



Mrs. Houston's Monday Memo

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Our Future is Bright in AUHSD

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today" –MalcomX



by [Amber Houston](#) on October 7, 2019

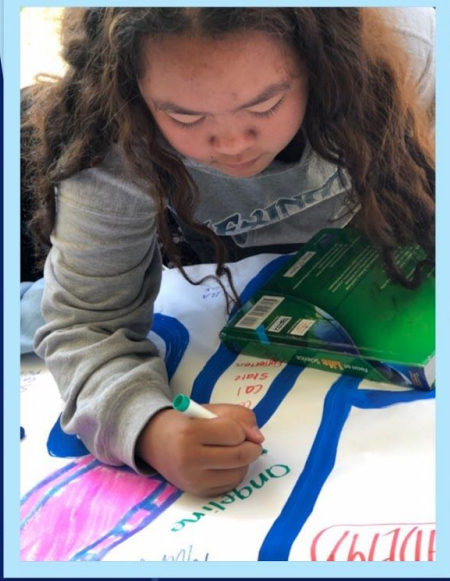
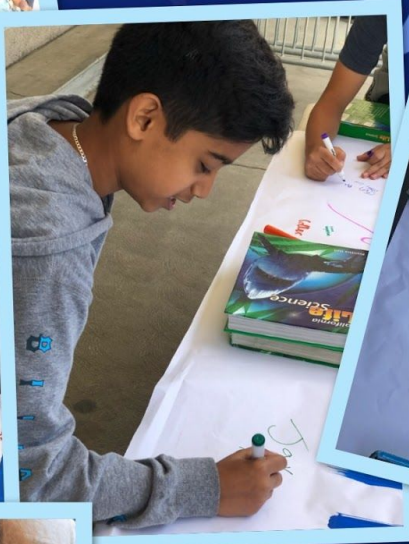
College Week 2019 was a success! We had College Bingo where students had to ask their teachers fun questions about college to score a BINGO, we had our banner pledge at lunch, cap and gown pictures of our future selves, Coffee with our Counselors, English classes delivered “The Pledge” lesson and our AUHSD College and Career Fair. A huge thank you to our counselors and English teachers who have helped in making this event so meaningful for our campus! Our schools in AUHSD offer so much more than just a pathway to college---but also tech careers, trade schools, and direct to the job force. For more information check out the AUHSD website to see what each junior high and high school provides in the way of exclusive pathways.







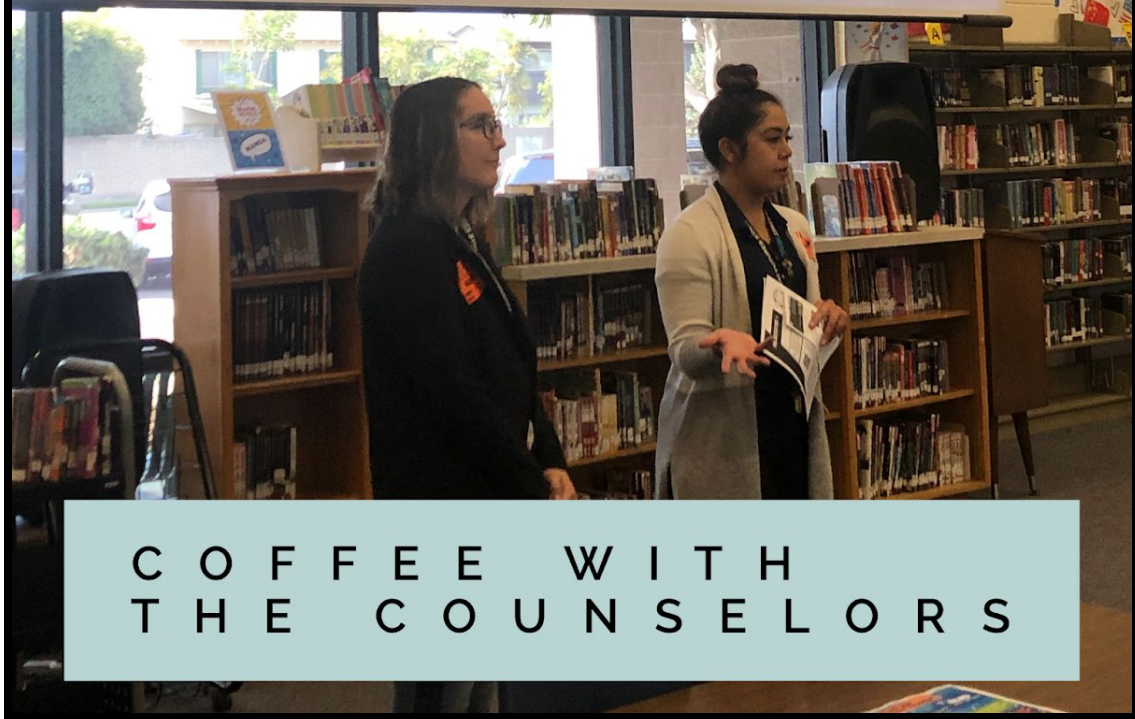
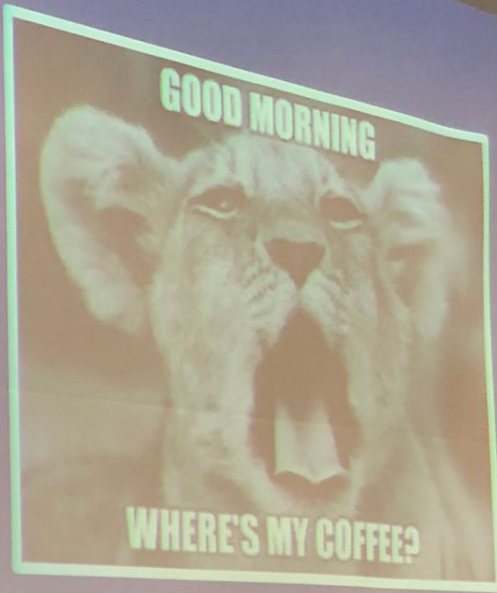




COLLEGE WEEK 2019



Welcome Parents!

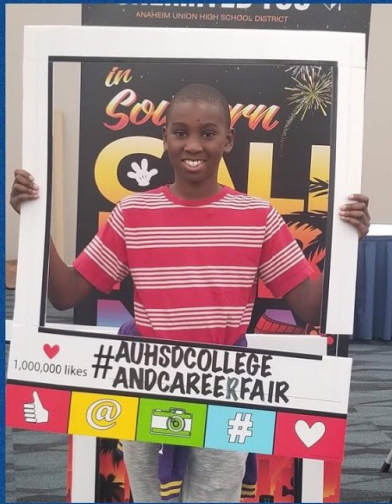


C O F F E E W I T H
T H E C O U N S E L O R S



COLLEGE AND CAREER FAIR





PLEASE READ INFORMATION
BELOW-YOUR LIFE JUST MIGHT
DEPEND ON IT.



**ADDITIONAL
RESOURCES**

[Talk with Your Teen About E-cigarettes:
A Tip Sheet for Parents](#)

Source: Office of the U.S. Surgeon General and the U.S. Centers for Disease Control and Prevention, Office on Smoking and Health.

[What You Need to Know And
How to Talk With Your Kids About Vaping](#)

Source: Partnership for Drug-Free Kids

© 2019 California Department of Public Health

**POISON
LOOKS
LIKE THIS**

A visual guide for some modern
vaping devices.

JUUL **JUUL
PODS** **SUORIN
DROP** **BO
ONE** **PHIX** **KANDYPEN**

805 deaths related to vaping.

<https://people.com/health/vaping-related-death-nebraska-national-total-15/>

**\$10
per
member**



It's not too late to join PTSA!

Your tax-deductible PTSA membership directly supports our students and school programs such as Fit-A-Thon, Student Dances, Disaster Preparedness, Student Welfare, Student Honor Roll, Family Events, Reflections Art Program, Book Fair, Teacher Appreciation and so much more!

