



## Mrs. Houston's Monday Memo

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# Our Differences Make Us Stronger

**"Diversity: the art of thinking independently together."** — *Malcolm Forbes*



by [Amber Houston](#) on October 14, 2019

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Today at Lexington, the most diverse school in the AUHSD school district had an equally diverse group of leaders on campus coming together for the day to build community within the group and to brainstorm ideas on how to build bridges between all groups on Lexington's campus to enrich the already awesome school culture.

Here is what some of the students had to say...

*Question: What are some hidden challenges students at Lexington may face?*

**Home Environment**

Non-traditional home life, for example, divorced parents students go back and forth between two homes, students live in home with only one parent, students live with grandparents, or a student may be homeless.

**Student Anxiety/Depression**

Some students have anxiety or depression, but many do not. These challenges are hidden and on the inside and are not often seen by others around the ones suffering.

**Language Barriers**

Some students at Lexington are just learning English. There are many different languages spoken at Lexington, at my old school it was mostly just English and Spanish

*Question: What is a word or phrase that describes how you are feeling about today?*

Roller Coaster of Emotions, A lot More Fun than I thought it would be. I felt safe talking about my opinions. Well planned. Fun. It was fun and I have to know some new people. I had a lot of fun and I feel proud. Interesting, fun and meeting a few new people. I really enjoyed it and I will be back next time.

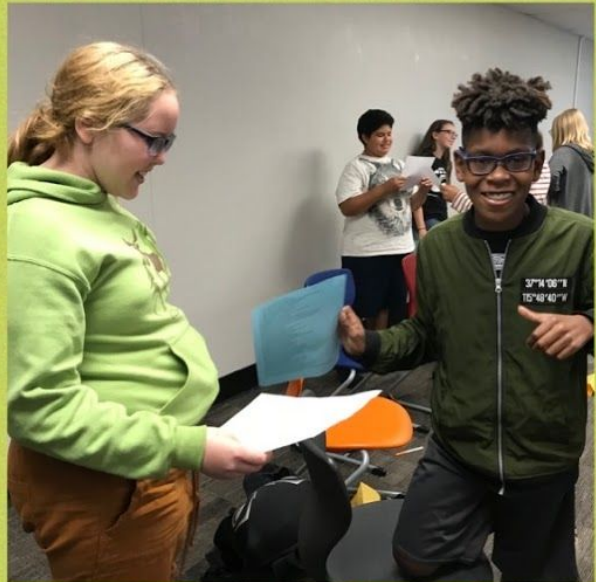
Community Guidelines

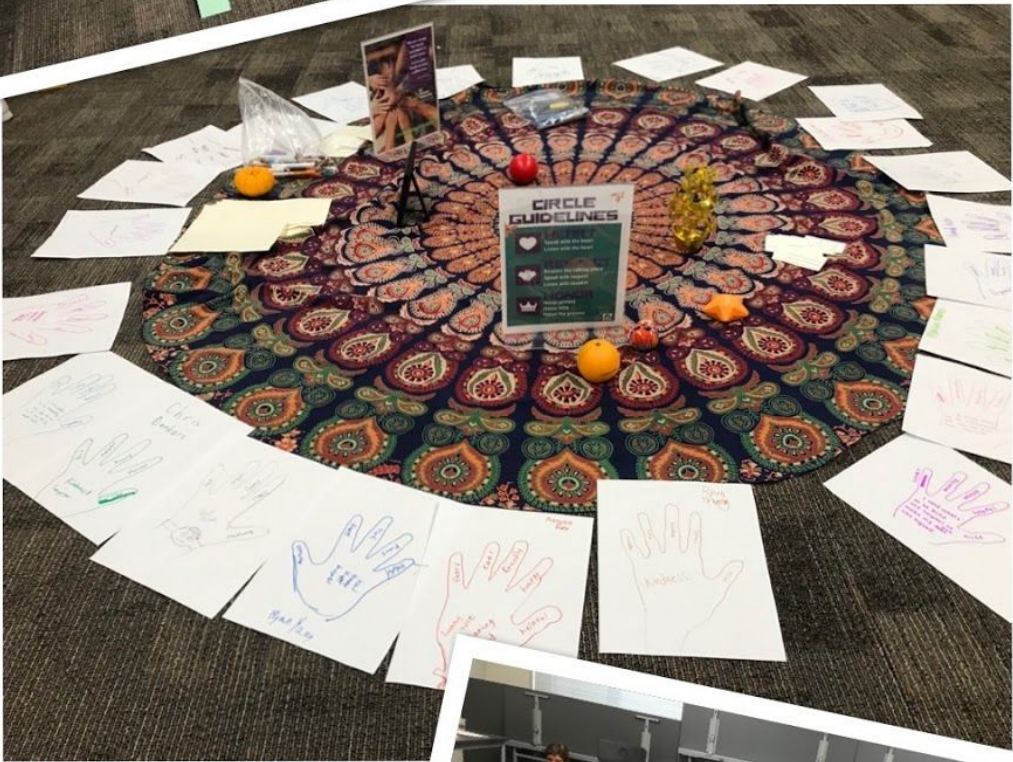
Safe space, Brave space  
 Step up, step down  
 one mic, one diva  
 What's learned here, leaves here;  
 What's said here stays here  
 Being ~~acceptance~~ accepting  
 - No name-calling, no labeling

