



Mrs. Houston's Monday Memo

.....

Servant Leadership

"In the wired world of the twenty-first century, advancing shared values creates value.

—Serve to Lead





by [Amber Houston](#) on September 9, 2019

In the spirit of #BeKind21, Mr. Cornelius and his ASB students came in on Saturday to beautify our campus. As you know, Lexington has committed to Born This Way Foundation's 2nd annual #BeKind21 Challenge! Inspired by the idea that habits are formed by repeating an activity for 21 consecutive days, the challenge calls on participants to practice an act of kindness each day from September 1st to September 21st. Lexington will continue to participate: September 3-24th. On Monday we will commit to: Day 5 Practice meditation or reflection for 10 minutes. What a fruitful Saturday Academy!

Be Kind.

21

BORN THIS WAY/
FOUNDATION

for middle schools
brought to you by:

1. Send a thank you note (or text!) to 3 people you appreciate
2. Share your favorite song or poem to bring someone joy
3. Write down three things you like about yourself
4. Volunteer opportunity in your community (with an adult's help!)
5. Practice meditating or reflection for 10 minutes
6. Offer to help carry someone's books or bag to their next class
7. Call a friend or family member you haven't spoken to in a while
8. Share a meal with someone who forgot to bring their lunch
9. Offer to listen to a friend who might be having a hard time
10. Treat yourself - do an activity that helps you relax
11. Take a screen break and get outside
12. Offer helping your teacher set up or clean up a lesson
13. Waiting in line? Invite the person behind you to go first
14. Get creative - draw, dance, sing, or do something that brings joy
15. Tell your favorite teacher why they're awesome
16. Start a gratitude journal
17. Decorate a lunch bag for Kids Food Basket
18. Do a chore for someone without being asked
19. Talk to a classmate you don't know and make a new friend
20. Write kind message on a sticky note and give it to a peer
21. Give yourself a big hug and tell yourself how awesome you are

for being kind for 21 days - then keep it going!



Just be kind. The act itself,
it's free. And it's priceless.



- Lady Gaga

SPREAD

THE

KINDNESS

Join the
Lexington
commitment
to the 21-
day kindness
challenge



Lexington Families!

With much consideration, we have decided to put our annual FunRun Fundraiser on hold for this year. We are carefully revisioning our efforts and looking forward to reintroducing our fundraiser next school year. Please note the cancellation of both the assembly on 9/20 and Fun Run on 9/27.

As always, Lexington staff and students are beyond humbled for the unwavering support that this community has provided since the grass root efforts of this event began over 15 years ago.

A million times over, thank you!

Upcoming Student Activities & Reminders

- Homework Club, Monday-Thursday weekly 2:30-3:30pm in Library.
- 9/17: Best Dance Crew 2:30-3:30pm Room 101 (Every Tuesday thereafter)
- 9/16: Magnolia HS CyberPatriot Recruitment, Period 7 in Room 307
- 9/21: Saturday Academy 8-12noon
- 9/23: Athletics at South JHS
- 9/25: Athletics at Dale JHS

Upcoming Parent information & Events

- The spirit store is open until midnight on Monday September 9th!! Time to order you shirts, sweatshirts, hats and much more!! Orders will be available for pick up in October. We will send a follow up email with when and where to pick up the items. The link is <https://lexington365.itemorder.com/sale> Any questions contact Christen Jackson at twogirlsmommy86@aol.com
- 9/17: DELAC Meeting @District Office
- 9/24: School Site Council

***Reminders: Parents we have had tons of dress code issues. Please refer to the student handbook: No leggings permitted, and no pants, shorts, skirts, holes in pants that are shorter than the bottom of the finger-tips when arms hanging at one's side. All bottoms must also be pulled up at waistline. We appreciate your support! See pics for more help!



The Counseling department chose SUPPORT as their focus word of the year!

THIS WEEK'S TOP STORIES

History Gets Real

This past weekend, Lexington families attended the annual Huntington Beach Civil War Reenactment at Huntington Beach Central Park. There, students and their families were able to witness significant Civil War battles, watch how medical procedures were carried out at that time, and see demonstrations of blacksmithing, among other activities. Students enjoyed the hands-on, interactive exhibits that featured many Civil War artifacts such as muskets, rifles, and medical tools. They even had a chance to get an up-close view of cannons that were used during the war. Many attendees were even fortunate enough to listen to President Abraham Lincoln deliver his famous Gettysburg Address. Some even spoke directly with him or the infamous General Ulysses S. Grant.

