



Mrs. Houston's Monday Memo

Opportunities Are Out There

"Choose a job you love, and you will never have to work a day in your life."

—Confucius

WEEK EVENTS	MONDAY 30	TUESDAY 01	WEDNESDAY 02
	<p>WEAR YOUR COLLEGE SHIRTS!!!</p> <p>COLLEGE BINGO</p> <p>Come by the counseling office and pick up a college bingo card. During the week, get to know your teachers and staff by asking them questions about their college experiences. Return the completed college week bingo card to the counseling office by Friday for a prize.</p>	<p><i>At lunch, head to the quad:</i></p> <p>I AM GOING TO COLLEGE!</p> <p>Sign the Pledge!</p>	<p><i>Get Your picture taken:</i></p> <p>CAP AND GOWN PHOTO BOOTH</p> <p>IN THE QUAD AT LUNCH SELF AND BUDDY PICS!</p>
WEDNESDAY 02	THURSDAY 03	FRIDAY 04	NOTES
<p><i>AUHS 11th Annual</i></p> <p>COLLEGE AND CAREER FAIR</p> <p>ANAHEIM CONVENTION CENTER 5PM-8PM</p>	<p><i>Get your picture taken:</i></p> <p>CAP AND GOWN PHOTO BOOTH</p> <p>IN THE QUAD AT LUNCH SELF AND BUDDY PICS!</p>	<p><i>Head to counseling:</i></p> <p>BINGO CARD RETURN</p> <p>Any time during the day!</p>	

by Amber Houston on September 30, 2019

This week was a busy one---forgive me for the many pages ahead, but there are too many good things not to share! We start our official college week next week! There will be some fun activities for your students to do and get some prizes for exploring and pledging to be the best they can be! A huge thank you to our counselors who have helped in making this event so meaningful for our campus! They have also visited every history classroom delivering our first counseling guidance lessons!

THE ANAHEIM UNION HIGH SCHOOL DISTRICT PRESENTS

COLLEGE & CAREER Fair

WEDNESDAY
OCT 2 2019
5:00 PM - 8:00 PM
ANAHEIM CONVENTION CENTER

FREE ADMISSION & PARKING

THE LARGEST COLLEGE & CAREER Fair In CALIFORNIA!!

5:00 PM - 6:30 PM
FOCUSED ON ELEMENTARY (STUDENTS AND FAMILIES)

6:30 PM - 8:00 PM
FOCUSED ON JUNIOR HIGH & HIGH SCHOOL (STUDENTS AND FAMILIES)

UNLIMITED YOU
ANAHEIM UNION HIGH SCHOOL DISTRICT

More information available at www.auhsd.us

UNLIMITED YOU

ANAHEIM UNION HIGH SCHOOL DISTRICT

Learn more about the Anaheim Union Educational Pledge – a **commitment** to provide all students with an intentional comprehensive **support system** to **successfully complete** their college and career goals.

Schools who will attend include:

- Universities of California
- California State Universities
- Community Colleges, Private Colleges, Out of State Colleges
- Trade and Technical schools

For a complete list of colleges and universities that are attending, please scan the QR code.

FREE TRANSPORTATION SHUTTLE SCHEDULE

Shuttle Buses start at times shown below and run every 40 minutes.

LOCATION	FIRST PICK-UP TIME
Cypress HS circle drive	4:45 P.M.
Kennedy HS parking lot	4:45 P.M.
Ponderosa Park	5:00 P.M.
Savanna HS circle drive	5:00 P.M.
Western HS front parking lot	5:00 P.M.
Katella HS parking lot	5:15 P.M.
Loara HS circle drive	5:15 P.M.
Magnolia HS circle drive	5:15 P.M.
Anaheim HS parking lot	5:30 P.M.

Last bus will leave the Convention Center at 8:15 pm.

Visit www.auhsd.us for more information

FOOD & DRINKS WILL BE AVAILABLE FOR PURCHASE



COLLEGE GUIDANCE LESSON



**DAY 20:
#BeKind21**

**WRITE A KIND
MESSAGE
ON A STICKY
NOTE AND
GIVE IT TO
A PEER**

COFFEE WITH THE PRINCIPAL BEING SUCCESSFUL IN JUNIOR HIGH



**OCTOBER 1, 2019
9:00 AM - 10:00 AM
LEXINGTON JR. HIGH SCHOOL**

Join us for a presentation by our counselors at our October Coffee with the Principal. The counselors will be reviewing the following:

- 7th and 8th grade guidance lessons
- LEXpectations
- High school/ A-G/ College acceptance rates
- Anaheim Pledge
- College and Career Fair

Boys and Girls Club of Cypress will also do a short presentation on their current programs and events. Keystone and Torchleadership are programs in particular that have a lot of opportunities for College/Career Preparedness and Community Service!

CAFÉ CON LA DIRECTORA EXITO EN LA SECUNDARIA



**1 DE OCTUBRE DE 2019
9:00 AM - 10:00 AM
LEXINGTON JR. HIGH SCHOOL**

Únase a nosotros para una presentación con nuestros consejeros. Los consejeros hablaran sobre:

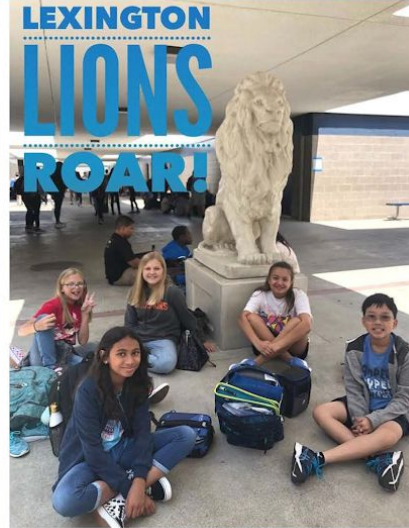
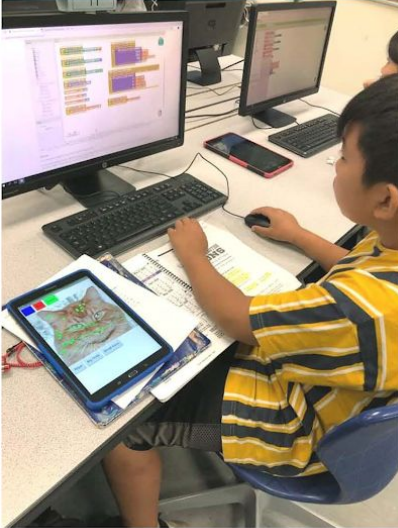
- Lecciones de orientación de 7º y 8º grado
- LEXpectaciones
- Tasas de aceptación de escuela secundaria / A-G / universidad
- Promesa de Anaheim
- Feria de universidades y carreras

Boys and Girls Club of Cypress también hará una breve presentación sobre sus programas y eventos actuales. ¡Keystone y Torchleadership son programas en particular que tienen muchas oportunidades para la preparación universitaria y profesional y el servicio comunitario!

교장 선생님과 커피를!

(Coffee with the Principal)

중학교에서 성공하기



2019년 10월 1일, 화요일

오전 9시 ~ 10시

렉싱턴 중학교 도서관

10월 “교장 선생님과 커피를!” 시간에 우리 학교 카운슬러가 진행하는 설명회에 참석하세요. 카운슬러는 다음과 같은 주제를 다루게 될 것입니다.

- 7학년과 8학년 지도 강습
- 렉싱턴 중학교가 추구하는 기대치 (LEXpectations)
- 고등학교/A~G/대학 진학률
- 애나하임 연합 교육 서약 (Anaheim Pledge)
- 대학과 직업 박람회

사이프러스 시의 “Boys and Girls Club”에서 자체 프로그램과 행사에 대한 간략한 소개도 있습니다. 특별히 “Keystone and Torch Leadership” 프로그램은 대학/직업 준비와 지역사회 자원봉사를 위한 많은 기회를 제공합니다.



LEXINGTON HOMEWORK CLUB



Need help with homework, we are here for you!