**RESPECT**  
*affirmation*

Bridges Retreat

- Team Building, get each other Better
- Understand our role as BRIDGES leaders
- Understand school culture
- Brainstorm projects to make things better
- Have concrete ways to make a difference
- **HAVE FUN!**
- make friends
- eliminate stereotypes / cliques





PLEASE READ INFORMATION  
BELOW-YOUR LIFE JUST MIGHT  
DEPEND ON IT.



**ADDITIONAL RESOURCES**

**Talk with Your Teen About E-cigarettes:  
A Tip Sheet for Parents**

Source: Office of the U.S. Surgeon General and the U.S. Centers for Disease Control and Prevention, Office on Smoking and Health.

**What You Need to Know And  
How to Talk With Your Kids About Vaping**

Source: Partnership for Drug-Free Kids

© 2019 California Department of Public Health

**POISON  
LOOKS  
LIKE THIS**

A visual guide for some modern  
vaping devices.

**JUUL**      **JUUL  
PODS**      **SUORIN  
DROP**      **BO  
ONE**      **PHIX**      **KANDYPEN**

**805 deaths related to vaping.**

<https://people.com/health/vaping-related-death-nebraska-national-total-15/>

**\$10  
per  
member**



## It's not too late to join PTSA!

Your tax-deductible PTSA membership directly supports our students and school programs such as Fit-A-Thon, Student Dances, Disaster Preparedness, Student Welfare, Student Honor Roll, Family Events, Reflections Art Program, Book Fair, Teacher Appreciation and so much more!

- PTSA is open to EVERYONE - parents, teachers, students, family and community members
- Supporting PTSA **does not** commit you to volunteering
- Membership perks include exclusive discounts and savings at area merchants

### 3 Simple Ways to Become a Member:

**Scan the QR Code:**



**On-line:** <https://jointotem.com/ca/cypress/lexington-jr-high-ptsa>

*\*\*An additional processing fee applies for on-line memberships*

### Fill Out & Return this Form to the Office:

PLEASE **PRINT** ALL INFORMATION:

**1<sup>st</sup> Member:** \_\_\_\_\_

You are a (circle one): Parent   Student   Family/Relative   Staff Member   Community Member

Student Name: \_\_\_\_\_ Student Grade: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone #: \_\_\_\_\_

**2<sup>nd</sup> Member:** \_\_\_\_\_

You are a (circle one): Parent   Student   Family/Relative   Staff Member   Community Member

Student Name: \_\_\_\_\_ Student Grade: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone #: \_\_\_\_\_

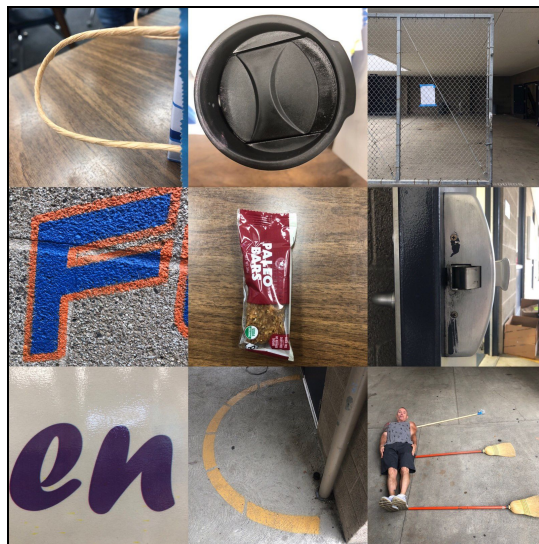
Please show your support of PTSA by signing up in one of these 3 ways!  
Dues are **only \$10.00 per person** (cash or checks payable to **Lexington PTSA**)