Despite the extreme heat that day, we enjoyed a great day of learning and had fun experiencing living history. Enjoy these photos that capture all the fun we had this weekend, and stay tuned for information on the upcoming American Revolution Reenactment.

Some Quotes received from Parents:

“Thank you so much for offering this extra credit assignment. We had a great time and we are now looking forward to attending another one.” Becky Lunn

“These are pictures of artifacts that Whit really likes!” Whitney King

“It was a very pleasurable outing. Thank you!” Jennifer Robinson

“Thank you for suggesting this place. It was not just educational but entertaining too. All the marching of soldiers, guns, cannons and smell of gunpowder was a great experience.” Vishal Mehta

“It was a hot day but we really enjoyed it. Thank you for the opportunity.” Ann Wormac

“Thank you for encouraging our students to attend these events.” Linda Dankers





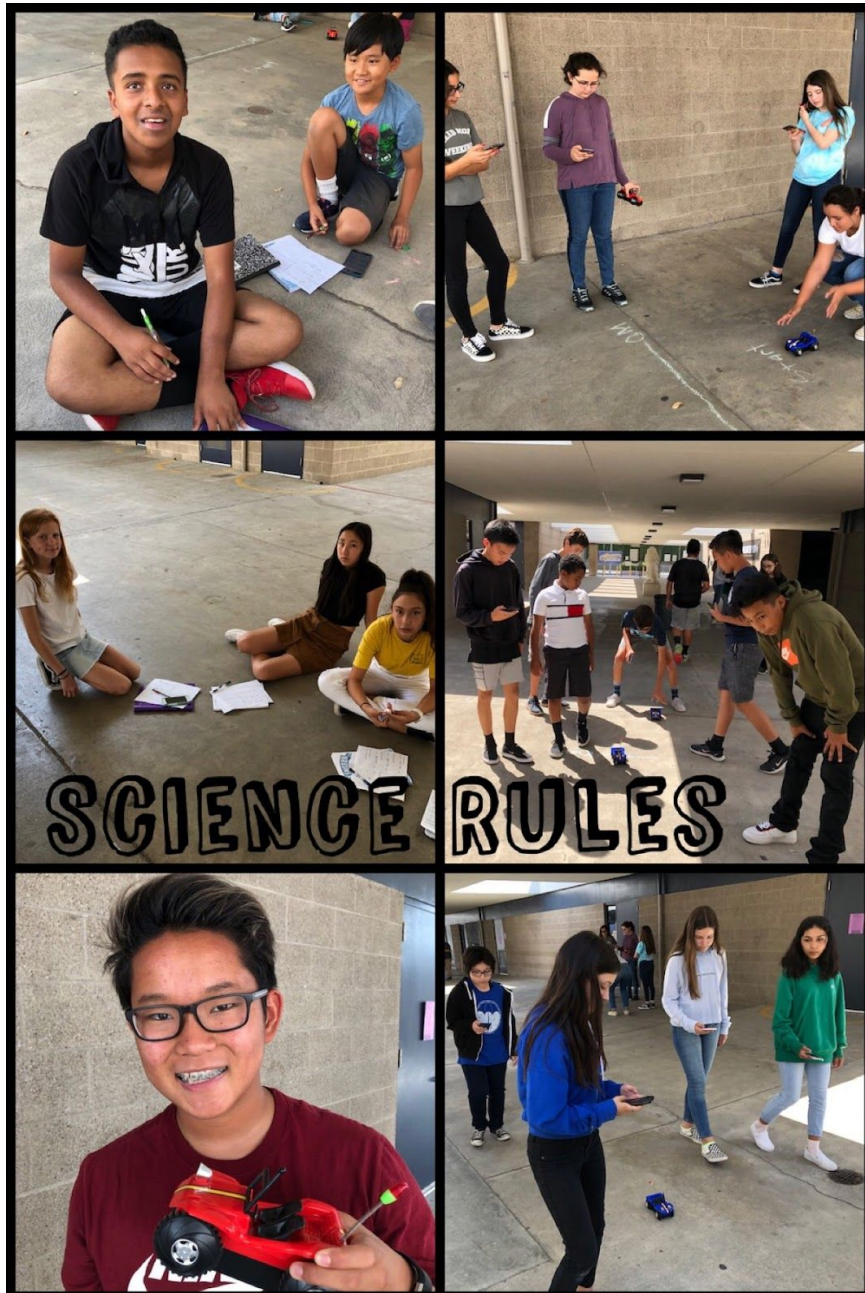
Art Gets New Teacher

We are happy to announce that we got a new credentialed art teacher filling in! She is a former AUHSD art teacher with decades of experience and oozes creativity. Please welcome Thea Campbell! She already got the kids working on some units of study and is so excited to be here at the PRIDE! They are working on 2D and 3D dimensional sketches.

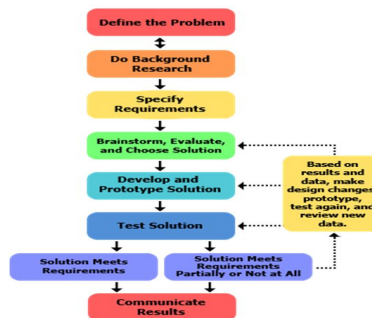
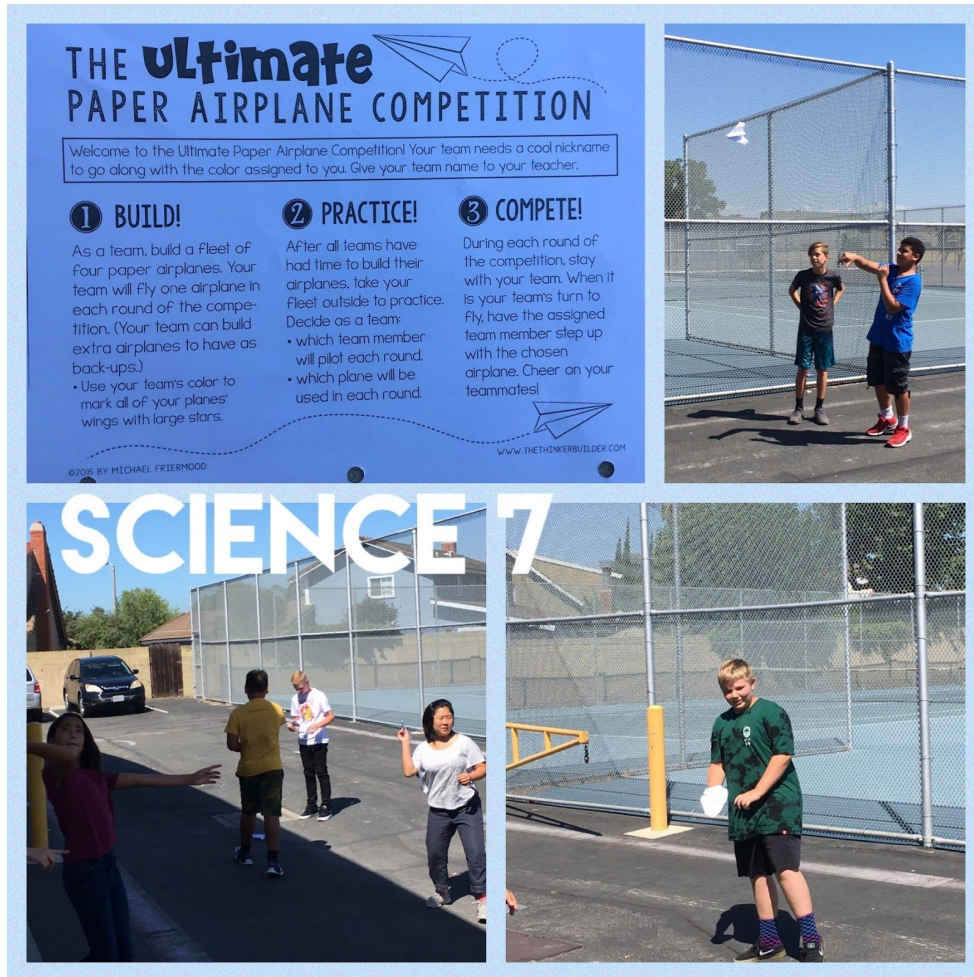