**Monday-Thursday
2:30 PM - 3:30 PM
Lexington Library**

**Monday- Ms. Salazar
Tuesday- Ms. Mai
Wednesday- Mr. McIver
Thursday- Ms. Estanislao**

**New teachers every quarter.
Location subject to change, teachers may use their classroom.**



**\$10
per
member**



It's not too late to join PTSA!

Your tax-deductible PTSA membership directly supports our students and school programs such as Fit-A-Thon, Student Dances, Disaster Preparedness, Student Welfare, Student Honor Roll, Family Events, Reflections Art Program, Book Fair, Teacher Appreciation and so much more!

- PTSA is open to EVERYONE - parents, teachers, students, family and community members
- Supporting PTSA **does not** commit you to volunteering
- Membership perks include exclusive discounts and savings at area merchants

3 Simple Ways to Become a Member:

Scan the QR Code:



On-line: <https://jointotem.com/ca/cypress/lexington-jr-high-ptsa>

***An additional processing fee applies for on-line memberships*

Fill Out & Return this Form to the Office:

PLEASE **PRINT** ALL INFORMATION:

1st Member: _____

You are a (circle one): Parent Student Family/Relative Staff Member Community Member

Student Name: _____ Student Grade: _____

E-mail: _____ Phone #: _____

2nd Member: _____

You are a (circle one): Parent Student Family/Relative Staff Member Community Member

Student Name: _____ Student Grade: _____

E-mail: _____ Phone #: _____

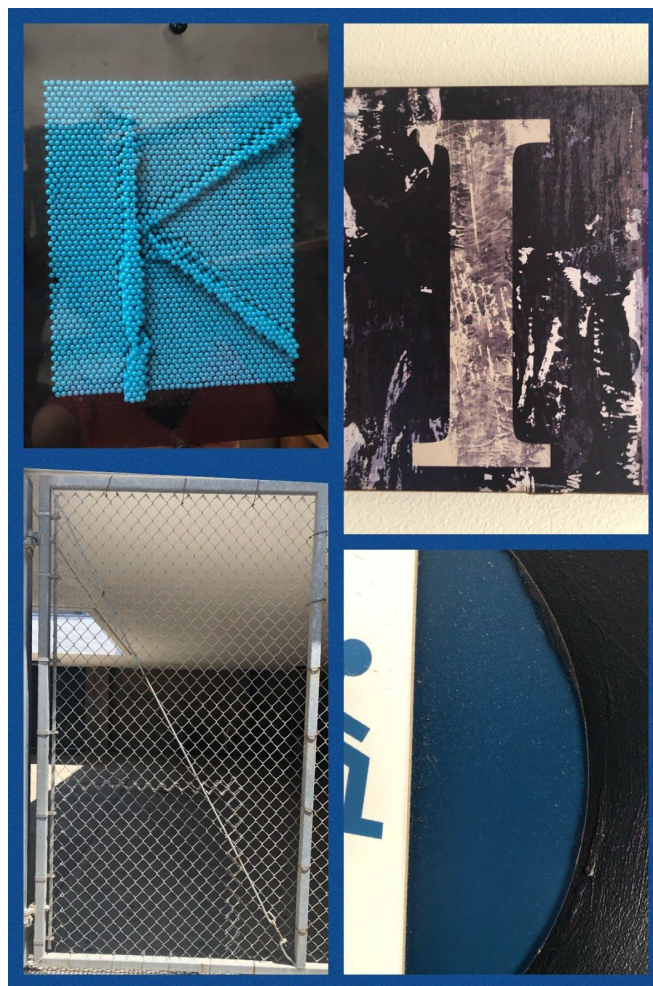
Please show your support of PTSA by signing up in one of these 3 ways!
Dues are **only \$10.00 per person** (cash or checks payable to **Lexington PTSA**)

Questions? Please contact:

Olivia Oshiro - 1st VP Membership - olivia.lexingtonlions@gmail.com - 213.247.1806

Upcoming Student Activities & Reminders

- Homework Club, Monday-Thursday weekly 2:30-3:30pm in Library.
- 9/30: Velocity Show Choir auditions for all current choir members. After school in room 101. See Mrs. Batinga for more info.
- 9/30-10/4: Exchange program from China AND College Week 9/30-10/4.
- 9/30: Lion Paw Awards-Invite only in MPR Lunch.
- 10/1: Sports after school-Home And Coffee Chat at 9am in Library.
- 10/1: Best Dance Crew 2:30-3:30pm Room 101 (Every Tuesday thereafter)
- 10/2: Sports Championship Games-Home AND College&Career Fair at 5-8pm Anaheim Convention Center.
- 10/4: Minimum Day dismissal at 12:15pm-END OF QUARTER.
- Parents-the website email links are NOT working. Please manually type in emails if need be. I will notify you when they have been fixed. Apologies!



The Main Office Team chose KIND as their focus word of the year!

THIS WEEK'S TOP STORIES

Perfect Attendance

Families---you are rock stars! We had over 900 students receive perfect attendance since the start of school. As you know attendance is so important and valuable to student learning and success. So much is taught in each school day and when your student is not here they are sorely missed by our Lexington Family! Congratulations to our Perfect Attendance students and to their families that get them here and model how important just showing up is!



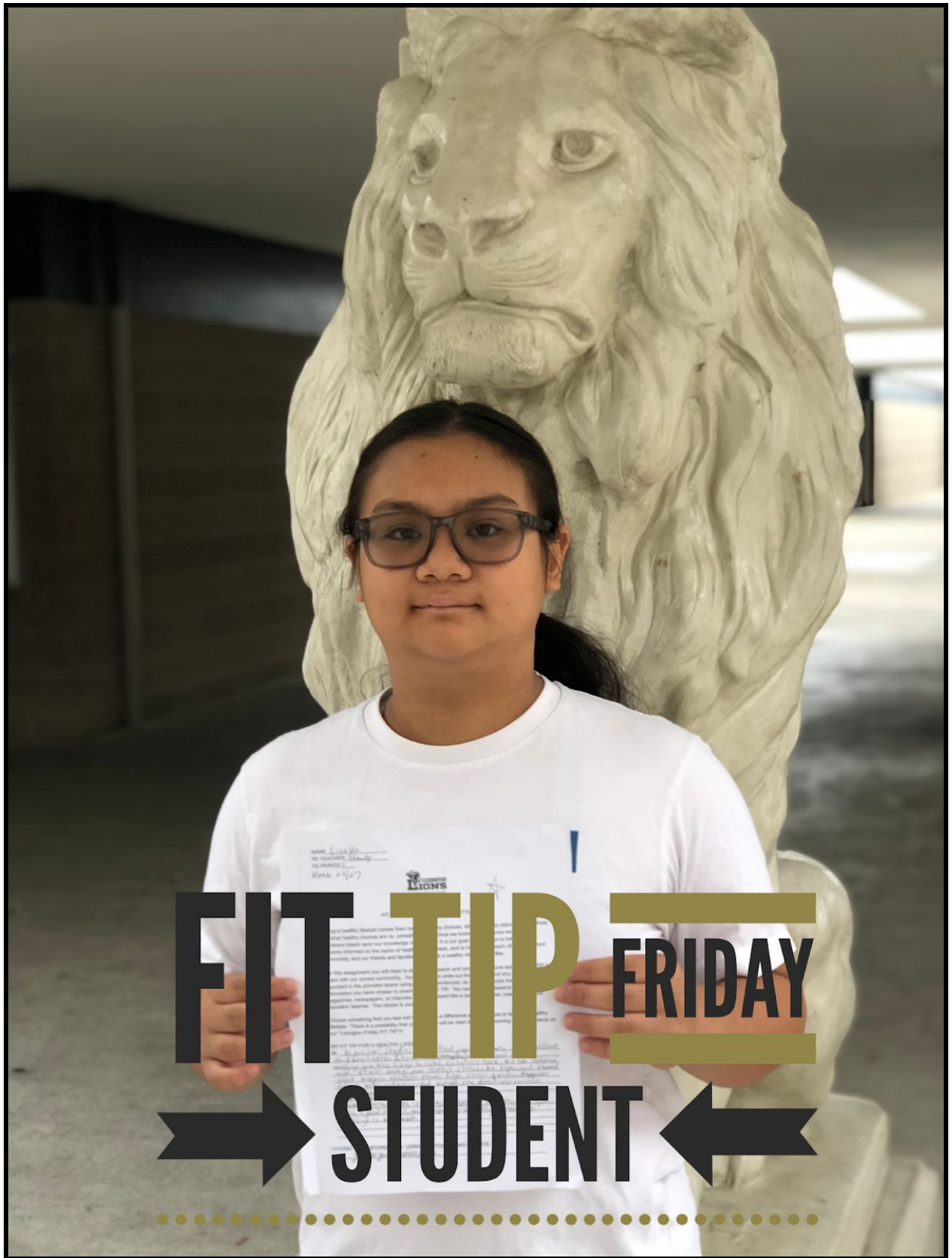
Fall Sports and PE

A huge shout out to all the Fall Sports coaches and students! We have been having fun out there on the courts and fields! Congratulations to all our teams that had victories over South and Dale junior high schools this week! Our intramural tournaments against our fellow AUHSD junior high schools will continue next week with some home games!. Goodluck and I can't wait to see you all out there bringing home the gold to the PRIDE. Schedules are posted on our website...also check in on social media for up to date info!