- PTSA is open to EVERYONE - parents, teachers, students, family and community members
- Supporting PTSA **does not** commit you to volunteering
- Membership perks include exclusive discounts and savings at area merchants

3 Simple Ways to Become a Member:

Scan the QR Code:



On-line: <https://jointotem.com/ca/cypress/lexington-jr-high-ptsa>

***An additional processing fee applies for on-line memberships*

Fill Out & Return this Form to the Office:

PLEASE **PRINT** ALL INFORMATION:

1st Member: _____

You are a (circle one): Parent Student Family/Relative Staff Member Community Member

Student Name: _____ Student Grade: _____

E-mail: _____ Phone #: _____

2nd Member: _____

You are a (circle one): Parent Student Family/Relative Staff Member Community Member

Student Name: _____ Student Grade: _____

E-mail: _____ Phone #: _____

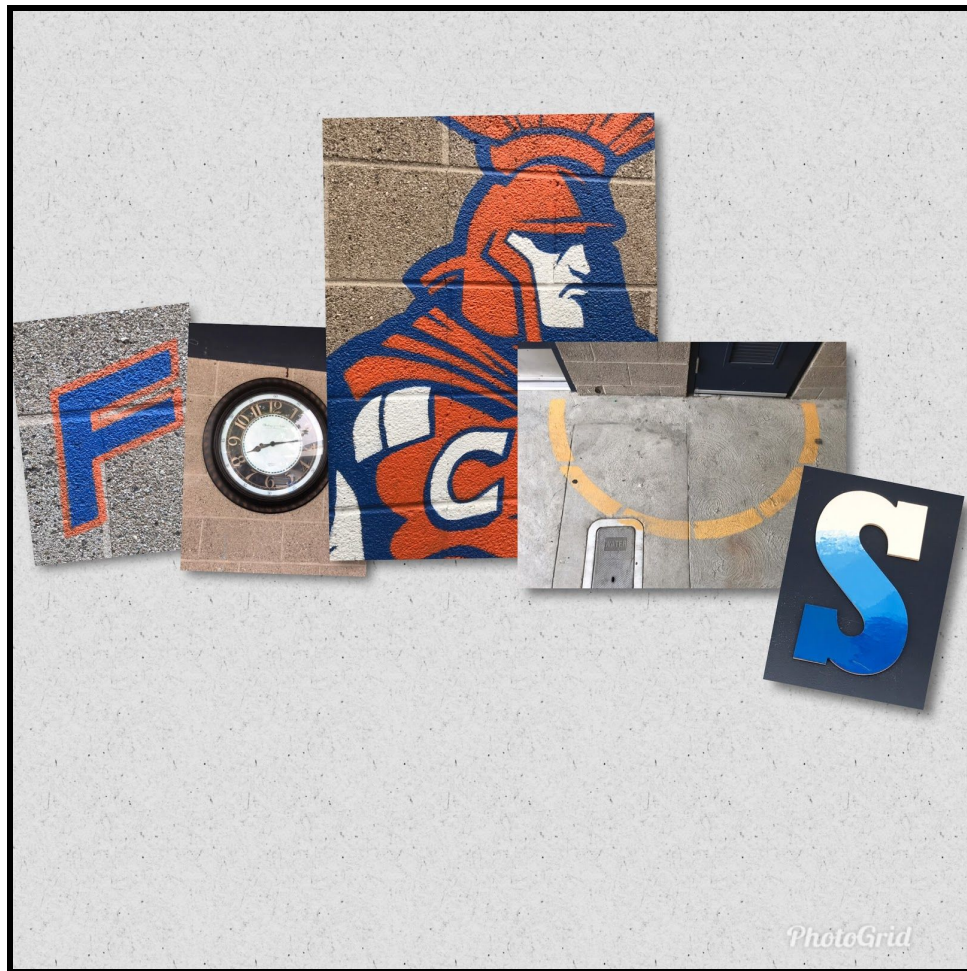
Please show your support of PTSA by signing up in one of these 3 ways!
Dues are **only \$10.00 per person** (cash or checks payable to **Lexington PTSA**)

Questions? Please contact:

Olivia Oshiro - 1st VP Membership - olivia.lexingtonlions@gmail.com - 213.247.1806

Upcoming Student Activities & Reminders

- Homework Club, Monday-Thursday weekly 2:30-3:30pm in Library.
- 10/7: No School-Teacher Inservice.
- 10/7: Spelling Bee 2:30pm.
- 10/11: OC Bridges Retreat-8-2:20pm Room 904.
- 10/12: Dance Crew also on Saturday, Oct. 12th for Academy.
- 10/17: Mayoral Prayer Breakfast at Cypress Civic Center
- 10/22: Red Ribbon Week.
- Parents-the website email links are NOT working. Please manually type in emails if need be. I will notify you when they have been fixed. Apologies!



The Math Department chose FOCUS as their focus word of the year!

THIS WEEK'S TOP STORIES

Lion Paw Awards

We held our first Lion Paw Awards this past Monday. It was a fruitful day of celebrating some amazing LIONS that excelled in our vision: Communication, Ownership and Relevancy---Or AUHSD's vision, Unlimited You. Teachers from each department selected the students who received our Paw Award and a Certificate of Merit from Senator Ling Ling's office. They also got to take home a flashy yard sign stating they are student of the month. What made this day special was that we secretly invited their parents and teachers to enjoy a PTSA sponsored lunch with each student. It was a great day of building community. I would like to recognize our FaCES, Jonathan Barba who was a rock star that put in the work for a successful event!

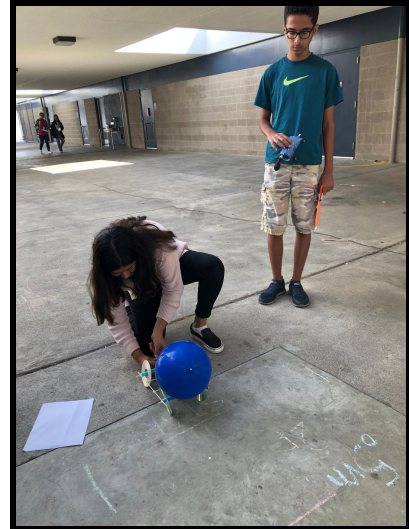






Science Corner

Students were given the task of designing, engineering, and building their own versions of balloon (forced air) powered car. They were allowed any materials they would like to use...their imaginations were the only limitations. The students did fantastically with their cars and learned plenty! The purpose of this exercise was to show Newton's Laws of Physics and how they relate to most everything we do in life. They correlated the 3 Laws with the car they built and showed the significance of Sir Isaac Newton's Laws! It was great to see them have fun with this project. It was significant hearing them discuss what they would do differently next time! **THAT** is engineering at its best!



Fall Sports and PE

Lexington brought home the gold---because #lexisbest@everything. Congratulations to our tennis team who aced every school in our district! Coaches, Cornelius and Cummings, stepped up and not only coached these kids on the court but also in life! 8th grade girls volleyball and 8th grade football also brought home the undefeated championship title. Our 7th grade volleyball and 7th grade football came in a very close second even going into overtime. Wonderful efforts and representation of being a Lexington Lion. Congratulations to all teams and appreciation to all coaches who spent so much time, energy and heart into making these teams amazing!

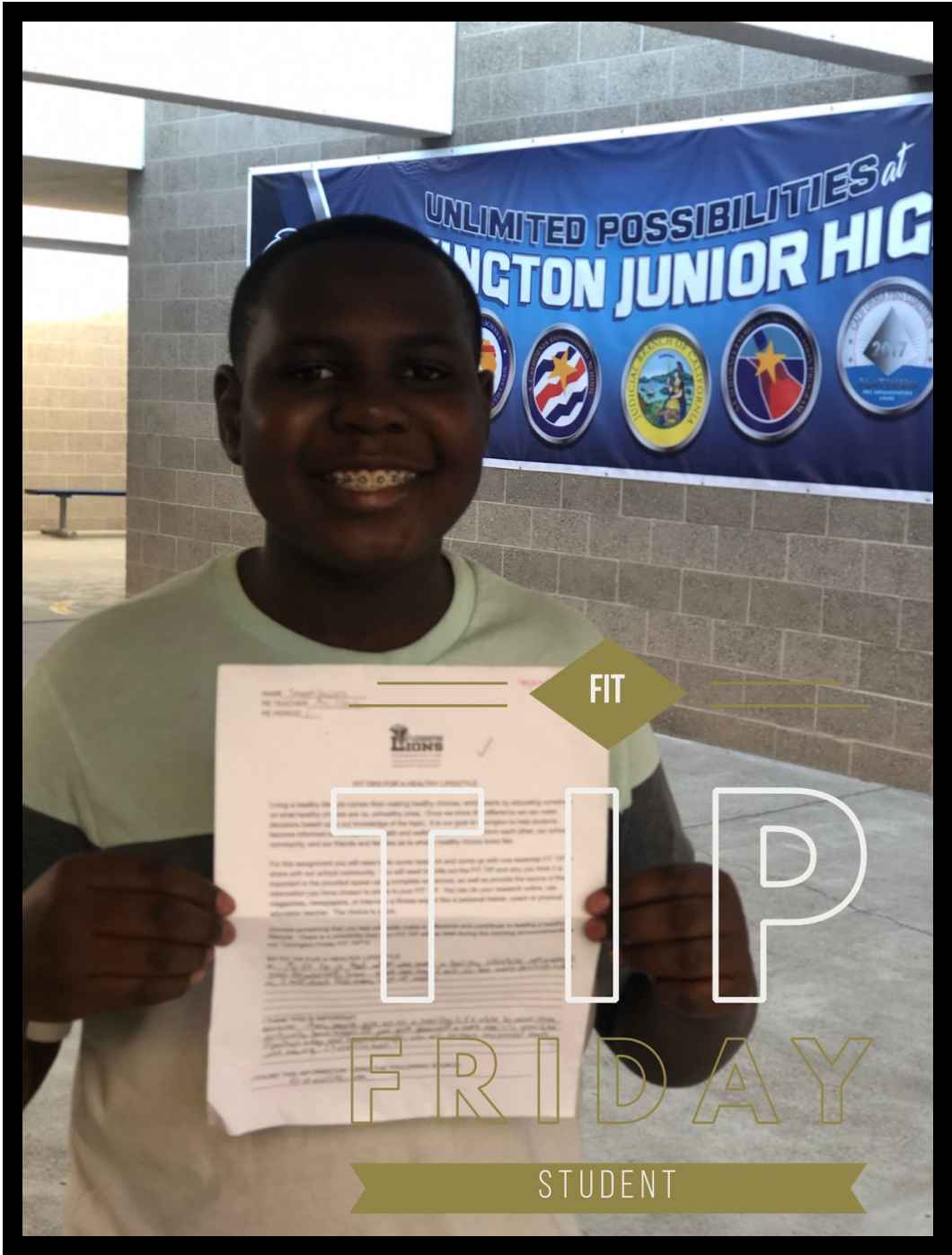






**ATHLETIC
EXCELLENCE**





FIT

TIP

FRIDAY

STUDENT

Choir Corner

Congratulations to Lexington Velocity Show Choir 2019-20. Under the creative genius of our fabulous, Cherie Batinga!