**Questions? Please contact:**

Olivia Oshiro - 1<sup>st</sup> VP Membership - [olivia.lexingtonlions@gmail.com](mailto:olivia.lexingtonlions@gmail.com) - 213.247.1806

# Upcoming Student Activities & Reminders

- Velocity Show Choir meets Mondays and Fridays after school.
- Advanced Choir was selected to go to Knott's Berry Farm on November 20th!
- 10/30: The "Thriller" tradition will continue with a quad performance at lunch featuring Advanced Choir singing and a Flash Mob of dancers!
- 10/17: Mayoral Prayer Breakfast at Cypress Civic Center.
- 10/21: Parent Academy 6-8pm.
- 10/22: DELAC at District Office.
- 10/25: Halloween Dance and Maze 2:30-4:00pm.
- 10/26: Saturday Academy 8-12noon. Kindness Acts!
- 10/28: Red Ribbon Week. Lion Paw Awards: Invite only.
- 11/1: Dia de los Muertos MPR.
- 11/4: Parent Academy 6-8pm.
- 11/5: Coffee with the Principal.
- 11/6: Band Spectacular @ Glover Stadium.
- 11/11: Veteran's Day-No School.
- 11/16: Saturday Academy 8-12noon.
- 11/18: Lion Paw Awards: Invite Only.
- 11/20: Choir at Knott's Berry Farm.
- 11/21: Band Concert.
- 11/25-11/19: Thanksgiving Break: No School.
- Parents-the website email links are NOT working. Please manually type in emails if need be. I will notify you when they have been fixed. Apologies!



The Special Education Department chose CONFIDENCE as their focus word of the year!

# THIS WEEK'S TOP STORIES

## AUHSD Career Tech Pathway Event

Manufacturing Day is a celebration of modern manufacturing meant to inspire the next generation of manufacturers. Manufacturing Day occurred last Friday. CMTC was proud to co-sponsor this event so that students, parents and educators from throughout California can learn about how the latest technologies have changed the manufacturing industry and created new opportunities and career paths for anyone interested in finding an exciting, high-paying and rewarding career. We took around 40 students on this day of hands on learning! Thank you to Ms. Cummings for heading up this event! And thank you to AUHSD for providing multiple avenues for our students to find success!









## Spelling Bee 2019---Lexington Students Move on to District Finals

*The winners are:*

**7th graders:**

**1st = Velika Lee**

**2nd = Matthew Poemoceah**

**3rd = Nathan Chung**

**8th graders:**

**1st = Jay Mehta**

**2nd = Nicole Frigillana**

**3rd = Taha Babuji**

*And a huge thank you to our English Department and our Cypress Kiwanis for being present and sponsoring our event every year!*

















## Fall Sports and PE

Lexington has two teachers, Mrs. Shandy and Mr. Scanlon, who recently helped lead the all district PE inservice day. Yep, we have two rock star lead learners here at Lexington making PE fun! Below you can see some pictures of Scanlon's class doing a rock paper scissor context which involves racing, running and competing. I love the vision of this department which is making fitness fun---then you don't even know you are working out!





FIT

TIP

FRIDAY STUDENT

## Choir Corner

Our dance and choir students are gearing up for the spooky season with learning the classic: THRILLER! Other pictures below show some stop secret Velocity preparation and practice for Christmas Show!



Velocity Show Choir meets Mondays and Fridays after school

Dance Crew Tuesday after school

Advanced Choir was selected to go to Knott's Berry Farm on November 20th!

The "Thriller" tradition will continue with a quad performance at lunch on October 30th featuring Advanced Choir singing and a Flash Mob of dancers!



## Our Teachers Lead with PRIDE

We had four Lexington teachers step up and lead the rest of our district in professional development at our all district inservice day. Mrs. Cooley, Mr. Rae, Mr. Perales and Mr. Jones all presented at this day at Anaheim High School. I am so proud of these teachers, who stepped outside of their comfort zone, and led with passion and confidence for all to see!