FIT TIP FRIDAY

STUDENT



Band Gets Real

Mr. Graves and his band have been preparing for some pretty big events this week! On Friday night they played with the high school band at the Varsity Football Game. On Saturday night, they went the baseball route and performed at Angel Stadium at the Anaheim Angels Baseball Game. Lexington and the city of Cypress have a wonderful comprehensive music department that truly prepares them for any type of career in band for the future! Congrats!



*Band prepping
for Varsity
Football game*





Band at Angels Game



Choir and Dance

Choir is preparing for Show Choir auditions and their 2019-2020 performance set. I will let them make the debut---but I have secret info and it is amazing!!! Get excited and stay tuned! Also under the creative spirit of Mrs. Batinga, our dance crew is also on its way to getting things going. This week they will be choosing tshirts and routines. VAPA is in full swing!

SHOWCHOIR



DANCECREW

#BeKind21

I would like to highlight this kind young gentleman: Xavier Ybarra. He really took to heart our kindness challenge for the day last week—help a peer by carrying their “load”—here you can see him carrying backpacks for peers on their way to class. I love that our students are trying some new things that promote a positive school culture!

The second picture is of some students introducing themselves to each other after I read the kindness challenge of the day: Step out of your comfort zone and make a new friend! I love it! Seems easy, but how often do we see the same people every day and not go through the effort of getting to know them!

@ladygaga @btwfoundation #lexingtonlions





Home Economics

Home Ec was bus this week cooking up some delicious calzones! Under the leadership of Mrs. Harpst, she is the master chef in her kitchen! These students were so pumped that they stayed in at lunch to continue cooking! And boy was there a handsome reward of hot, yummy and fulfilling calzones!





fall is in
the air

ASB Gets Spooky

Folks if you students have been asking for money for Halloween Haunt---well, it is because ASB is selling discounted tickets at lunch time. See dates and prices in picture below. We do not have school on Friday, October 7---so that Thursday night ticket is well worth it since your student does not have to get up the next morning.



Social Science

Constitution Day is September 16 and to celebrate this day Lexington was able to host the OC Constitutional Rights Foundation in Ms. Larsen's history classes. Lawyers from the foundation came and led lesson discussion on several Supreme Court Cases that deal with teens and the First Amendment. Students enjoyed seeing how our court system works through real-life examples that were brought to the Supreme Court by kids just like them.



Saturday Academy

Mrs. Estanislao hosted our Saturday Academy last weekend. It centered around KINDNESS. They painted kindness rocks---keep your eyes open for these hidden gems to bring smiles. They also made blankets for people in need and got in a little exercise in the gym. Ms. Cummings had a large group of kids participating at Cypress College in our CyberSecurity program. Thank you teachers for working Saturdays to enrich our students! Our next Saturday Academy is on October 12 and will be a dance session and possibly a study hall style tutoring session.



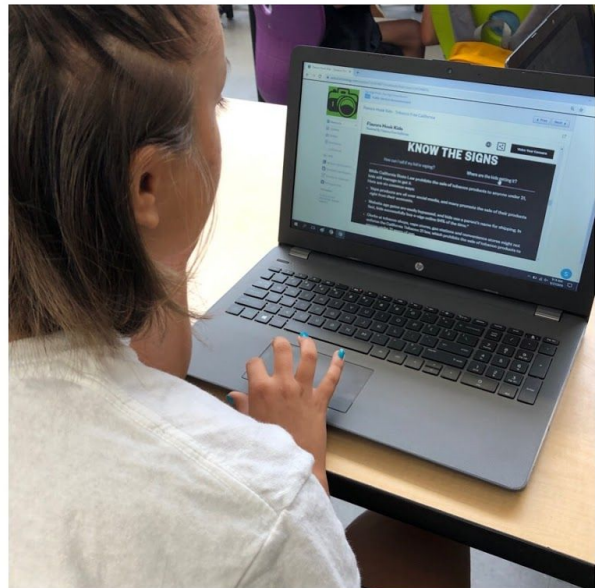


good
VIBES
ONLY



Photo

In Photo, students are making PSA's about the health risks of smoking and vaping. They looked at how photos are used in print PSA's, then did research on the dangers of tobacco abuse, storyboarded their photos, and then took the pictures. These PSA's will be printed and displayed on campus for Red Ribbon Week!





ELA 8

In Mr. Davis and Ms. Cooley's Book Club Classes---Students were sharing their "Where I'm From" poems they wrote, pretending to be a character in the book they had read this month. Most importantly, eighth graders were talking with seventh graders about the books they are both reading and expressing JOY (the English Department focus word for the year!). Additionally, many students discovered new books to put on their "To Read List".

In other ELA 8 classes--they are reading the memoir of Anne Frank. Using UCI pathways Cognitive Strategies, they have been getting inside the heads of the real characters and writers and essentially walking in their shoes. These strategies not only are content area standards and skills, but also teaching real life ideas like empathy and compassion. I loved listening to the students in Ms. Diaz class use academic language in dialogues with each other. She is explicitly teaching not only theme and characterization, but also the soft skills like proper and academic language appropriate for the classroom.