ASB Brings the Spirit

Mr. Cornelius has already started getting our campus in the spirit of this fall season---we hosted our Halloween Haunt monsters this past week who got a hoot out of scaring our students at lunch. The monster also judged our gut munch noontime event hosted by our ASB students. Our ASB makes it their job to get everyone involved , creating an environment where EVERYONE BELONGS. Way to go kids! Stay tuned for information on our Halloween Dance and Maze---it is an event not to be missed!



ASB GETS
SPOOKY



MONSTER
ASB

Home Ec Eats Like a Family

Home Ec has figured out how to build relationships----and it is through food! When you think about it, food and drink bring all peoples and cultures together. I love how it does that. Students have been bringing in food and creating “family style” meals for their classmates! These kids even stay in at lunch enjoying the food and atmosphere. Thank you Home Ec for building kindness and compassion---the 5th C!







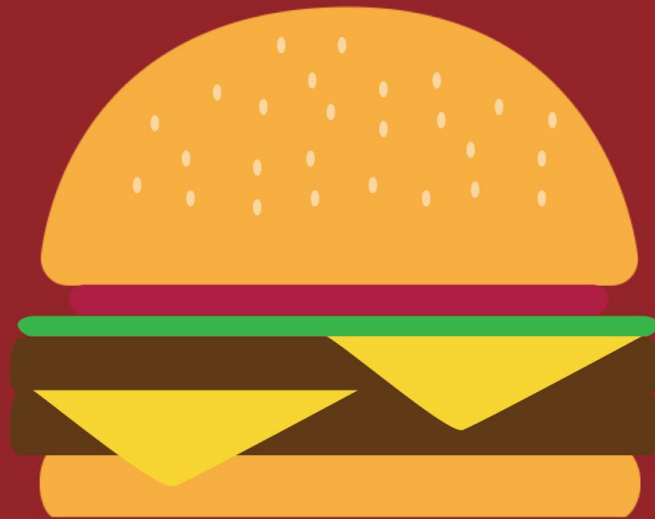
Lunch Gets HOT!

Under the direction of Jamie Alvin, our cafeteria is putting in some extra blood, sweat and tears to bring some HOT HOT HOT food to your kids. Every Thursday they will be bringing out the BBQ and serving up fresh burgers. The kids are loving it---and let me tell you, it smells better than In and Out! It has also allowed our students to meet more of our Lexington Food Staff---who are so passionate about serving kids! On Friday, we will be serving Dominoes Pizza. Let's be honest, Fridays are meant for delicious pizza! Unlimited choices for our students to choose from on our daily menu!



Treat yourself!

HAPPY HAMBURGER THURSDAYS!



EVERY THURSDAY JOIN US IN THE
QUAD FOR FRESH BBQ BURGERS!



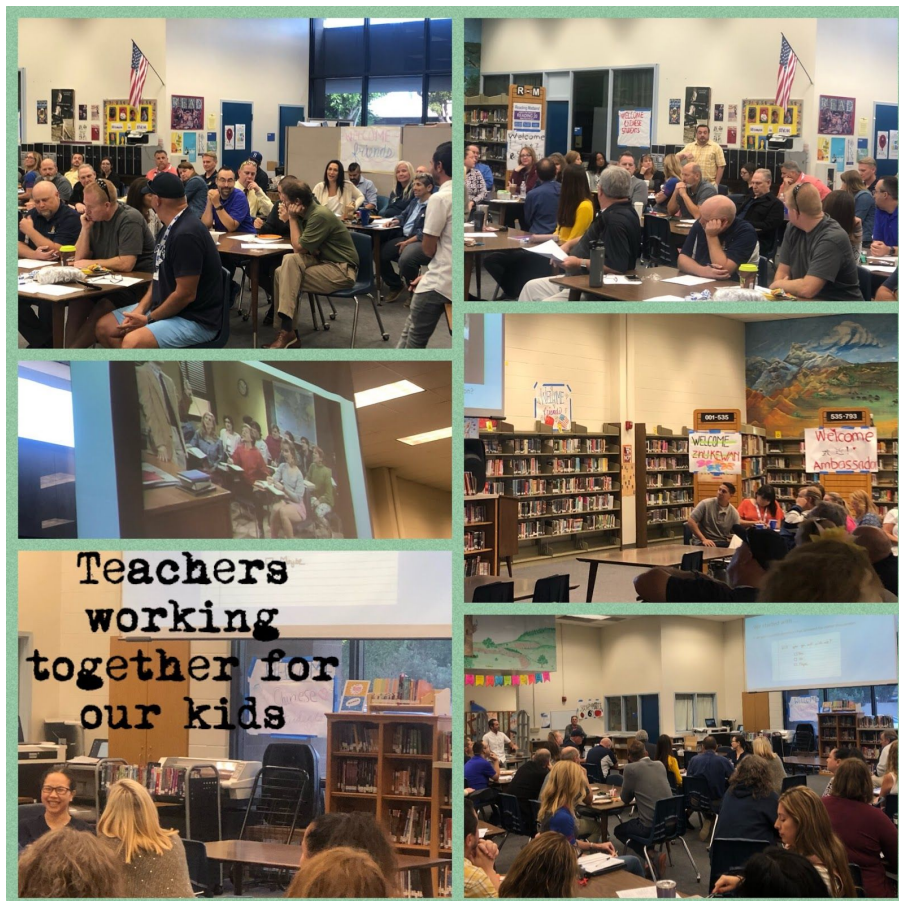
Fridays just got better— new menu item!

**PIZZA +
DOMINOES =
LUNCH
FRIDAYS**

Teachers Still Learn

Teachers somehow are always life long learners---they love learning new things and new ways to reach our students. Every Tuesday we meet at a full staff or department to develop ideas, reflect on lessons and look at student work. This past week our Lesson Design Coach, Mr. Perales highlighted and reminded us of ACADEMIC LANGUAGE. This is so important to teach our students how to speak in specific ways based on their environment. For example, in the classroom our teachers should be explicitly teaching the soft skill on how to speak in Academic Language----instead of students saying, “Huh?” The more appropriate response would be, “Excuse me, Would you repeat that again?” It could also look like a full class dialogue where students are able to digest what their peer said before them, and use transition like “and building off of what Sally said, I agree and in chapter four it supports that.”

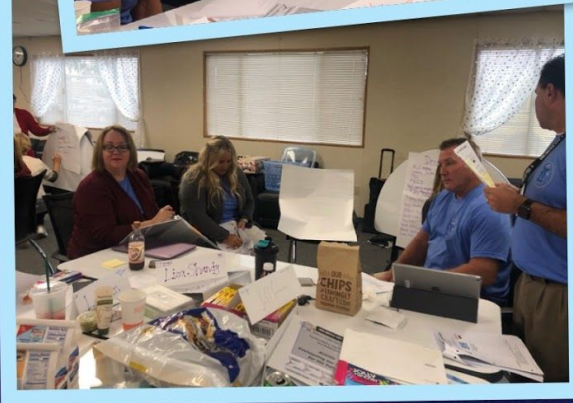
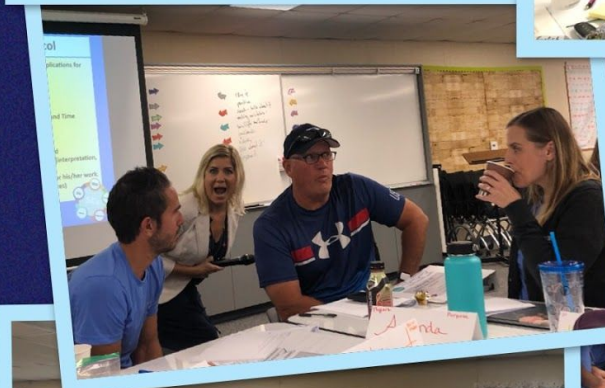
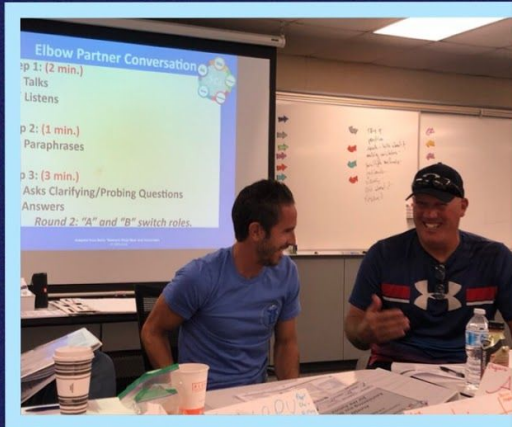
We also have a Leadership Team that has been working hard on our drivers, the 5 C's: Communication, Collaboration, Critical Thinking, Creativity and Character. We meet two times a month to build our capacity as leaders! We will be publicizing soon our Vision Day in January where we will be inviting not only all of staff, bt students, parents and community members!