Science Rules

The 8th grade students completed the Speed of a Toy Car Lab today. The speed of any object can be calculated if we know the distance traveled and the time traveled using the formula... $s=d/t$. The problem they were trying to solve was "Does the toy car maintain a constant speed after it reaches an average speed with no acceleration?" The students conducted 3 trials to answer the problem. They created a data table and then a bar graph to show their data. The mantra for my class is that science should be FUN! It certainly looked like they had fun but also learned quite a bit. Labs are a great way for students to learn as it adds kinesthetic or hands-on learning which really excites our students!



In 7th grade science we are having a paper airplane competition. Using the Engineering Design Process, students in teams of 4 are first creating several prototypes of paper airplane designs and testing which design works best for their specific challenge. Each group member is responsible for a different challenge. The challenges are Target, Accuracy, Hang-Time and Distance. Next week teams will be competing against each other in the challenges earning points based on how they finish. The team with the most points in the 4 challenges wins!!! Below is an image of the Engineering Design Process.



#BeKind21

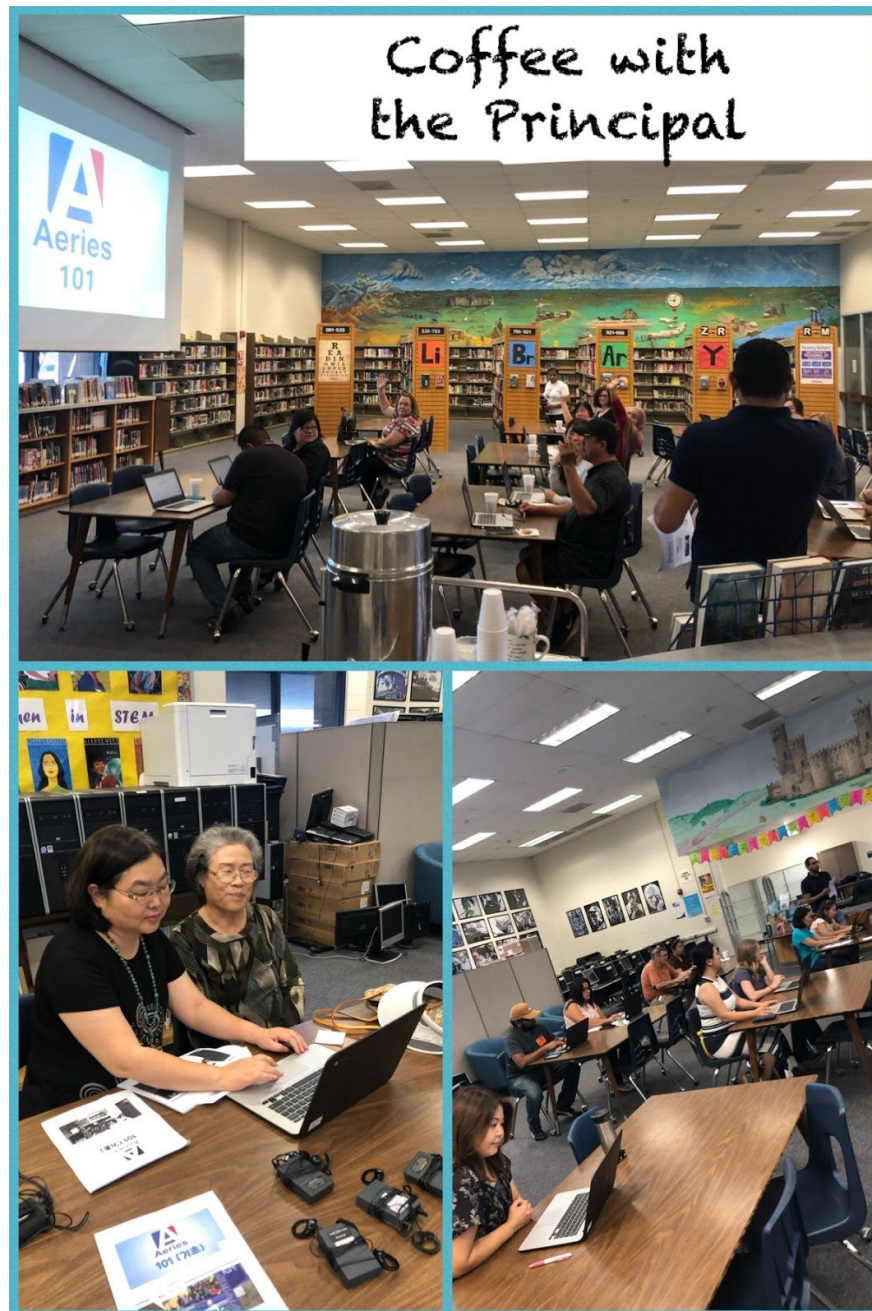
We had our first 4 days of our Kindness Campaign this week. It was very cool to see the kids exercising kindness that after 21 days should be a habit! Lexington prides itself on being a place where everyone belongs. Follow us on Instagram and Facebook for daily announcements on the kindness challenge for the day and pictures of your kids in action! Born This Way Foundation 2nd annual #BeKind21 Challenge invites young people, families, teachers, and every community member to build habits that foster kindness and promote the strength and wellness of their communities. Inspired by the idea that habits are formed by repeating an activity for 21 consecutive days, the challenge calls on participants to practice an act of kindness each day from September 1st to September 21st. Lexington will participate on September 3-24th.