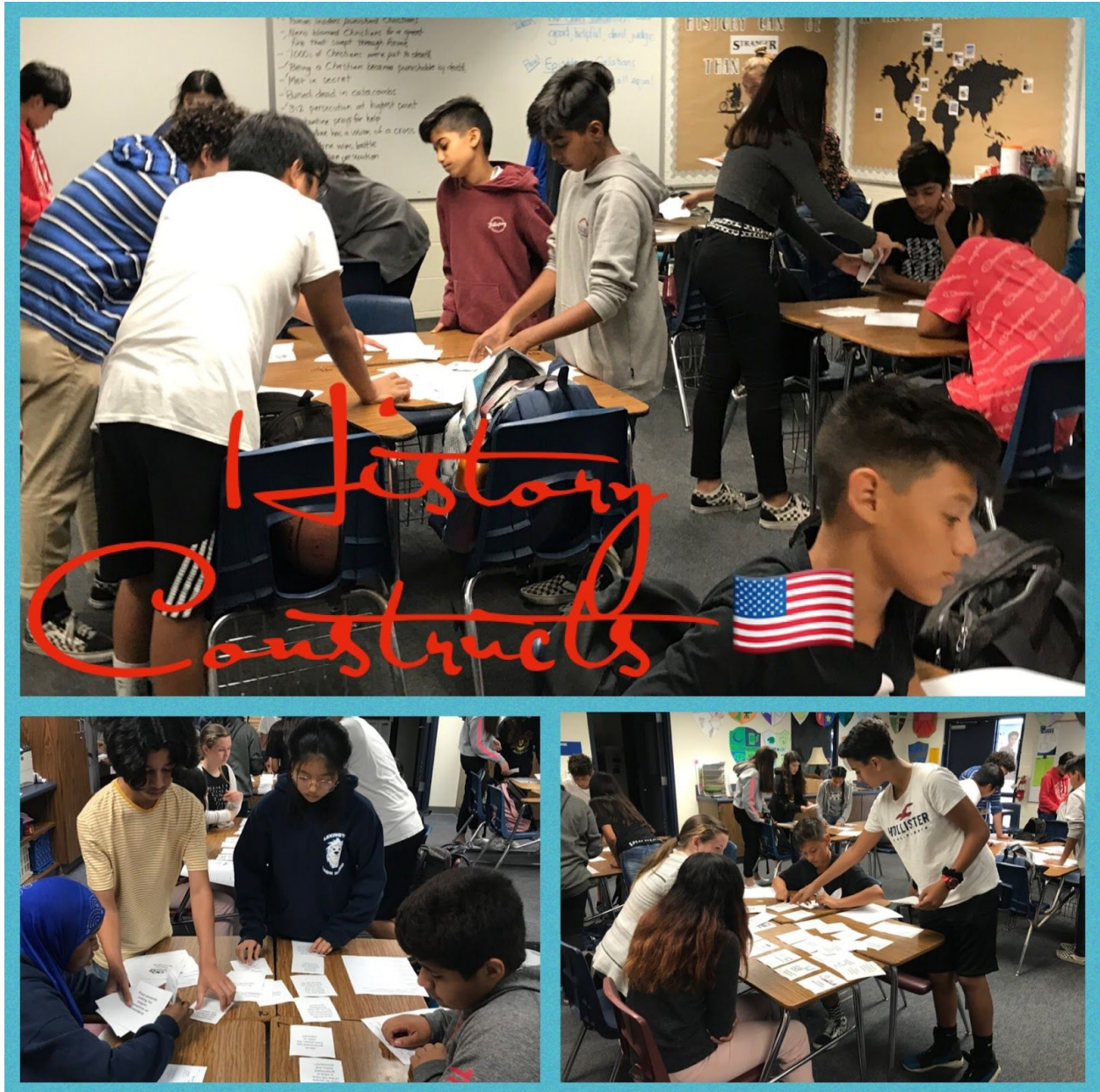


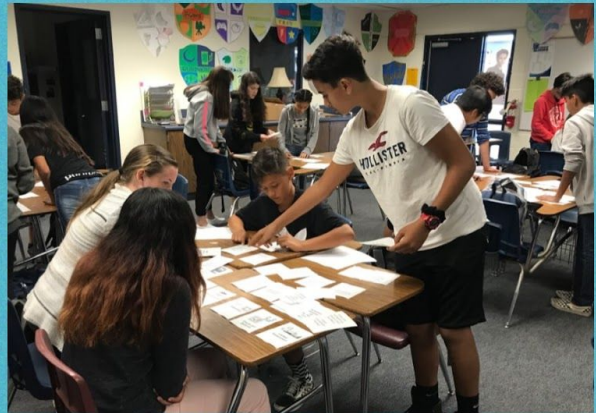
Ms Diaz
English 8



History Gets Constructive

Mrs. Wilson and Mrs. Rieger's classes have been busy working to organize examples of the 7 Principles of the Constitution of the United States. And Wilson's 7th graders got to use 3-D glasses to take some multidimensional notes on the Fall of the Roman Empire. Don't you love how our teachers make stuff fun for the kids while at the same time soaking up all this historical information!





Did You Know

Our AUHSD family and Lexington specifically have a strong international exchange program. This past week we were visited by 25 principals and their Superintendent. I love that education and putting students first transcends over oceans and countries. They loved Mr. Pfeiffer and Mr. Dorosky---who gave a fun presentation and tour of our school. Next week we will have 35 students from China that will be partnered up with our Lexington students. Such a rewarding experience for all! It makes the world a little bit smaller yet opens our hearts bigger!



Announcements and Information for School and District



LEXINGTON HOMEWORK CLUB



Need help with homework, we are here for you!

Monday-Thursday

2:30 PM - 3:30 PM

Lexington Library

Monday- Ms. Salazar

Tuesday- Ms. Mai

Wednesday- Mr. McIver

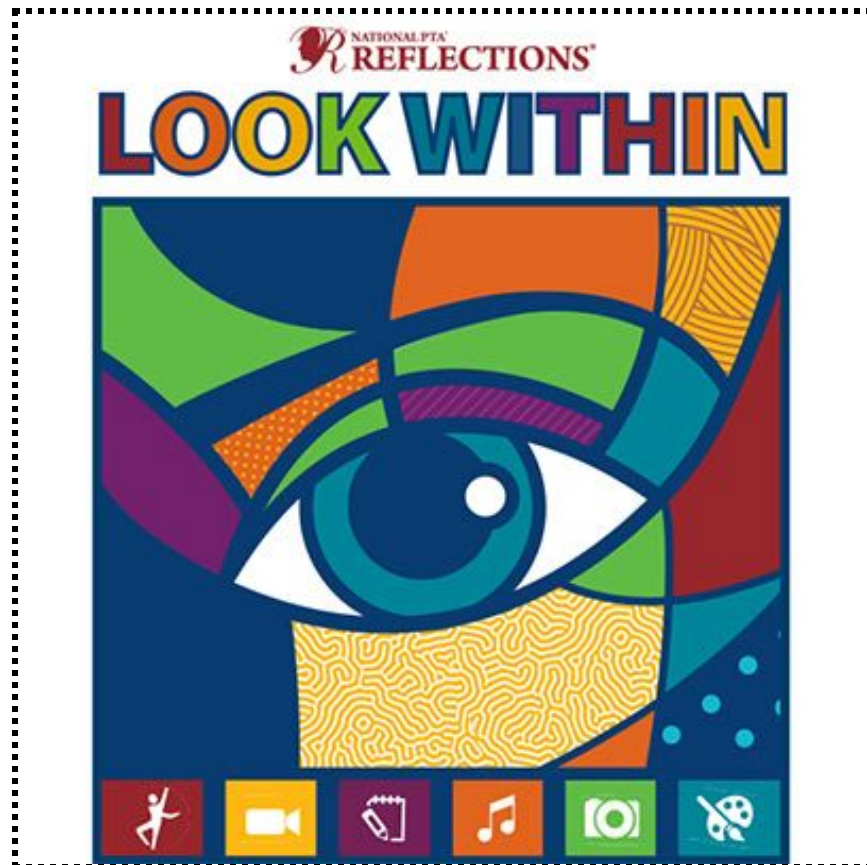
Thursday- Ms. Estanislao


New teachers every quarter.

Location subject to change, teachers may use their classroom.

PTSA Reflections

PTSA's annual Reflections Contest has begun! Come to the main office to grab information and details! This is a great way to express yourself creatively in all areas of the arts. Dance, Film, Literature, Music, Photography and Visual Arts! The deadline for submission is Friday October 11th.





LEXINGTON
DANCE CREW



Tuesday



MPR 2:30-3:30

OPEN TO ALL Lexington Students

THIS TUESDAY: Discussion of
PERFORMANCES & TSHIRT

TIGER WOODS LEARNING LAB

We are currently registering students for our Fall 2 session which is from **November 4 – December 12**. This will be a 5-week session and classes will be either on Mondays and Wednesdays or Tuesdays and Thursdays. Attached is the Fall 2 application. You can also access it from our website using this link: <http://bit.ly/TGRLLFall2App19>. Deadline for Fall 2 application is **October 25, 2019**.

We will be offering a new class during this session: *STEM & Photography*. This class was piloted in our summer program and it was a huge hit with the students. We also revised our *College Bound* class and renamed it, *Exploring Higher Education*. We are now offering this class to students in grades 10-12. In this class, students will explore the different options that are available to them after high school graduation, and help them understand the benefits of higher education.

I am excited to announce that we have new staff member, Tarica Jackson, who will be our Student Support Manager and will be overseeing all of our recruitment efforts. If you are interested in having her come out for staff/parent meetings, lunchtime tables or classroom presentations, please email her attjackson@tgrfoundation.org.



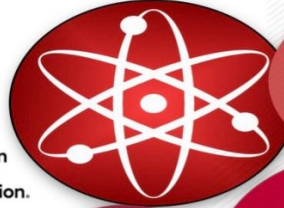
American Heart Association.