LEXINGTON

LEADERSHIP TEAM

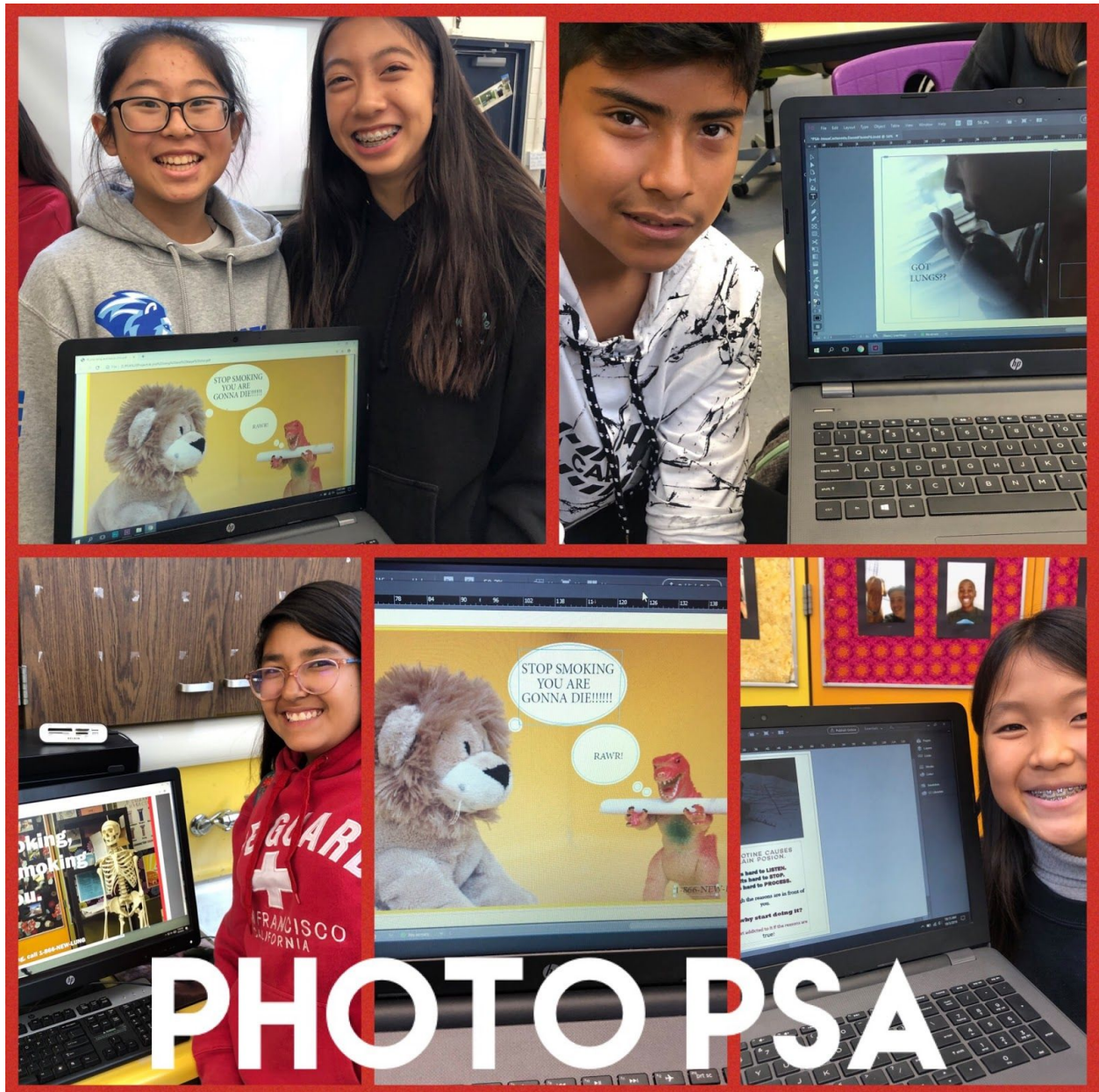




LEADERSHIP TEAM

Photo

In Photo, students are making PSA's about the health risks of smoking and vaping. They looked at how photos are used in print PSA's, then did research on the dangers of tobacco abuse, storyboarded their photos, and then took the pictures. These PSA's will be printed and displayed on campus for Red Ribbon Week! Which is coming up at the end of October!



