives you a chance to dream about your future cities. You and your teammates are in charge of coming up with ideas and bringing them to life. Design your city by building models, developing a project plan, designing your virtual city, researching and presenting your ideas.

#### Design and Engineering Lab

The Design Process is what turns ideas into creations. Together, we'll learn the process and tools that engineers use to create products that we all use every day! Is there anything you've been wanting to create or redesign? You will work on a project of your choice and turn your idea into a reality!

#### High Flying Forces

Blast off into the world of an aerospace engineer. In this class you will explore the forces of flight as you build and test your own wing to see if it achieves lift. Assemble different rockets to discover different forms of thrust. Master the concept of Newton's laws of motion to design and build your very own propeller plane, glider, parachute or kite and make it fly high in the sky.

#### Intro to the Dream Design Develop (D3) Lab

The D3 Lab is the newest edition to the TGR Learning Lab. Members participating in this course will become familiar with the D3 Lab by engaging in various hands-on projects that use different technology such as electronics, software and tools for 3D printing and laser engraving.

#### Peak Performance

Are you an aspiring golfer who wants to play high school or college golf? Maybe even play professional golf someday? This is the class for you! This advanced golf class will have you learning and trying new things so you can get to the top. You will be learning what it takes both mentally and physically in order to achieve your goals. You will see huge strides in your game through countless drills, exercises and expert analysis.

## **GRADES 7-8**

#### Monday/Wednesday

#### Forensic Files

Do you enjoy mysteries and solving crimes? Are you interested in upholding the law or becoming a detective? Forensic Files will fascinate you with evidence, crime scene investigation and careers in the forensic science field. Dust off your fingerprinting skills and take the challenge of solving the crime of the century!

#### **GRADE 11**

Monday

#### SAT Essentials - Get Prepared and Master the Test!

Are you an 11th grader and planning on taking the SAT? Then this class is for you. The best way to prepare for the SAT is in a dynamic, interactive environment. Excel College Prep's approach of integrating the essential pieces of content, strategy, technique, practice and confidence will help you get the best possible score improvement. Practice materials will be provided.

#### Application

At the TGR Learning Lab, we are focused on opening your mind to potential careers and college majors available to you. We ask that by applying, you understand this is a five-week commitment to yourself and your future. Your next step is to select the courses you would like to participate in. While we cannot accommodate all requests, we will do our best to place you in one of your top choices. After selecting your courses, please write a personal statement below about why you would like to attend the TGR Learning Lab. The Expanded Learning Program runs Monday - Thursday from 2:30 p.m. - 5:30 p.m. Courses begin at 4:00 p.m. and end at 5:30 p.m. Parents will need to pick up their child from the TGR Learning Lab no later than 5:30 p.m. \*Please note that incomplete applications will not be accepted.

#### Please indicate your top 5 course selections: (place a 1 - 5 on the line)

#### Grades 7-12 Courses Monday/Wednesday **EV3** Robotics

- Marine Biology & Technology \_\_ Mind Craft
- \_\_\_ Nutrition & Fitness
- \_\_\_ Secrets of Short Game
- Grades 7-12 Courses Tuesday/Thursday Communities of Tomorrow Design and Engineering Lab High Flying Forces \_ Intro to the Dream Design Develop (D3) Lab \_\_\_ Peak Performance

#### Grades 7-8 Monday/Wednesday Forensic Files

Grade 11 Only Monday \_ SAT Essentials

#### Please write 4-6 sentences about why you would like to attend the TGR Learning Lab.

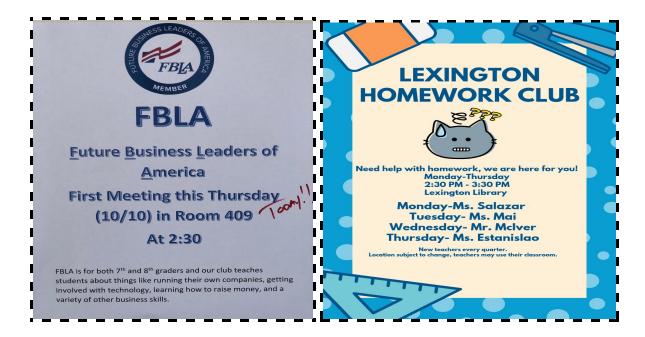
	ed, would you take advantage		R Learning Lab for details
Anaheim High School Katella High School Magnolia High School Sycamore Junior High	Ball Junior High Kennedy High School Orangeview Junior High Walker, Junior High	Cypress High School Lexington Junior High Oxford Academy	Dale Junior High Loara High School South Junior High