STEM Goes Red™



American Heart Association.



STEM is our future, and as a science-based health organization, STEM is at the heart of who the American Heart Association is, and what we do.

STEM Goes Red is intended to inspire an extraordinary group of local junior high girls to explore STEM outside the classroom while learning how to take charge of their health and well-being.

Join us for an inspiring, day-long event. Students will gain first-hand experiences, connect with inspiring leaders, and walk away knowing they can make an impact through a career in STEM.

STEM Goes Red program will offer

- Mentoring
- Breakout sessions
- Lunch and Keynote speaker
- Panel discussion with inspiring STEM women
- Fun team competition
- Inspiration

**Friday
November 1, 2019**

Time:
8:00am – 2:00pm

**Discovery Cube
Orange County**
2500 N. Main St
Santa Ana, CA 92705

Sponsored by:



EDWARDS
LIFESCIENCES
FOUNDATION

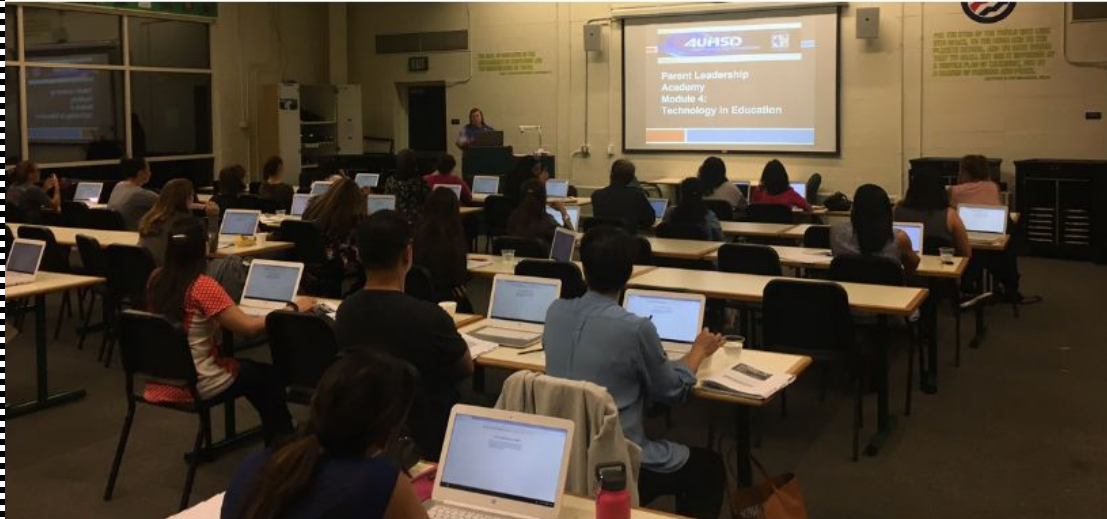
Medtronic

Cigna, CoreLogic, KPMG, Knobbe Marten,
Latham & Watkins

RSVP

by
October 11, 2019
Sheila.Blackery@
heart.org

AUHSD PARENT LEADERSHIP ACADEMY



The Parent Leadership Academy is a series of 7 modules created by AUHSD to empower parents and help them participate in activities to enhance their student's achievement!

TOPICS COVERED

- *The Importance of Parent Involvement*
- *Current State of US Education System*
- *Supporting Learning at Home*
- *Technology in Education*
- *High School Graduation*
- *A-G Requirements*
- *4 Systems of Higher Education*
- *The importance of GPA*
- *College Tuition*
- *Financial Aid*

DATES: 9/23, 9/30, 10/14, 10/21, 10/28, 11/4

TIME: 6:00 PM - 8:00 PM

LOCATION: Lexington Jr. High Library

RSVP

<https://tinyurl.com/LexCypPLA>

Questions?

Contact Mr. Barba at barba_j@auhsd.us

Lexington Jr. High
4351 Orange Ave.
Cypress, CA 90630



Mindfulness and Stress Management for English and Spanish-speaking Parents

LEARN TO:

- Reduce parenting stress
- Regulate your emotions
- Mindfully communicate with your children

WHERE:

**AUHSD District Office
501 N. Crescent Way
Anaheim, CA 9280**



WHEN:

**4-day workshop
6:00 PM—7:30 PM
•October 14
•October 21
•October 28
•November 4**

TO REGISTER, CONTACT:

**Jonathan Barba
Family and Community Engagement Specialist
E: barba_j@auhsd.us P: 714-220-4154**

BOOK DRIVE

October 7 – 25

Help PTSA



by donating a new or used Children's Picture book(s) in the bins located outside the front office.

All books collected will be distributed to Centralia Elementary School District Kindergarten Students.



Casa Youth Shelter's 17th Annual

10-12-2019

Youth Leadership Conference

Resiliency

Register now at casayouthshelter.org/conference

who Free for middle- and high-schoolers

what Dynamic keynote speaker • Workshops to choose from
Community service hours • Lunch and opportunity drawings

where Cypress High School • 9801 Valley View St., Cypress, CA 90630

when October 12, 2019 • 9am-3pm (8am check-in)

Come and experience a day of self-discovery, friendship, cultural exchange, leadership building, inspiration, and service. Attend a series of intensive workshops designed to educate and empower future leaders.



Casa Youth Shelter

FACEBOOK CASAYOUTHHELTER INSTAGRAM @CASAYOUTHHELTER TWITTER @CYS_TWEEETS WEB CASAYOUTHHELTER.ORG





COFFEE WITH THE PRINCIPAL

9:00 AM - 10:00 AM

Library

*August 13th - Welcome to Lexington
September 3rd- Aeries 101
October 1st- Being Successful in Jr. High
November 5th- Mental Health
February 4th- AUHSD Educational Pledge
April 7th- State Testing
May 5th- Cypress HS Admin Visit

* Meeting will be in MPR





LEXINGTON JR. HIGH SCHOOL

2019-2020

FAMILY ENGAGEMENT OPPORTUNITIES

BACK TO SCHOOL NIGHT

August 21

COFFEE WITH THE PRINCIPAL

An opportunity to meet with the principal and learn about several topics related to your student.

August 13

September 3

October 1

November 5

February 4

April 7

May 5

All meetings in Library at 9:00 AM

ENGLISH LEARNER ADVISORY COMMITTEE

Parents of English Learners are encouraged to attend these joint meetings with Cypress High School and Lexington Jr. High to better understand and support the need of their students.

TBD

SCHOOL SITE COUNCIL

Provide your input to a group of nominated teachers, parents, classified employees, and students that work with the principal to develop, review and evaluate school improvement programs and school budgets.

September 24

November 12

March 17

All meetings in Library at 3:00 PM

OPEN HOUSE

April 1

PARENT LEARNING WALK

Learn how you can help your student at home by visiting 6-8 classrooms to better understand the skills, tasks, and expectations students must meet and demonstrate. Space is limited and only parents who register are able to participate.

TBD

LUNCH WITH A LION

Bring your student lunch and enjoy a great meal with them on the athletic field. Our ASB will be playing music, selling snacks and hosting fun games for you to join!

September 10

January 16

May 14

PARENT LEADERSHIP ACADEMY

Help your student prepare for academic success by learning more about the importance of family engagement, high school graduation requirements, financial aid and much more!

TBD

Dates and times of events are subject to change.

For the most updated information, refer to the school website or the Monday Memo.

LEXINGTON JR. HIGH SCHOOL
4351 Orange Ave. Cypress, CA 90630
714-220-4201

The Power of Family Engagement

What is Family Engagement?

When families take an active interest in their child's learning, students display a more positive attitude toward school. Children learn best when their parents play a variety of roles in their learning:

- ◆ Helping at home
- ◆ Volunteering at school
- ◆ Planning their child's future
- ◆ Participating in key decision making

Middle and high school students whose families remain involved make a better transition and are more successful.



Many educational studies show that when parents & families are involved, students tend to:

- ◆ Achieve more regardless of ethnic and/or racial background, socioeconomic status, or parent education level.
- ◆ Achieve better grades, test scores, and attendance
- ◆ Consistently complete homework
- ◆ Have better self-esteem, are more self-disciplined, and show higher aspirations and motivation towards school
- ◆ More likely to graduate and go onto higher education

How Can YOU Become Involved?