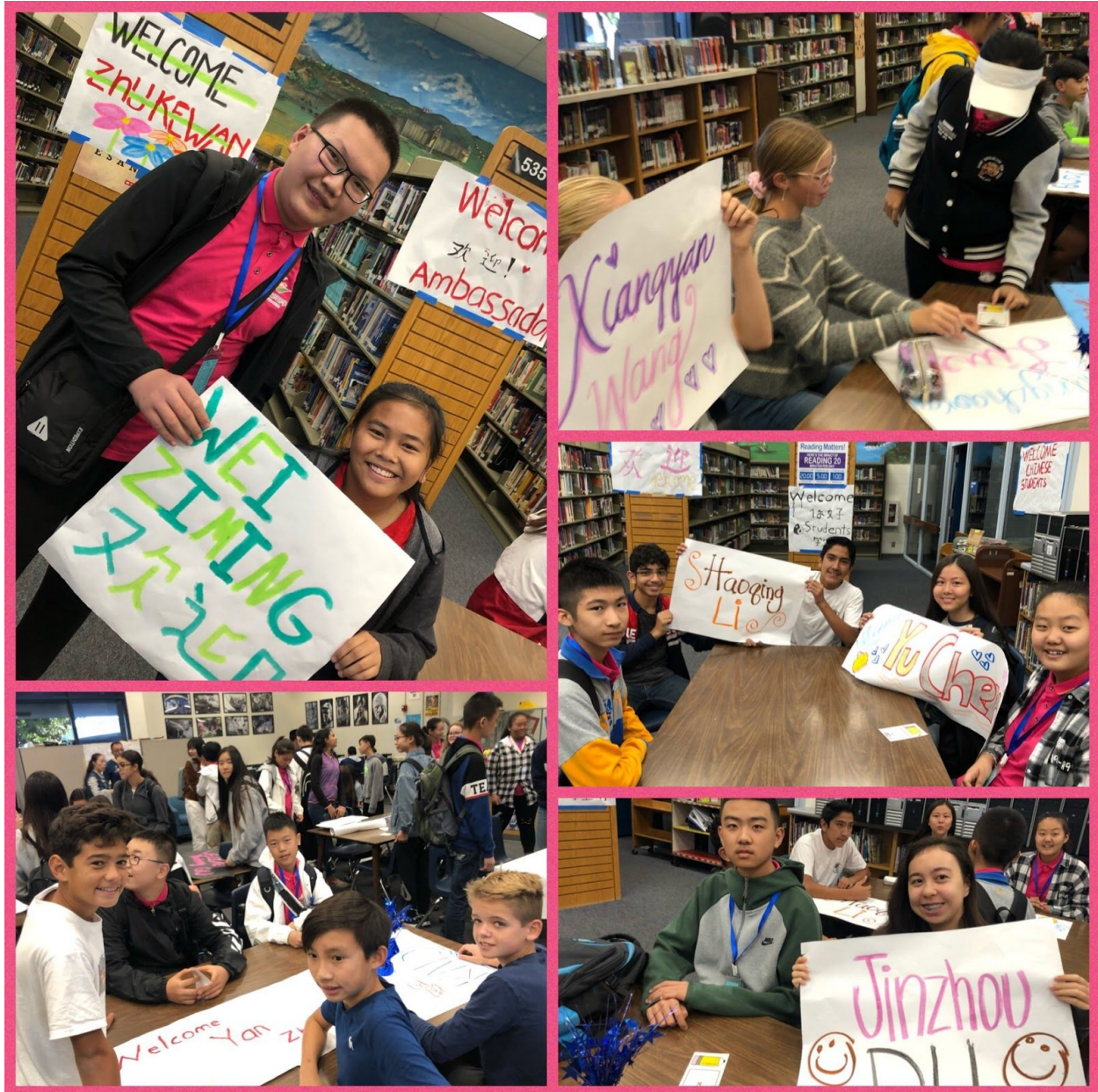
ACE Shaking it Up

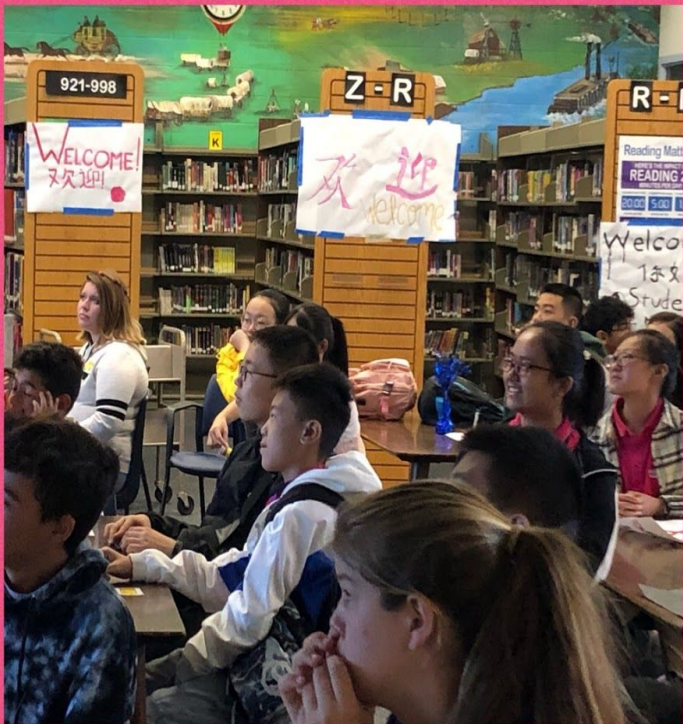
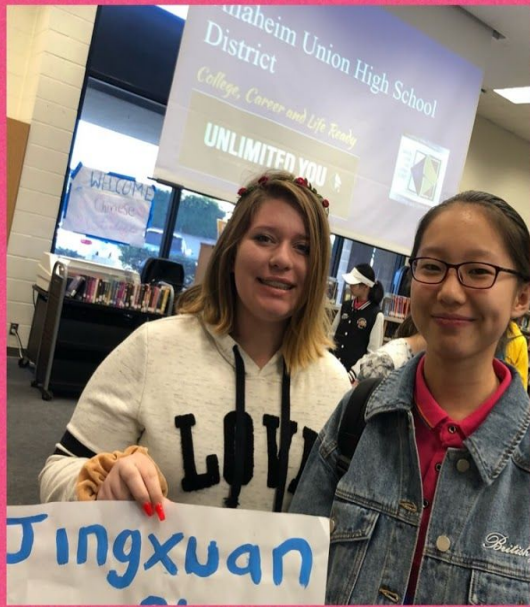
I am proud to announce that our ACE, Achieving Creative Excellence, has grown to more than 50 Lexington students this year and roughly 15 teacher mentors. ACE started around 5 years ago with a small select group of around 10-15 students and through each year and the amazing products, this program has grown to 53! Ms. Hind is the mastermind behind this program that partners up students who have creative long term projects in all subject areas (especially VAPA), with a mentor teacher who coaches and meets with them outside the school day to guide them to a finished product by the end of the year. We have had students write novels, create scores of music and masterpieces of fine art. Congratulations to the students below who have challenged themselves to ACE!



Did You Know

Our AUHSD family and Lexington specifically have a strong international exchange program. This past week we were visited by 39 students from China. Love that education and putting students first transcends over oceans and countries. These students from China were partnered up with our Lexington students. You can see below our opening and closing day activities---in addition all of the fun classes, noontime events, athletic tournaments, college fair and more that they shared together. Such a rewarding experience for all! It makes the world a little bit smaller yet opens our hearts bigger!

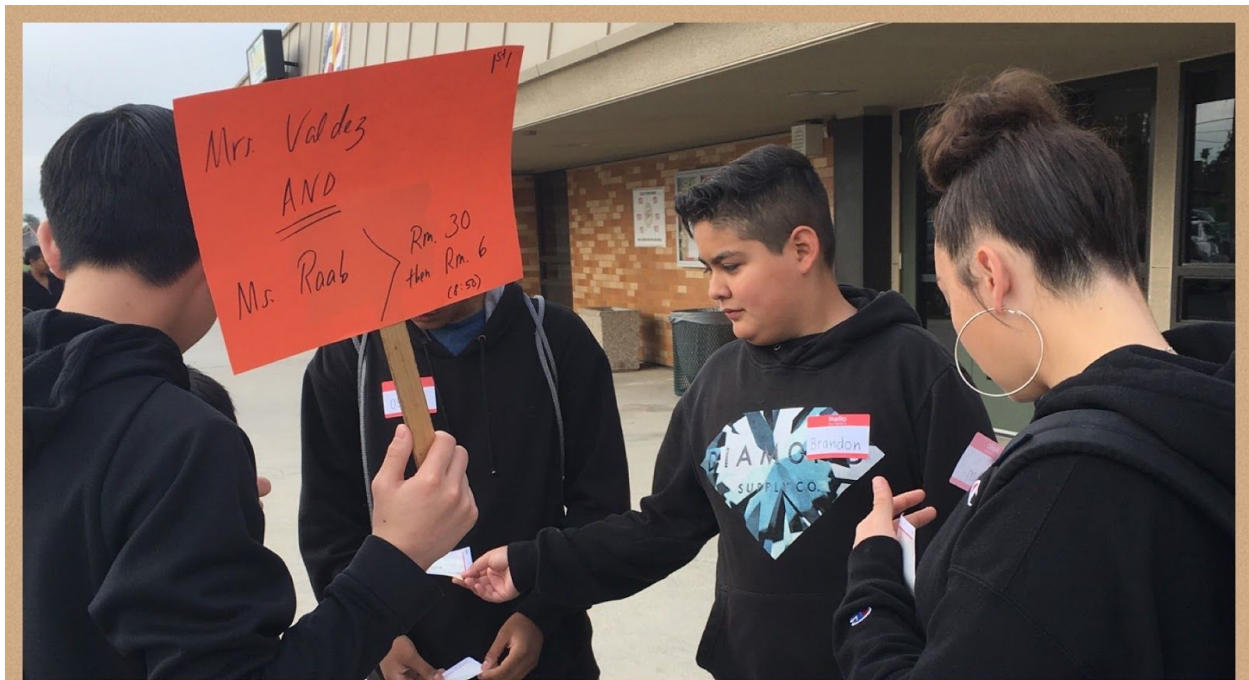




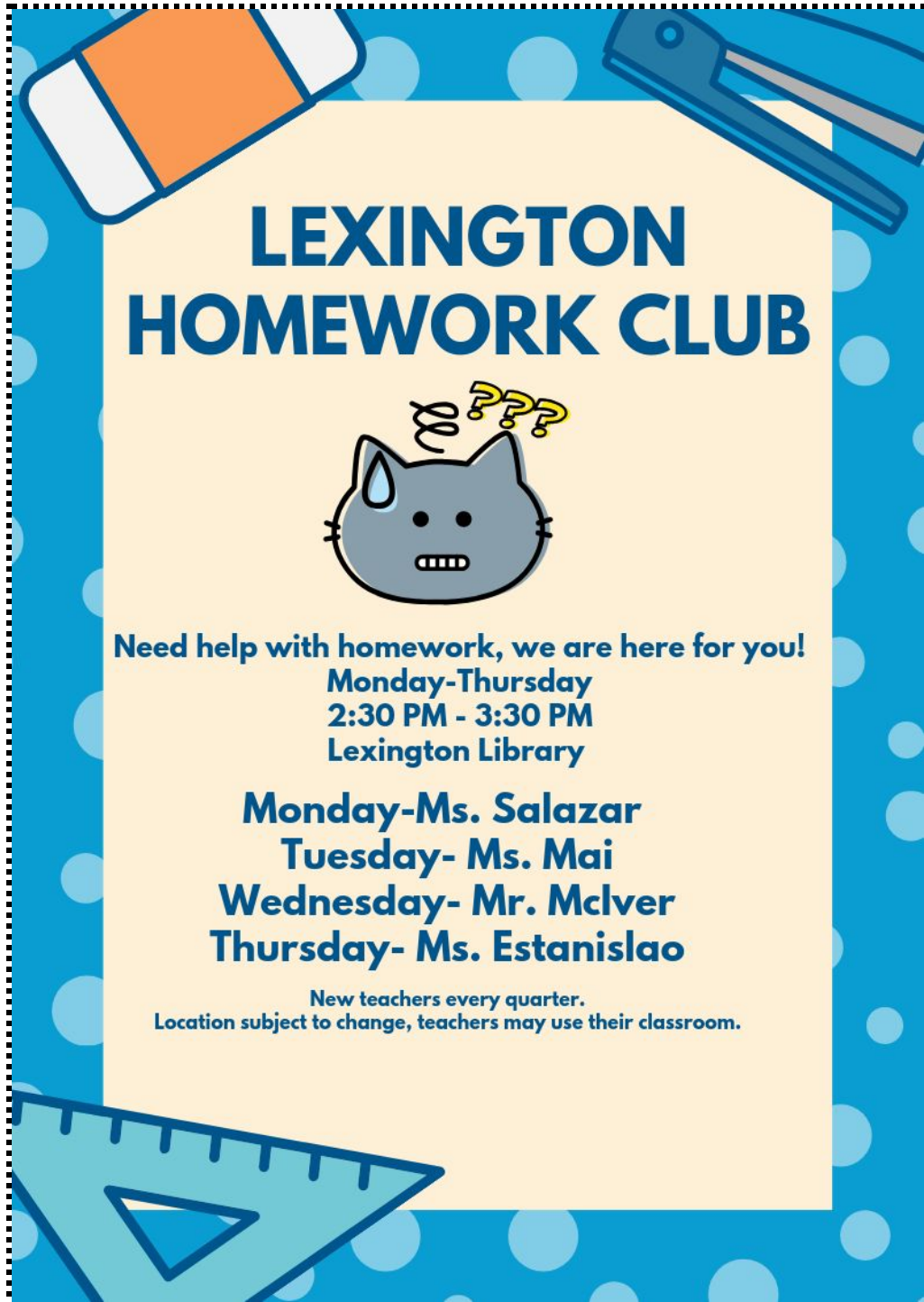


Junior High Mentors our Elementary Neighbor


Mrs. Cooley took a group of our English students to our neighbor, Arnold Elementary and read books to them. These students were amazing role models for our future lion cubs! Thank you Mrs. Cooley for taking our students to the next level and letting them practice and show off their skills in communication, collaboration and character!