## Photo

Photography students have been learning about black and white photography. They took advantage of the windy day to practice using principles of composition in monochrome.



# Announcements and Information for School and District

**FBLA: New Club!**



## FBLA

Future Business Leaders of  
America

First Meeting this Thursday  
(10/10) in Room 409

*100%!!*

At 2:30

FBLA is for both 7<sup>th</sup> and 8<sup>th</sup> graders and our club teaches students about things like running their own companies, getting involved with technology, learning how to raise money, and a variety of other business skills.



Lexington Families,

It has come to my attention that "smart" watches (ie apple watches, etc) are beginning to become an issue on campus.

I want to remind everyone that all electronic devices are not permitted to be in use during school hours. We have recently discovered some students storing answers on them for tests.

Like cell phones, smart watches are allowed on campus, but may only be used as a watch for time. The watches must be turned off from any notifications, texting etc. In addition, teachers may ask for students to remove watch and place in back pack (like a phone) for tests or high stakes assignments.

We appreciate your support and speaking with your student about this.

Principal Houston



# LEXINGTON HOMEWORK CLUB



**Need help with homework, we are here for you!**

**Monday-Thursday**

**2:30 PM - 3:30 PM**

**Lexington Library**

**Monday- Ms. Salazar**

**Tuesday- Ms. Mai**


**Wednesday- Mr. McIver**

**Thursday- Ms. Estanislao**

**New teachers every quarter.**

**Location subject to change, teachers may use their classroom.**





LEXINGTON  
DANCE CREW



Tuesday



MFR 2:30-3:30

OPEN TO ALL Lexington Students

THIS TUESDAY: Discussion of  
PERFORMANCES & TSHIRT

# TIGER WOODS LEARNING LAB

We are currently registering students for our Fall 2 session which is from **November 4 – December 12**. This will be a 5-week session and classes will be either on Mondays and Wednesdays or Tuesdays and Thursdays. Attached is the Fall 2 application. You can also access it from our website using this link: <http://bit.ly/TGRLLFall2App19>. Deadline for Fall 2 application is **October 25, 2019**.

We will be offering a new class during this session: *STEM & Photography*. This class was piloted in our summer program and it was a huge hit with the students. We also revised our *College Bound* class and renamed it, *Exploring Higher Education*. We are now offering this class to students in grades 10-12. In this class, students will explore the different options that are available to them after high school graduation, and help them understand the benefits of higher education.

I am excited to announce that we have new staff member, Tarica Jackson, who will be our Student Support Manager and will be overseeing all of our recruitment efforts. If you are interested in having her come out for staff/parent meetings, lunchtime tables or classroom presentations, please email her [attjackson@tgrfoundation.org](mailto:attjackson@tgrfoundation.org).



# BOOK DRIVE

October 7 – 25

Help PTSA



by donating a new or used Children's Picture book(s) in the bins located outside the front office.

All books collected will be distributed to Centralia Elementary School District Kindergarten Students.





# COFFEE WITH THE PRINCIPAL

9:00 AM - 10:00 AM  
Library

\*August 13th - Welcome to Lexington  
September 3rd- Aeries 101  
October 1st- Being Successful in Jr. High  
November 5th- Mental Health  
February 4th- AUHSD Educational Pledge  
April 7th- State Testing  
May 5th- Cypress HS Admin Visit

\* Meeting will be in MPR





# LEXINGTON JR. HIGH SCHOOL

2019-2020

## FAMILY ENGAGEMENT OPPORTUNITIES

### BACK TO SCHOOL NIGHT

August 21

### COFFEE WITH THE PRINCIPAL

An opportunity to meet with the principal and learn about several topics related to your student.

August 13

September 3

October 1

November 5

February 4

April 7

May 5

\*All meetings in Library at 9:00 AM\*

### ENGLISH LEARNER ADVISORY COMMITTEE

Parents of English Learners are encouraged to attend these joint meetings with Cypress High School and Lexington Jr. High to better understand and support the need of their students.

TBD

### SCHOOL SITE COUNCIL

Provide your input to a group of nominated teachers, parents, classified employees, and students that work with the principal to develop, review and evaluate school improvement programs and school budgets.

September 24

November 12

March 17

\*All meetings in Library at 3:00 PM\*

### OPEN HOUSE

April 1

### PARENT LEARNING WALK

Learn how you can help your student at home by visiting 6-8 classrooms to better understand the skills, tasks, and expectations students must meet and demonstrate. Space is limited and only parents who register are able to participate.