1. Provide Support and leadership through active engagement in your child's education.
2. Work collaboratively with your school's administration, teachers and your Family & Community Engagement Specialist to learn about all aspects of the school's structure and share this information with other parents.
3. Remember that together everyone achieves more. Continue to support your child's learning at home by working with their teacher's to help them develop good homework and study habits.
4. Talk with your child's teachers and school principal to learn about opportunities to get involved in your school's advisory councils as a method to make your talents, skills, and availability to assist known.



Family & Community Engagement Specialist (FaCES)

In an effort to make sure that we engage all of our student's families and increase their success on their campus, our Family & Community Engagement Specialist (*FaCES*) is here to help!

Your *FaCES* at Cypress High School can assist you with:

- ◆ Referral to Community Resources
- ◆ Various Parent Trainings
- ◆ English/Spanish Interpretation Assistance
- ◆ Online Aeries Support
- ◆ Information and Engagement Opportunities within existing advisory committees like:
 - ◆ Local Control & Accountability Plan (LCAP)
 - ◆ English Language Advisory Committee (ELAC)
 - ◆ District English Language Advisory Committee (DELAC)
- ◆ Registration Assistance



Jonathan Barba
Family & Community Engagement Specialist (FaCES)

Lexington Jr. High School
4351 Orange Ave., Cypress, CA 90630

Phone: 714-220-4201 ext. 44952
Email: Barba_J@auhsd.us

References:

1. <https://www.ptoday.com/pto-today-articles/article/399-involvement-matters-what-to-tell-parents>
2. <http://www.auhsd.us/district/index.php/parents/parent-involvement/parent-involvement-overview>



CYPRESS HIGH SCHOOL FOOTBALL

FREE ADMISSION TO HOME GAMES

Lexington Jr. High students will receive free admission to all Cypress High School regular season home football games. Must present a 2019-2020 Lexington Jr. High student ID.

2019 HOME GAMES



* GAME STARTS AT 7:00 PM AT HANDEL STADIUM
** GAME STARTS AT 7:00 PM AT GLOVER STADIUM
^ HOMECOMING GAME





BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

WHAT CAN YOU DO?

COMMUNITY SERVICE

Volunteers allow us to improve the quality of our programming and provide our members with additional mentoring opportunities. Volunteers have the opportunity to assist staff members, help with special events, and contribute their unique talents and interests to specialized programming and clubs. Volunteer for an hour or for an entire day, everything helps.

- Homework completion
- Sports and fitness activities
- Community service projects
- Arts and crafts
- Gain leadership and work skills!



Wednesdays 4-5PM

Keystone: the Ultimate Teen Program! Leadership, Service, and Community. Community service, College Tours, and more! Ages 14+

TEEN Cuisine

Thursdays 4-5PM

Sponsored by Kiwanis Recipe for Success Cooking Club. Learn how to cook easy but delicious, nutritious recipes!



Mondays 4-5PM

Leadership, Fitness, Service, and Education Planning monthly fundraisers, and assisting with Special Events!

TEEN sports

Fridays 4:25-5:05PM

Learn fundamentals of sports such as Basketball, Volleyball, Soccer, Kickball, Dodgeball, and Ping Pong. New sports featured each month!

FILM CRITIQUE

Tuesdays 5:05-6:30PM

This informal Film Critique Club is a discussion outlet covering topics viewed in thought-provoking films and shorts. Drop in any week!

FIELD TRIPS & EVENTS

Fridays are walking Pokemon Go Field Trips, and alternating every other month a College or Event Field Trip! Call for more info.



Official Rules

By submitting an artwork to the “National PTA Reflections Program,” entrants accept and agree to be bound by the official rules for participation as well as the entry requirements for their specific arts category and division. Additional state program requirements may apply. Any violation of these rules may, at PTA’s discretion, result in disqualification. All decisions of the reviewers regarding this program are final and binding in all respects. (The “PTA” referred to in these rules include all PTAs reviewing the submission).

- 1. ELIGIBILITY.** Students must participate through a local PTA/PTSA. Each student’s eligibility is determined by the state and local PTA/PTSA. A student may develop an entry inside or outside of school.
- 2. ARTS CATEGORIES.** There are six arts categories—dance choreography, film production, literature, music composition, photography and visual arts. Students may enter the National PTA Reflections Program in one or more arts categories. See each arts category rules for additional entry requirements.
- 3. GRADE DIVISIONS.** Students may enter in the appropriate division for their grade (Primary: Preschool-Grade 2; Intermediate: Grades 3-5; Middle School: Grades 6-8; High School: Grades 9-12; Special Artist: All grades welcome).

The **Special Artist Division** welcomes students from all grades and abilities and offers non-artistic accommodations (e.g. adaptive technology; transcribing; holding a camera) for students to participate fully in PTA Reflections. Assistants must refrain from being involved in the artistic process (e.g. developing an artist statement, choreography, music lyrics, storyboards, etc.) Student recognition and awards are announced as part of the Special Artist Division.
- 4. HOW TO ENTER.** Entrants must submit their artwork and student entry form to their local PTA/PTSA program according to local and state PTA procedures. Entrants must follow requirements and instructions specific to each arts category and division. Contact local PTA programs for deadlines and additional information.
- 5. ENTRY REQUIREMENTS.** (All participants must also follow arts category and if applicable, Special Artist Division rules)
 - Only new pieces of artwork inspired by the current year’s theme may be submitted.
 - Each entry must be the original work of one student only. An adult may not alter the creative integrity of a student’s work. Because the program is designed to encourage and recognize each student’s individual creativity, help from an adult or collaboration with other students is not allowed except in the Special Artist Division. Other individuals may appear in or perform a student’s work, but the work itself must be the creative product of one student only. Only one student may be recognized as the award recipient for each entry. *See the specific arts category rules and special artist division rules for details.*
 - Each entry must contain a title and all entries must include an artist statement. The artist statement communicates what inspired the work, how it relates to the theme, and the content of the work. The statement must include at least 10 words and not exceed 100 words.
 - Use of copyrighted material is prohibited, except for background music in dance choreography and film production entries. If used in dance choreography and film production entries, background music must be cited on the entry form. Plagiarized entries will be disqualified. Use of PowerPoint templates are prohibited.
- 6. FINALIST SELECTION AND NOTIFICATION.** Entries are reviewed at local, regional, state and national levels. Each PTA determines its own reviewers for the program. Entries will be reviewed primarily on how well the student uses their artistic vision to portray the theme, their originality and creativity. The National PTA Reflections® program makes no restrictions on content or subject matter in artwork. Under no condition may parents or students contact a reviewer to dispute the status/score of any entry. Each PTA in its sole discretion will select finalists for exhibition and provide awards/prizes. Awards are announced per local and state procedures. National awards and events are announced May 1, 2020 at PTA.org/Reflections.
- 7. OWNERSHIP AND LICENSE.** Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant’s irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions.
- 8. PARTICIPATING ENTITIES.** This program is administered by the National Parent Teacher Association (PTA) and PTA affiliates. Parent groups not affiliated with National PTA are not eligible to sponsor this program.



How To Enter

Use the arts to share your personal *Reflections* on this year's theme: **Look Within**

Submissions are due to **<INSERT TEACHER NAME AND ROOM NUMBER>** by **<INSERT DEADLINE>**.

Experienced artists will review your work for interpretation of theme, creativity and technique. We look forward to celebrating your artistry and achievement in the arts! Save the date for this year's Reflections Celebration **<INSERT DATE OF ARTS SHOWCASE & AWARDS CELEBRATION>**

Dance Choreography: Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Film Production: Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Literature: Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. **Writing** must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 1/2x11" paper, PDF file.

Music Composition: All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **Audio** file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC. **Notation** (score/tablature) in PDF format is only required for middle and high school divisions.

Photography: Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. **Print** image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. **Digital** image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, GIF, PNG.