Announcements and Information for School and District



LEXINGTON HOMEWORK CLUB



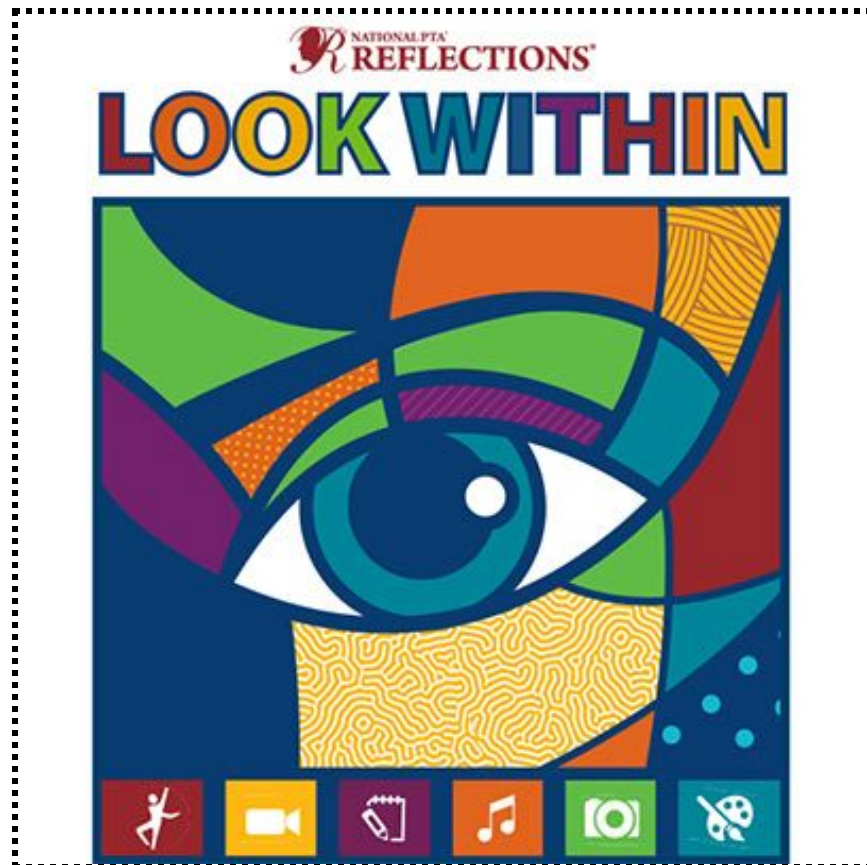
Need help with homework, we are here for you!
Monday-Thursday
2:30 PM - 3:30 PM
Lexington Library


Monday- Ms. Salazar
Tuesday- Ms. Mai
Wednesday- Mr. McIver
Thursday- Ms. Estanislao

New teachers every quarter.
Location subject to change, teachers may use their classroom.

PTSA Reflections

PTSA's annual Reflections Contest has begun! Come to the main office to grab information and details! This is a great way to express yourself creatively in all areas of the arts. Dance, Film, Literature, Music, Photography and Visual Arts! The deadline for submission is Friday October 11th.





LEXINGTON
DANCE CREW



Tuesday



MPR 2:30-3:30

OPEN TO ALL Lexington Students

THIS TUESDAY: Discussion of
PERFORMANCES & TSHIRT

TIGER WOODS LEARNING LAB

We are currently registering students for our Fall 2 session which is from **November 4 – December 12**. This will be a 5-week session and classes will be either on Mondays and Wednesdays or Tuesdays and Thursdays. Attached is the Fall 2 application. You can also access it from our website using this link: <http://bit.ly/TGRLLFall2App19>. Deadline for Fall 2 application is **October 25, 2019**.

We will be offering a new class during this session: *STEM & Photography*. This class was piloted in our summer program and it was a huge hit with the students. We also revised our *College Bound* class and renamed it, *Exploring Higher Education*. We are now offering this class to students in grades 10-12. In this class, students will explore the different options that are available to them after high school graduation, and help them understand the benefits of higher education.

I am excited to announce that we have new staff member, Tarica Jackson, who will be our Student Support Manager and will be overseeing all of our recruitment efforts. If you are interested in having her come out for staff/parent meetings, lunchtime tables or classroom presentations, please email her attjackson@tgrfoundation.org.



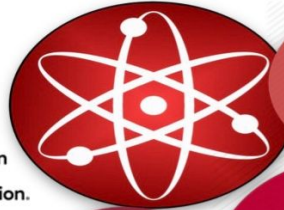
American Heart Association.



STEM Goes Red™



American Heart Association.



STEM is our future, and as a science-based health organization, STEM is at the heart of who the American Heart Association is, and what we do.

STEM Goes Red is intended to inspire an extraordinary group of local junior high girls to explore STEM outside the classroom while learning how to take charge of their health and well-being.

Join us for an inspiring, day-long event. Students will gain first-hand experiences, connect with inspiring leaders, and walk away knowing they can make an impact through a career in STEM.

STEM Goes Red program will offer

- Mentoring
- Breakout sessions
- Lunch and Keynote speaker
- Panel discussion with inspiring STEM women
- Fun team competition
- Inspiration

**Friday
November 1, 2019**

Time:
8:00am – 2:00pm

**Discovery Cube
Orange County**
2500 N. Main St
Santa Ana, CA 92705

Sponsored by:



EDWARDS
LIFESCIENCES
FOUNDATION



Cigna, CoreLogic, KPMG, Knobbe Marten,
Latham & Watkins

RSVP

by
October 11, 2019
Sheila.Blackery@
heart.org



Mindfulness and Stress Management for English and Spanish-speaking Parents

LEARN TO:

- Reduce parenting stress
- Regulate your emotions
- Mindfully communicate with your children

WHERE:

**AUHSD District Office
501 N. Crescent Way
Anaheim, CA 9280**



WHEN:

**4-day workshop
6:00 PM—7:30 PM
•October 14
•October 21
•October 28
•November 4**

TO REGISTER, CONTACT:

**Jonathan Barba
Family and Community Engagement Specialist
E: barba_j@auhsd.us P: 714-220-4154**

BOOK DRIVE

October 7 – 25

Help PTSA



by donating a new or used Children's Picture book(s) in the bins located outside the front office.

All books collected will be distributed to Centralia Elementary School District Kindergarten Students.



Casa Youth Shelter's 17th Annual

10-12-2019

Youth Leadership Conference

Resiliency

Register now at casayouthshelter.org/conference

who Free for middle- and high-schoolers

what Dynamic keynote speaker • Workshops to choose from
Community service hours • Lunch and opportunity drawings

where Cypress High School • 9801 Valley View St., Cypress, CA 90630

when October 12, 2019 • 9am-3pm (8am check-in)

Come and experience a day of self-discovery, friendship, cultural exchange, leadership building, inspiration, and service. Attend a series of intensive workshops designed to educate and empower future leaders.



Casa Youth Shelter

FACEBOOK CASAYOUTHHELTER INSTAGRAM @CASAYOUTHHELTER TWITTER @CYS_TWEETS WEB CASAYOUTHHELTER.ORG





COFFEE WITH THE PRINCIPAL

9:00 AM - 10:00 AM

Library

*August 13th - Welcome to Lexington
September 3rd- Aeries 101
October 1st- Being Successful in Jr. High
November 5th- Mental Health
February 4th- AUHSD Educational Pledge
April 7th- State Testing
May 5th- Cypress HS Admin Visit

* Meeting will be in MPR





LEXINGTON JR. HIGH SCHOOL

2019-2020

FAMILY ENGAGEMENT OPPORTUNITIES

BACK TO SCHOOL NIGHT

August 21

COFFEE WITH THE PRINCIPAL

An opportunity to meet with the principal and learn about several topics related to your student.

August 13

September 3

October 1

November 5

February 4

April 7

May 5

All meetings in Library at 9:00 AM

ENGLISH LEARNER ADVISORY COMMITTEE

Parents of English Learners are encouraged to attend these joint meetings with Cypress High School and Lexington Jr. High to better understand and support the need of their students.

TBD

SCHOOL SITE COUNCIL

Provide your input to a group of nominated teachers, parents, classified employees, and students that work with the principal to develop, review and evaluate school improvement programs and school budgets.

September 24

November 12

March 17

All meetings in Library at 3:00 PM

OPEN HOUSE

April 1

PARENT LEARNING WALK

Learn how you can help your student at home by visiting 6-8 classrooms to better understand the skills, tasks, and expectations students must meet and demonstrate. Space is limited and only parents who register are able to participate.

TBD

LUNCH WITH A LION

Bring your student lunch and enjoy a great meal with them on the athletic field. Our ASB will be playing music, selling snacks and hosting fun games for you to join!

September 10

January 16

May 14

PARENT LEADERSHIP ACADEMY

Help your student prepare for academic success by learning more about the importance of family engagement, high school graduation requirements, financial aid and much more!