TBD

### LUNCH WITH A LION

Bring your student lunch and enjoy a great meal with them on the athletic field. Our ASB will be playing music, selling snacks and hosting fun games for you to join!

September 10

January 16

May 14

### PARENT LEADERSHIP ACADEMY

Help your student prepare for academic success by learning more about the importance of family engagement, high school graduation requirements, financial aid and much more!

TBD

Dates and times of events are subject to change.

For the most updated information, refer to the school website or the Monday Memo .

LEXINGTON JR. HIGH SCHOOL  
4351 Orange Ave. Cypress, CA 90630  
714-220-4201

# The Power of Family Engagement

## What is Family Engagement?

When families take an active interest in their child's learning, students display a more positive attitude toward school. Children learn best when their parents play a variety of roles in their learning:

- ◆ Helping at home
- ◆ Volunteering at school
- ◆ Planning their child's future
- ◆ Participating in key decision making

Middle and high school students whose families remain involved make a better transition and are more successful.



Many educational studies show that when parents & families are involved, students tend to:

- ◆ Achieve more regardless of ethnic and/or racial background, socioeconomic status, or parent education level.
- ◆ Achieve better grades, test scores, and attendance
- ◆ Consistently complete homework
- ◆ Have better self-esteem, are more self-disciplined, and show higher aspirations and motivation towards school
- ◆ More likely to graduate and go onto higher education

## How Can YOU Become Involved?

1. Provide Support and leadership through active engagement in your child's education.
2. Work collaboratively with your school's administration, teachers and your Family & Community Engagement Specialist to learn about all aspects of the school's structure and share this information with other parents.
3. Remember that together everyone achieves more. Continue to support your child's learning at home by working with their teacher's to help them develop good homework and study habits.
4. Talk with your child's teachers and school principal to learn about opportunities to get involved in your school's advisory councils as a method to make your talents, skills, and availability to assist known.



## Family & Community Engagement Specialist (FaCES)

In an effort to make sure that we engage all of our student's families and increase their success on their campus, our Family & Community Engagement Specialist (*FaCES*) is here to help!

Your *FaCES* at Cypress High School can assist you with:

- ◆ Referral to Community Resources
- ◆ Various Parent Trainings
- ◆ English/Spanish Interpretation Assistance
- ◆ Online Aeries Support
- ◆ Information and Engagement Opportunities within existing advisory committees like:
  - ◆ Local Control & Accountability Plan (LCAP)
  - ◆ English Language Advisory Committee (ELAC)
  - ◆ District English Language Advisory Committee (DELAC)
- ◆ Registration Assistance



**Jonathan Barba**  
Family & Community Engagement Specialist (FaCES)

Lexington Jr. High School  
4351 Orange Ave., Cypress, CA 90630

Phone: 714-220-4201 ext. 44952  
Email: Barba\_J@auhsd.us

### References:

1. <https://www.ptoday.com/pto-today-articles/article/399-involvement-matters-what-to-tell-parents>
2. <http://www.auhsd.us/district/index.php/parents/parent-involvement/parent-involvement-overview>





# CYPRESS HIGH SCHOOL FOOTBALL

## FREE ADMISSION TO HOME GAMES

Lexington Jr. High students will receive free admission to all Cypress High School regular season home football games. Must present a 2019-2020 Lexington Jr. High student ID.

### 2019 HOME GAMES



\* GAME STARTS AT 7:00 PM AT HANDEL STADIUM  
\*\* GAME STARTS AT 7:00 PM AT GLOVER STADIUM  
^ HOMECOMING GAME



# QUITTING

THIS IS QUITTING!

TEXT "DITCHJUUL" TO 887-09  
TO STOP VAPING

PARENTS AND OTHER ADULTS:  
TEXT "QUIT" TO (202) 899-7550  
FOR HELP

truth

# Announcements and Information for Community and City

THE ORANGE COUNTY HERITAGE COUNCIL'S 8TH ANNUAL  
SEP 16 2019  
 ASSESSMENT & EVALUATION

## YOUTH ART CONTEST 2020

**APPROVED**

**SUBMITTAL DEADLINE: JAN 26, 2020**

THEME: THE BLACK LEGACY CULTIVATED BY EXCELLENCE IN SPORTS, ATHLETICS, ECONOMICS, EDUCATION, SERVICE, HEALTH & COMMUNITY.