Visual Arts: Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. **2D** artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries are not accepted. Include one digital image of artwork with your submission. **3D** artwork submissions must contain 3 digital images of artwork at different angles. Image(s) are used for artwork identification, judging and exhibition purposes.

Special Artist: Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities. See Official Rules for details.



Entry Form

To be completed by PTA before distribution.

LOCAL PTA: Lexington Junior High LOCAL PTA: ID 00009077

LOCAL PROGRAM CHAIR: Ogechi Ozogu EMAIL: oge1512@hotmail.com PHONE: 818-585-5632

COUNCIL PTA: Cypress DISTRICT PTA: Fourth District REGION PTA _____ STATE PTA: California

MEMBER DUES PAID DATE: September, 2019 INSURANCE PAID DATE _____ BYLAWS APPROVAL DATE 10-09-2019

STUDENT NAME _____ GRADE _____ AGE _____ CLASSROOM _____

PARENT/GUARDIAN NAME _____ EMAIL _____ PHONE _____

MAILING ADDRESS _____ CITY _____ STATE _____ ZIP _____

Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant's irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions. I agree to the above statement and the National PTA Reflections Official Rules.

STUDENT SIGNATURE _____ PARENT/GUARDIAN SIGNATURE _____

GRADE DIVISION (Check One)

- PRIMARY (Pre-K-Grade 2)
- INTERMEDIATE (Grades 3-5)
- MIDDLE SCHOOL (Grades 6-8)
- HIGH SCHOOL (Grades 9-12)
- SPECIAL ARTIST (All Grades)

ARTS CATEGORY (Check One)

- DANCE CHOREOGRAPHY
- FILM PRODUCTION
- LITERATURE
- MUSIC COMPOSITION
- PHOTOGRAPHY
- VISUAL ARTS

TITLE OF WORK _____ DETAILS _____

If background music is used in **dance/film**, citation is required. Include word count for **literature**. List musician(s) or instrumentation for **music**. List dimensions for **photography/visual arts**.

ARTIST STATEMENT (In 10 to 100 words, describe your work and how it relates to the theme)

QUITTING

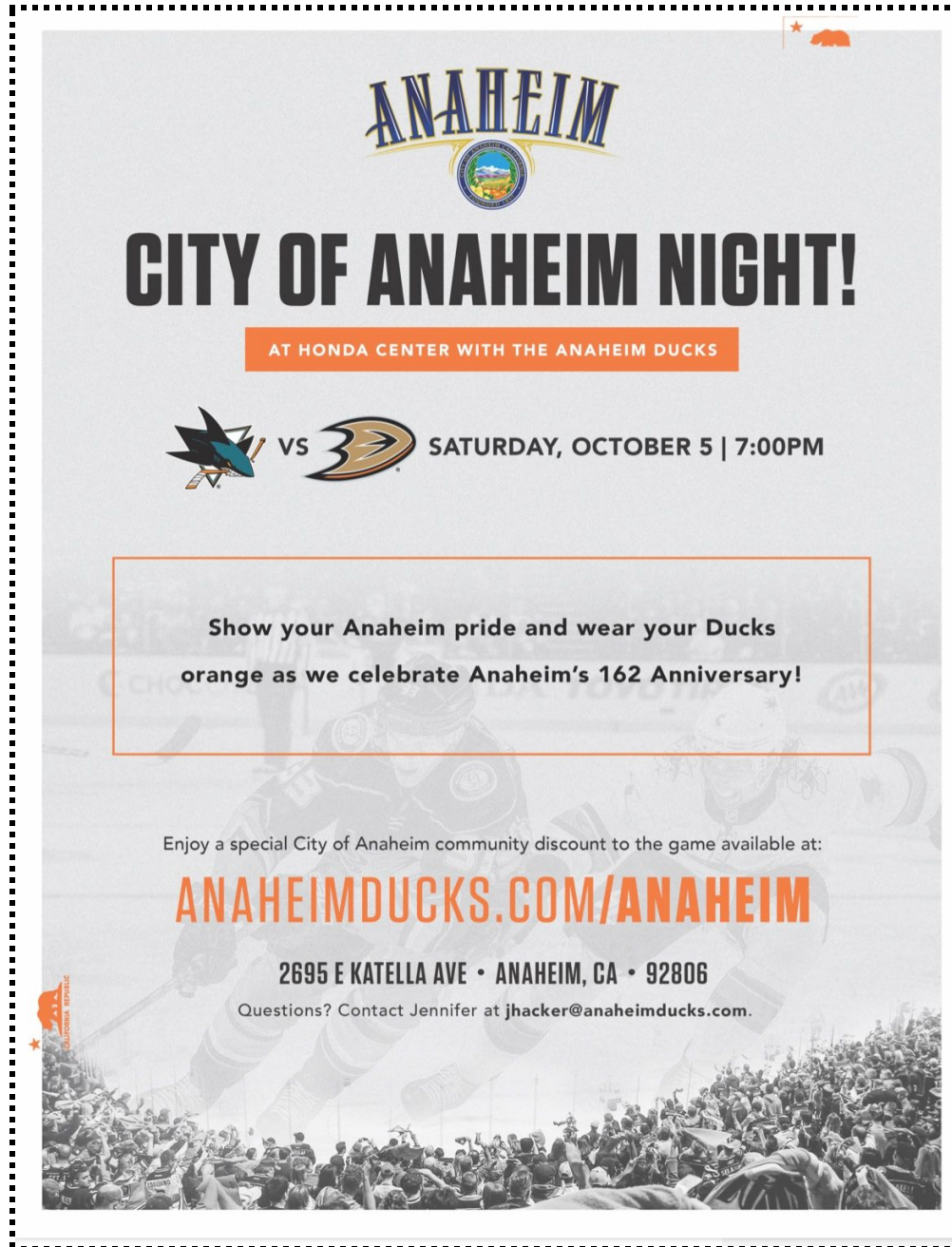
THIS IS QUITTING!

TEXT "DITCHJUUL" TO 887-09
TO STOP VAPING

PARENTS AND OTHER ADULTS:
TEXT "QUIT" TO (202) 899-7550
FOR HELP



Announcements and Information for Community and City



The poster features a background image of a hockey game in progress, with players in action on the ice. The Anaheim Ducks logo is prominently displayed in the center, with the word "ANAHEIM" in a stylized blue font above it. The event title "CITY OF ANAHEIM NIGHT!" is written in large, bold, black letters. Below the title, an orange banner contains the text "AT HONDA CENTER WITH THE ANAHEIM DUCKS". The matchup "VANCOUVER VS ANAHEIM" is shown with the respective team logos, followed by the date and time "SATURDAY, OCTOBER 5 | 7:00PM". A central orange-bordered box contains the text "Show your Anaheim pride and wear your Ducks orange as we celebrate Anaheim's 162 Anniversary!". At the bottom, the website "ANAHEIMDUCKS.COM/ANAHEIM" is listed in orange, along with the address "2695 E KATELLA AVE • ANAHEIM, CA • 92806" and contact information "Questions? Contact Jennifer at jhacker@anaheimducks.com". Small logos for the City of Anaheim and the Anaheim Ducks are visible in the corners.

ANAHEIM

CITY OF ANAHEIM NIGHT!

AT HONDA CENTER WITH THE ANAHEIM DUCKS

VANCOUVER VS ANAHEIM SATURDAY, OCTOBER 5 | 7:00PM

Show your Anaheim pride and wear your Ducks orange as we celebrate Anaheim's 162 Anniversary!

Enjoy a special City of Anaheim community discount to the game available at:

ANAHEIMDUCKS.COM/ANAHEIM

2695 E KATELLA AVE • ANAHEIM, CA • 92806

Questions? Contact Jennifer at jhacker@anaheimducks.com.

Smoking & Tobacco Use

Presentation for Youth

Know the Risks: A Youth Guide to E-cigarettes



[Presentation PPT](#) [2 MB]

[Information for Users PDF](#) [374 KB]

[Talking Points PDF](#) [3 MB]

CDC's Office on Smoking and Health (OSH) developed this presentation to educate youth on e-cigarettes, including the health risks, the factors that lead to e-cigarette use, and what youth can do to avoid all tobacco products, including e-cigarettes. This resource is intended for adults who educate or serve youth ages 11 – 18 (teachers, youth ministers, coaches, scout leaders, etc.). Utilizing the talking points and information for users document, the presenter does not require additional information, nor permission to deliver the presentation.