TBD

Dates and times of events are subject to change.

For the most updated information, refer to the school website or the Monday Memo .

LEXINGTON JR. HIGH SCHOOL
4351 Orange Ave. Cypress, CA 90630
714-220-4201

The Power of Family Engagement

What is Family Engagement?

When families take an active interest in their child's learning, students display a more positive attitude toward school. Children learn best when their parents play a variety of roles in their learning:

- ◆ Helping at home
- ◆ Volunteering at school
- ◆ Planning their child's future
- ◆ Participating in key decision making

Middle and high school students whose families remain involved make a better transition and are more successful.



Many educational studies show that when parents & families are involved, students tend to:

- ◆ Achieve more regardless of ethnic and/or racial background, socioeconomic status, or parent education level.
- ◆ Achieve better grades, test scores, and attendance
- ◆ Consistently complete homework
- ◆ Have better self-esteem, are more self-disciplined, and show higher aspirations and motivation towards school
- ◆ More likely to graduate and go onto higher education

How Can YOU Become Involved?

1. Provide Support and leadership through active engagement in your child's education.
2. Work collaboratively with your school's administration, teachers and your Family & Community Engagement Specialist to learn about all aspects of the school's structure and share this information with other parents.
3. Remember that together everyone achieves more. Continue to support your child's learning at home by working with their teacher's to help them develop good homework and study habits.
4. Talk with your child's teachers and school principal to learn about opportunities to get involved in your school's advisory councils as a method to make your talents, skills, and availability to assist known.



Family & Community Engagement Specialist (FaCES)

In an effort to make sure that we engage all of our student's families and increase their success on their campus, our Family & Community Engagement Specialist (*FaCES*) is here to help!

Your *FaCES* at Cypress High School can assist you with:

- ◆ Referral to Community Resources
- ◆ Various Parent Trainings
- ◆ English/Spanish Interpretation Assistance
- ◆ Online Aeries Support
- ◆ Information and Engagement Opportunities within existing advisory committees like:
 - ◆ Local Control & Accountability Plan (LCAP)
 - ◆ English Language Advisory Committee (ELAC)
 - ◆ District English Language Advisory Committee (DELAC)
- ◆ Registration Assistance



Jonathan Barba
Family & Community Engagement Specialist (FaCES)

Lexington Jr. High School
4351 Orange Ave., Cypress, CA 90630

Phone: 714-220-4201 ext. 44952
Email: Barba_J@auhsd.us

References:

1. <https://www.ptoday.com/pto-today-articles/article/399-involvement-matters-what-to-tell-parents>
2. <http://www.auhsd.us/district/index.php/parents/parent-involvement/parent-involvement-overview>



CYPRESS HIGH SCHOOL FOOTBALL

FREE ADMISSION TO HOME GAMES

Lexington Jr. High students will receive free admission to all Cypress High School regular season home football games. Must present a 2019-2020 Lexington Jr. High student ID.

2019 HOME GAMES



* GAME STARTS AT 7:00 PM AT HANDEL STADIUM
** GAME STARTS AT 7:00 PM AT GLOVER STADIUM
^ HOMECOMING GAME





BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

WHAT CAN YOU DO?

COMMUNITY SERVICE

Volunteers allow us to improve the quality of our programming and provide our members with additional mentoring opportunities. Volunteers have the opportunity to assist staff members, help with special events, and contribute their unique talents and interests to specialized programming and clubs. Volunteer for an hour or for an entire day, everything helps.

- Homework completion
- Sports and fitness activities
- Community service projects
- Arts and crafts
- Gain leadership and work skills!



Wednesdays 4-5PM

Keystone: the Ultimate Teen Program! Leadership, Service, and Community. Community service, College Tours, and more! Ages 14+

TEEN Cuisine

Thursdays 4-5PM

Sponsored by Kiwanis Recipe for Success Cooking Club. Learn how to cook easy but delicious, nutritious recipes!



Mondays 4-5PM

Leadership, Fitness, Service, and Education Planning monthly fundraisers, and assisting with Special Events!

TEEN sports

Fridays 4:25-5:05PM

Learn fundamentals of sports such as Basketball, Volleyball, Soccer, Kickball, Dodgeball, and Ping Pong. New sports featured each month!

FILM CRITIQUE

Tuesdays 5:05-6:30PM

This informal Film Critique Club is a discussion outlet covering topics viewed in thought-provoking films and shorts. Drop in any week!

FIELD TRIPS & EVENTS

Fridays are walking Pokemon Go Field Trips, and alternating every other month a College or Event Field Trip! Call for more info.



Official Rules

By submitting an artwork to the “National PTA Reflections Program,” entrants accept and agree to be bound by the official rules for participation as well as the entry requirements for their specific arts category and division. Additional state program requirements may apply. Any violation of these rules may, at PTA’s discretion, result in disqualification. All decisions of the reviewers regarding this program are final and binding in all respects. (The “PTA” referred to in these rules include all PTAs reviewing the submission).

- 1. ELIGIBILITY.** Students must participate through a local PTA/PTSA. Each student’s eligibility is determined by the state and local PTA/PTSA. A student may develop an entry inside or outside of school.
- 2. ARTS CATEGORIES.** There are six arts categories—dance choreography, film production, literature, music composition, photography and visual arts. Students may enter the National PTA Reflections Program in one or more arts categories. See each arts category rules for additional entry requirements.
- 3. GRADE DIVISIONS.** Students may enter in the appropriate division for their grade (Primary: Preschool-Grade 2; Intermediate: Grades 3-5; Middle School: Grades 6-8; High School: Grades 9-12; Special Artist: All grades welcome).

The **Special Artist Division** welcomes students from all grades and abilities and offers non-artistic accommodations (e.g. adaptive technology; transcribing; holding a camera) for students to participate fully in PTA Reflections. Assistants must refrain from being involved in the artistic process (e.g. developing an artist statement, choreography, music lyrics, storyboards, etc.) Student recognition and awards are announced as part of the Special Artist Division.
- 4. HOW TO ENTER.** Entrants must submit their artwork and student entry form to their local PTA/PTSA program according to local and state PTA procedures. Entrants must follow requirements and instructions specific to each arts category and division. Contact local PTA programs for deadlines and additional information.
- 5. ENTRY REQUIREMENTS.** (All participants must also follow arts category and if applicable, Special Artist Division rules)
 - Only new pieces of artwork inspired by the current year’s theme may be submitted.
 - Each entry must be the original work of one student only. An adult may not alter the creative integrity of a student’s work. Because the program is designed to encourage and recognize each student’s individual creativity, help from an adult or collaboration with other students is not allowed except in the Special Artist Division. Other individuals may appear in or perform a student’s work, but the work itself must be the creative product of one student only. Only one student may be recognized as the award recipient for each entry. *See the specific arts category rules and special artist division rules for details.*
 - Each entry must contain a title and all entries must include an artist statement. The artist statement communicates what inspired the work, how it relates to the theme, and the content of the work. The statement must include at least 10 words and not exceed 100 words.
 - Use of copyrighted material is prohibited, except for background music in dance choreography and film production entries. If used in dance choreography and film production entries, background music must be cited on the entry form. Plagiarized entries will be disqualified. Use of PowerPoint templates are prohibited.
- 6. FINALIST SELECTION AND NOTIFICATION.** Entries are reviewed at local, regional, state and national levels. Each PTA determines its own reviewers for the program. Entries will be reviewed primarily on how well the student uses their artistic vision to portray the theme, their originality and creativity. The National PTA Reflections® program makes no restrictions on content or subject matter in artwork. Under no condition may parents or students contact a reviewer to dispute the status/score of any entry. Each PTA in its sole discretion will select finalists for exhibition and provide awards/prizes. Awards are announced per local and state procedures. National awards and events are announced May 1, 2020 at PTA.org/Reflections.
- 7. OWNERSHIP AND LICENSE.** Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant’s irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions.
- 8. PARTICIPATING ENTITIES.** This program is administered by the National Parent Teacher Association (PTA) and PTA affiliates. Parent groups not affiliated with National PTA are not eligible to sponsor this program.



How To Enter

Use the arts to share your personal *Reflections* on this year's theme: **Look Within**

Submissions are due to **<INSERT TEACHER NAME AND ROOM NUMBER>** by **<INSERT DEADLINE>**.

Experienced artists will review your work for interpretation of theme, creativity and technique. We look forward to celebrating your artistry and achievement in the arts! Save the date for this year's Reflections Celebration **<INSERT DATE OF ARTS SHOWCASE & AWARDS CELEBRATION>**

Dance Choreography: Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Film Production: Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Literature: Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. **Writing** must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 1/2x11" paper, PDF file.

Music Composition: All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **Audio** file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC. **Notation** (score/tablature) in PDF format is only required for middle and high school divisions.

Photography: Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. **Print** image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. **Digital** image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, GIF, PNG.

Visual Arts: Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. **2D** artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries are not accepted. Include one digital image of artwork with your submission. **3D** artwork submissions must contain 3 digital images of artwork at different angles. Image(s) are used for artwork identification, judging and exhibition purposes.

Special Artist: Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities. See Official Rules for details.



Entry Form

To be completed by PTA before distribution.