Artwork will be on display at the  
**Orange County Black History Parade & Cultural Faire**  
 And prizes awarded on stage  
**Saturday, February 01, 2020**  
 Anaheim, California

- Open to all youth grades K-12
- Artwork must not exceed 36" x 36"
- (2d artwork only)
- Artwork must be ready to hang with name and grade level
- Artwork must be accompanied by a short written message

**ARTWORK WILL BE JUDGED BY:**  
 GRADE LEVEL  
 THEME REPRESENTATION  
 QUALITY OF WORK

**\$\$\$ Prizes Will Be Awarded**

For further information please contact:  
 Wanda Reynolds 714-310-1053 or wandareynolds@gmail.com  
 Applications are also available online at oc-hc.org

Note: All submissions shall be treated as being free of restrictions and limitations on their use, reproduction, and publication.

**RECEIVED**  
SEP 16 2019  
 ASSESSMENT & EVALUATION

**APPROVED**

**OK TO POST**  
SEP 24 2019  
*Stephley Ed.D.*

**BLACK HISTORY**

THE ANNUAL ORANGE COUNTY  
 BLACK HISTORY PARADE & CULTURAL FAIRE  
 205 W Center Street Promenade Anaheim, CA 92805

www.ocblackhistoryparade.org  
 @ocblackhistoryparade

Orange County Blackhistoryparade

SATURDAY  
 FEBRUARY 1st, 2020  
 PARADE: 9AM-12PM  
 Cultural Faire: 12pm - 4pm  
 VENDOR BOOTHS, FOOD BOOTHS  
 PRODUCT BOOTHS, YOUTH VILLAGE  
 HEALTH VILLAGE, COLLEGE FAIR  
 YOUTH ART DISPLAY

ORANGE COUNTY HERITAGE COUNCIL  
 www.oc-hc.org  
 AN OPPORTUNITY TO DONATE  
 Orange County Heritage Council  
 P.O BOX 29037 SANTA ANA, CA 92799

## JOIN OUR 2019-2020 TEEN PROGRAM

the **CLUB**  
 BANDAI TEEN CENTER

\$50/month program fee  
 \$50 registration fee

Transportation available from multiple  
 Jr. High and High Schools for \$170/month  
(Monthly program fee is waived if taking Club transportation)

- Career Development
- Leadership Opportunities
- Art & Dance Classes
- Homework Help
- Community Service
- College Exploration
- STAM Clubs & Classes
- Fun After-Hours Events
- Field Trips

LOCATED AT  
 10161 MOODY STREET  
 CYPRESS, CA 90630

HOURS: 2:00 - 6:30 pm  
 For More Information  
 CALL: 714-527-2697  
 WEB: www.bgccypress.org

BOYS & GIRLS CLUBS  
 OF CALIFORNIA  
 ANAHEIM-CYPRESS

## DAILY SCHEDULE

BOYS & GIRLS CLUBS  
 OF CALIFORNIA  
 ANAHEIM-CYPRESS

2:45 - 3:30	Check-in / Free and Paid Snack, Games Room Open
3:30 - 3:40	Announcements
3:40 - 4:25	Power Hour Homework Help / Enrichment Activity
4:25 - 5:10	Group Activities & Clubs - Art, Sports, Dance Leadership/Keystone Club, etc.
5:00 - 5:30	Social Hour - Video Games, Arts and Crafts, Board Games, Karaoke, etc.
5:45 - 6:30	Movie

Additional rates apply for  
 holidays and school closure dates  
 (Spring Break, Winter Break, etc.)

OPEN 7:00 AM - 6:30 PM

SCHOOL YEAR DATES  
 AUGUST 8, 2019 - MAY 22, 2020

CLOSURE DATES  
 9/2, 11/23, 11/29  
 12/24, 12/25, 12/31, 1/1/20  
 5/25 - 5/29/20

www.bgccypress.org



## OUR SCHOOL VISION

*At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.*

### Lexington Junior High School

4351 Orange Avenue  
Cypress, CA 90630

Phone: 714-220-4201  
Fax: 714-761-4989

#### Check us out

houston\_a@auhsd.us  
Like us on Facebook  
Follow us on Instagram

Lexingtonjhs.org