CDC expects that users of this slide set will adhere to the following standards:

1. Not modify the content contained within individual slides.
2. Not imply or state, either in written or oral form, that any slides added to this slide set from other sources reflect official CDC policies or positions.

By using this slide set you signify your understanding of the above-stated terms.

Related Materials



[Fact Sheet for Parents](#)
[PDF - 1 MB]



[Fact Sheet for Health Care
Providers](#)
[PDF - 964 KB]



[Fact Sheet for Educators](#)
[PDF - 809 KB]

THE ORANGE COUNTY HERITAGE COUNCIL'S 8TH ANNUAL

RECEIVED

SEP 16 2019

ASSESSMENT & EVALUATION



ORANGE COUNTY
HERITAGE COUNCIL

YOUTH ART CONTEST 2020

APPROVED

SUBMITTAL DEADLINE: JAN 26, 2020

OK TO POST
SEP 24 2019

THEME: THE BLACK LEGACY CULTIVATED BY EXCELLENCE IN THE ARTS, ATHLETICS, ECONOMICS, EDUCATION, SERVICE, HEALTH & COMMUNITY.

Artwork will be on display at the

Orange County Black History Parade & Cultural Faire

And prizes awarded on stage

Saturday, February 01, 2020

Anaheim, California

- Open to all youth grades K-12
- Artwork must not exceed 36" x 36"
- (2d artwork only)
- Artwork must be ready to hang with name and grade level
- Artwork must be accompanied by a short written message

ARTWORK WILL BE JUDGED BY:
GRADE LEVEL
THEME REPRESENTATION
QUALITY OF WORK

\$\$\$ Prizes Will Be Awarded

For further information please contact:

Wanda Reynolds 714-310-1053 or wandamreynolds@gmail.com

Applications are also available online at oc-hc.org

Note: All submissions shall be treated as being free of restrictions and limitations on their use, reproduction, and publication.

10114

APPROVED

RECEIVED

SEP 16 2019

ASSESSMENT & EVALUATION



OK TO POST
 SEP 24 2019
Stepha Fley - Ed.D.

THE ANNUAL ORANGE COUNTY
 BLACK HISTORY PARADE & CULTURAL FAIRE
 205 W Center Street Promenade Anaheim, CA 92805

www.ocblackhistoryparade.org

@ocblackhistoryparade

Orangecounty Blackhistoryparade

SATURDAY

FEBRUARY 1st, 2020

PARADE: 9AM-12PM

Cultural Faire: 12pm - 4pm

VENDOR BOOTHS, FOOD BOOTHS

PRODUCT BOOTHS, YOUTH VILLAGE

HEALTH VILLAGE, COLLEGE FAIR

YOUTH ART DISPLAY



ORANGE COUNTY HERITAGE COUNCIL

www.oc-hc.org

AN OPPORTUNITY TO DONATE

Orange County Heritage Council

P.O BOX 29037 SANTA ANA, CA 92799



APPROVED

CITIES OF LA PALMA AND CYPRESS
RECREATION AND COMMUNITY SERVICES

PRESENT

Stephen Kelly, Ed.D.

OK TO POST

AUG 12 2019

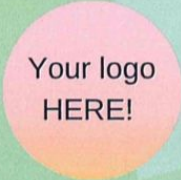


TEEN JOB WORKSHOP

TEENS AGES 15-18 ARE WELCOME!
EXPECT TO LEARN TIPS AND TRICKS TO EFFECTIVE JOB SEARCH,
INTERVIEW, AND OVER-ALL PROFESSIONAL DEVELOPMENT!
YOU MIGHT EVEN LAND A PART-TIME JOB!

FREE EVENT
When: October 10, 2019
Time: 5:00 PM - 7:00 PM
Where: La Palma Community Center
7821 Walker Street
***Must Pre-Register by October 8, 2019**

Meet our event Sponsors:



To register for this event, sign-up at either/or:
www.cityoflapalma.org - Class #9267
www.cypressca.org - Class #9267

APPROVED



CITIES OF CYPRESS AND LA PALMA RECREATION & COMMUNITY SERVICES

2019-20 TEEN EVENTS

FOR 13-18 YEAR OLDS

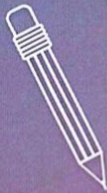
OPEN MIC SHOWCASE:

Saturday, September 21 @ 5:00pm
La Palma Central Park, 7821 Walker St.
FREE EVENT, Must Pre-register.



NEW!!! TEEN JOB WORKSHOP:

Thursday, October 10 from 5:00-7:00pm
La Palma Community Center, 7821 Walker St.
Job search tips, interview skills, and overall professional development. Ages 15-18 years.
FREE EVENT, Must Pre-Register!



MARCH MADNESS

3 ON 3 BASKETBALL:

Friday, March 13 @ 6:00pm
La Palma Central Park,
7821 Walker St.
\$10 per team, Must Pre-Register.



TEEN FASHION SCENE:

Saturday, April 4 @ 6:00pm
Cypress Community Center,
5700 Orange Ave.
\$5 per ticket.

SKATE NIGHT:

Friday, May 1 @ 6:00pm
Veterans Park,
4554 Avenida Granada
Free!



FOR MORE INFORMATION:

CYPRESS (714) 229-6780 CYPRESSREC.ORG,
LA PALMA (714) 690-3350 CITYOFLAPALMA.ORG

JOIN OUR 2019-2020 TEEN PROGRAM



the **CLUB**

BANDAI TEEN CENTER



\$50/month program fee
\$50 registration fee



Transportation available from multiple
Jr. High and High Schools for \$170/month
(Monthly program fee is waived if taking Club transportation)

- Career Development
- Leadership Opportunities
- Art & Dance Classes
- Homework Help
- Community Service
- College Exploration
- STEAM Clubs & Classes
- Fun After-Hours Events
- Field Trips



LOCATED AT
10161 MOODY STREET
CYPRESS, CA 90630

HOURS 2:00 - 6:30 pm

For More Information

CALL 714-527-2697

WEB www.bgccypress.org



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

DAILY SCHEDULE



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

- 2:45 - 3:30 Check-in / Free and Paid Snack, Games Room Open
- 3:30 - 3:40 Announcements
- 3:40 - 4:25 Power Hour Homework Help / Enrichment Activity
- 4:25 - 5:10 Group Activities & Clubs- Art, Sports, Dance
Leadership/Keystone Club, etc.
- 5:00 - 5:30 Social Hour - Video Games, Arts and Crafts,
Board Games, Karaoke, etc.
- 5:45 - 6:30 Movie



Additional rates apply for
holidays and school closure dates
(Spring Break, Winter Break, etc.)



the
CLUB
BANDAI TEEN CENTER

OPEN 7 00 AM - 6 30 PM

SCHOOL
YEAR
DATES

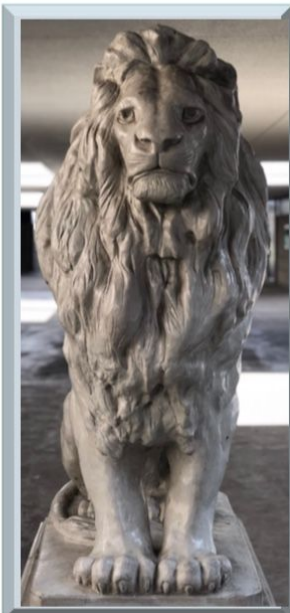
AUGUST 8, 2019 -
MAY 22, 2020



CLOSURE
DATES

9/2, 11/28, 11/29
12/24, 12/25, 12/31, 1/1/20
5/25 - 5/29/20

www.bgccypress.org



OUR SCHOOL VISION

At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.

Lexington Junior High School

4351 Orange Avenue
Cypress, CA 90630

Phone: 714-220-4201
Fax: 714-761-4989

Check us out

houston_a@auhsd.us
Like us on Facebook
Follow us on Instagram

Lexingtonjhs.org