LOCAL PTA: Lexington Junior High LOCAL PTA: ID 00009077

LOCAL PROGRAM CHAIR: Ogechi Ozogu EMAIL: oge1512@hotmail.com PHONE: 818-585-5632

COUNCIL PTA: Cypress DISTRICT PTA: Fourth District REGION PTA _____ STATE PTA: California

MEMBER DUES PAID DATE: September, 2019 INSURANCE PAID DATE _____ BYLAWS APPROVAL DATE 10-09-2019

STUDENT NAME _____ GRADE _____ AGE _____ CLASSROOM _____

PARENT/GUARDIAN NAME _____ EMAIL _____ PHONE _____

MAILING ADDRESS _____ CITY _____ STATE _____ ZIP _____

Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant's irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions. I agree to the above statement and the National PTA Reflections Official Rules.

STUDENT SIGNATURE _____ PARENT/GUARDIAN SIGNATURE _____

GRADE DIVISION (Check One)

- PRIMARY (Pre-K-Grade 2)
- INTERMEDIATE (Grades 3-5)
- MIDDLE SCHOOL (Grades 6-8)
- HIGH SCHOOL (Grades 9-12)
- SPECIAL ARTIST (All Grades)

ARTS CATEGORY (Check One)

- DANCE CHOREOGRAPHY
- FILM PRODUCTION
- LITERATURE
- MUSIC COMPOSITION
- PHOTOGRAPHY
- VISUAL ARTS

TITLE OF WORK _____ DETAILS _____

If background music is used in **dance/film**, citation is required. Include word count for **literature**. List musician(s) or instrumentation for **music**. List dimensions for **photography/visual arts**.

ARTIST STATEMENT (In 10 to 100 words, describe your work and how it relates to the theme)

QUITTING

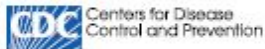
THIS IS QUITTING!

TEXT "DITCHJUUL" TO 887-09
TO STOP VAPING

PARENTS AND OTHER ADULTS:
TEXT "QUIT" TO (202) 899-7550
FOR HELP



Announcements and Information for Community and City



Smoking & Tobacco Use

Presentation for Youth

Know the Risks: A Youth Guide to E-cigarettes



[Presentation PPT](#) [2 MB]
[Information for Users PDF](#) [374 KB]
[Talking Points PDF](#) [3 MB]

CDC's Office on Smoking and Health (OSH) developed this presentation to educate youth on e-cigarettes, including the health risks, the factors that lead to e-cigarette use, and what youth can do to avoid all tobacco products, including e-cigarettes. This resource is intended for adults who educate or serve youth ages 11 – 18 (teachers, youth ministers, coaches, scout leaders, etc.). Utilizing the talking points and information for users document, the presenter does not require additional information, nor permission to deliver the presentation.

CDC expects that users of this slide set will adhere to the following standards:

1. Not modify the content contained within individual slides.
2. Not imply or state, either in written or oral form, that any slides added to this slide set from other sources reflect official CDC policies or positions.

By using this slide set you signify your understanding of the above-stated terms.

Related Materials



[Fact Sheet for Parents](#)
[PDF - 1 MB]



[Fact Sheet for Health Care Providers](#)
[PDF - 964 KB]



[Fact Sheet for Educators](#)
[PDF - 809 KB]

THE ORANGE COUNTY HERITAGE COUNCIL'S 8TH ANNUAL

RECEIVED

SEP 16 2019

ASSESSMENT & EVALUATION



YOUTH ART CONTEST 2020

APPROVED

SUBMITTAL DEADLINE: JAN 26, 2020

OK TO POST
SEP 24 2019

THEME: THE BLACK LEGACY CULTIVATED BY EXCELLENCE IN THE ARTS, ATHLETICS, ECONOMICS, EDUCATION, SERVICE, HEALTH & COMMUNITY.

Artwork will be on display at the
Orange County Black History Parade & Cultural Faire
And prizes awarded on stage
Saturday, February 01, 2020
Anaheim, California

- Open to all youth grades K-12
- Artwork must not exceed 36" x 36"
- (2d artwork only)
- Artwork must be ready to hang with name and grade level
- Artwork must be accompanied by a short written message

ARTWORK WILL BE JUDGED BY:
GRADE LEVEL
THEME REPRESENTATION
QUALITY OF WORK

 \$\$\$ Prizes Will Be Awarded

For further information please contact:

Wanda Reynolds 714-310-1053 or wandamreynolds@gmail.com

Applications are also available online at oc-hc.org

Note: All submissions shall be treated as being free of restrictions and limitations on their use, reproduction, and publication.

10114

APPROVED

RECEIVED

SEP 16 2019

ASSESSMENT & EVALUATION



OK TO POST
SEP 24 2019
Stepha Fley - Ed.D.

THE ANNUAL ORANGE COUNTY
BLACK HISTORY PARADE & CULTURAL FAIRE
205 W Center Street Promenade Anaheim, CA 92805

www.ocblackhistoryparade.org

@ocblackhistoryparade

Orangecounty Blackhistoryparade

SATURDAY

FEBRUARY 1st, 2020

PARADE: 9AM-12PM

Cultural Faire: 12pm - 4pm

VENDOR BOOTHS, FOOD BOOTHS

PRODUCT BOOTHS, YOUTH VILLAGE

HEALTH VILLAGE, COLLEGE FAIR

YOUTH ART DISPLAY



ORANGE COUNTY HERITAGE COUNCIL

www.oc-hc.org

AN OPPORTUNITY TO DONATE

Orange County Heritage Council

P.O BOX 29037 SANTA ANA, CA 92799

APPROVED 

CITIES OF CYPRESS AND LA PALMA RECREATION & COMMUNITY SERVICES

2019-20 TEEN EVENTS

FOR 13-18 YEAR OLDS

OPEN MIC SHOWCASE:

Saturday, September 21 @ 5:00pm
La Palma Central Park, 7821 Walker St.
FREE EVENT, Must Pre-register.



NEW!!! TEEN JOB WORKSHOP:

Thursday, October 10 from 5:00-7:00pm
La Palma Community Center, 7821 Walker St.
Job search tips, interview skills, and overall
professional development. Ages 15-18 years.
FREE EVENT, Must Pre-Register!



MARCH MADNESS

3 ON 3 BASKETBALL:

Friday, March 13 @ 6:00pm
La Palma Central Park,
7821 Walker St.
\$10 per team, Must Pre-Register.



TEEN FASHION SCENE:

Saturday, April 4 @ 6:00pm
Cypress Community Center,
5700 Orange Ave.
\$5 per ticket.

SKATE NIGHT:

Friday, May 1 @ 6:00pm
Veterans Park,
4554 Avenida Granada
Free!



FOR MORE INFORMATION:

CYPRESS (714) 229-6780 CYPRESSREC.ORG,
LA PALMA (714)690-3350 CITYOFLAPALMA.ORG

JOIN OUR 2019-2020 TEEN PROGRAM



the **CLUB**

BANDAI TEEN CENTER



\$50/month program fee
\$50 registration fee



Transportation available from multiple
Jr. High and High Schools for \$170/month
(Monthly program fee is waived if taking Club transportation)

- Career Development
- Leadership Opportunities
- Art & Dance Classes
- Homework Help
- Community Service
- College Exploration
- STEAM Clubs & Classes
- Fun After-Hours Events
- Field Trips



LOCATED AT
10161 MOODY STREET
CYPRESS, CA 90630

HOURS 2:00 - 6:30 pm

For More Information

CALL 714-527-2697

WEB www.bgccypress.org



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

DAILY SCHEDULE



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

- 2:45 - 3:30 Check-in / Free and Paid Snack, Games Room Open
- 3:30 - 3:40 Announcements
- 3:40 - 4:25 Power Hour Homework Help / Enrichment Activity
- 4:25 - 5:10 Group Activities & Clubs- Art, Sports, Dance
Leadership/Keystone Club, etc.
- 5:00 - 5:30 Social Hour - Video Games, Arts and Crafts,
Board Games, Karaoke, etc.
- 5:45 - 6:30 Movie



Additional rates apply for
holidays and school closure dates
(Spring Break, Winter Break, etc.)



the
CLUB
BANDAI TEEN CENTER

OPEN 7 00 AM - 6 30 PM

SCHOOL
YEAR
DATES

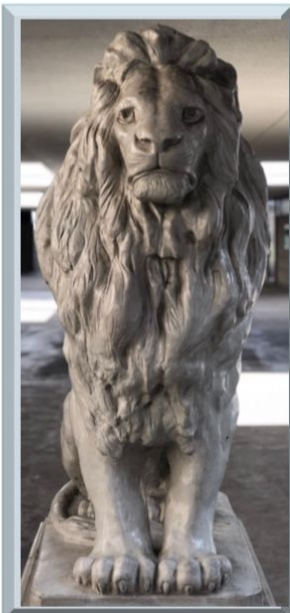
AUGUST 8, 2019 -
MAY 22, 2020



CLOSURE
DATES

9/2, 11/28, 11/29
12/24, 12/25, 12/31, 1/1/20
5/25 - 5/29/20

www.bgccypress.org



OUR SCHOOL VISION

At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.

Lexington Junior High School

4351 Orange Avenue
Cypress, CA 90630

Phone: 714-220-4201
Fax: 714-761-4989

Check us out

houston_a@auhsd.us
Like us on Facebook
Follow us on Instagram

Lexingtonjhs.org