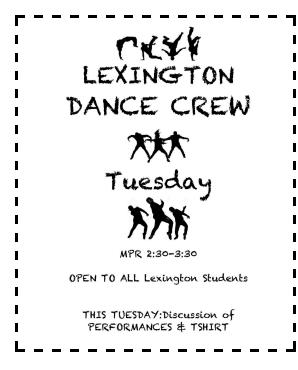


## TGR LEARNING LAB - WINTER 2020 STUDENT REGISTRATION

January 6 – February 6 Winter 2020 Application Deadline – December 20, 2019

Application Information	Чо	w did you hea	ar about		trio Different Diffe
New Application		A GIG YOU HE			and the second
tudent Information				newspap	per Postcard DO
chool				Grade	
irst Name	Middle	Initial	Last No		
tudent's Home Address			Apt #	City	7.2
Iome Phone	Cell Phone		E-mail		Zip
irth Date	_Gender:	ale 🛛 🗆 Femi	11011 2011 2021 10 2021	1947. Th	
thnicity: (check one)					
American Indian/Alaskar	Native Cambodi			Laotian 🗆 Ta	bition
American Indian/White		nic/latino	1 Other As	ian Uvietnam	
Asian Indian Elipino		Pacific Islande			1030
White/Non-Hispanic 🗆 B	Black/African American			ther Not Speci	flood
				viner, Noi speci	lied
arent/Legal Guardian Infor	mation	A Marine Street of the Street of the			
arent/Legal Guardian's First	st/Middle/Last Name			The state of the s	
		_ Gender: [		Female Hom	e Language
ddress (if different)	State of the second second				Zip
Iome Phone	Cell Phone			Pager	Zip
mployer Name		00	ccupatior		
Address		Cit			Zip
Work Phone	Work Email				_ 2ip
ncome Level of Household:	Under \$30,000 \$	30,000 to \$50	.000 \$5	50,000 to \$70,00	0 \$70,000 +
Doctor/Clinic Information					
Doctor/Clinic Mame					
Address				Phone	
		City_			Zip
Insurance Information					
Carrier or Plan Name					
First/Last Name of the Prima	Dulptured Mamber		0	Froup Number_	
issized international and internation	ry insuled member				
Health History					
List any illness or medical co	ndition staff should be	-			
List any medications the chi	Id is currently taking	aware or:			
List any allergies (including f	and staff should be an				
		vale of:			
				5	STAFF USE ONLY
					APP CODE:
					AT CODE:















## It's not too late to join PTSA!

Your tax-deductible PTSA membership directly supports our students and school programs such as Fit-A-Thon, Student Dances, Disaster Preparedness, Student Welfare, Student Honor Roll, Family Events, Reflections Art Program, Book Fair, Teacher Appreciation and so much more!

- PTSA is open to EVERYONE parents, teachers, students, family and community members
- Supporting PTSA <u>does not</u> commit you to volunteering
- Membership perks include exclusive discounts and savings at area merchants

3 Simple Ways to Become a Member:

Scan the QR Code:



**On-line:** <u>https://jointotem.com/ca/cypress/lexington-jr-high-ptsa</u> \*\*An additional processing fee applies for on-line memberships

### Fill Out & Return this Form to the Office:

PLEASE **PRINT** ALL INFORMATION:

You are a (circle one): Parent	Student	Family/Relative	Staff Member	Community Member	
Student Name:		<u> </u>	Student Gr	ade:	
-mail:			Phone #:		
2 <sup>nd</sup> Member:			,		
You are a (circle one): Parent				Community Member	
Student Name:			Student Gr	ade:	
E-mail:			Phone #:		

Questions? Please contact:

Olivia Oshiro - 1st VP Membership - olivia.lexingtonlions@gmail.com - 213.247.1806



## Announcements and Information for Community and City





#### OUR SCHOOL VISION

At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.



OWNERSHIP RELEVANCY