Everyone who takes the pledge, and shares at least once about the Challenge on social media with the hashtag #BeKind21, will be entered to win a pair of tickets to an upcoming Lady Gaga show and other fun prizes! @ladygaga @btwfoundation #lexingtonlions



Coffee with the Principal

We got connected this week with our FaCES, Family and Community Engagement Specialist. Jonathan Barba is a great resource for all parents to keep up to date on all that Lexington AUHSD, and Cypress has for our families. He is our office every Monday and at Cypress HS the rest. He can help you ANY day of the week! barba_j@auhsd.us. This Coffee Chat he helped our parents with Aeries, Schoology, and other ways to stay connected with our school.



Late Start Tuesdays for Staff

Did you ever wonder why you get to sleep in late on Tuesdays....well, it is because teachers get to plan and attend workshops on teaching strategies and building culture and morale! This week we had a visit from OC Bridges introducing a new program for your students and our Lesson Design Coach, Mr. Perales, showing us some cool ways to introduce and hook our students into a lesson!



STAFF
PROFESSIONAL
DEVELOPMENT



OC Bridges and Human Relations

Oc Bridges is now an active partnership here at Lexington! We are excited to announce this awesome resource to our staff and students. See below for more involvement! We are looking for students to be part of this meaningful experience. If you are a leader, creative, open-minded and inclusive---this is the place for you! Ms. Susan Larsen is our teacher advisor.



What is the BRIDGES program?

A group of strong, dedicated, and motivated students, teachers, administrators, and parents working to create a safe, respected, and connected campus for ALL!

LEARN & CREATE PROJECTS ON DIVERSITY AND INCLUSION TOPICS	ATTEND WALK IN MY SHOES CONFERENCE @UCI	ATTEND RETREATS AND BUILD LEADERSHIP SKILLS
--	--	--



**Come join BRIDGES meetings on Fridays @ Lunch
in Ms. Larsen's Room 901**



For more info, contact Ms. Larsen or visit www.ochumanrelations.org

Tiger Woods Learning Center

Tiger Woods Learning Center is a great option for after school care and academic enrichment---they love our AUHSD family and provide an array of services for our students. There is also transportation! Check out their website for all the class offerings! Check out the video link below!

For More Information:

GYLA BELL

Senior Director, Programs

TGR Learning Lab | TGR Foundation – A Tiger Woods Charity

P: 714.765.8000

One Tiger Woods Way, Anaheim, CA 92801

TGRFoundation.org | [@TGRFound](https://www.instagram.com/TGRFound)

<https://bcove.video/2HNX7ym>

FREE
STEM
CLASSES

at the TGR Learning Lab

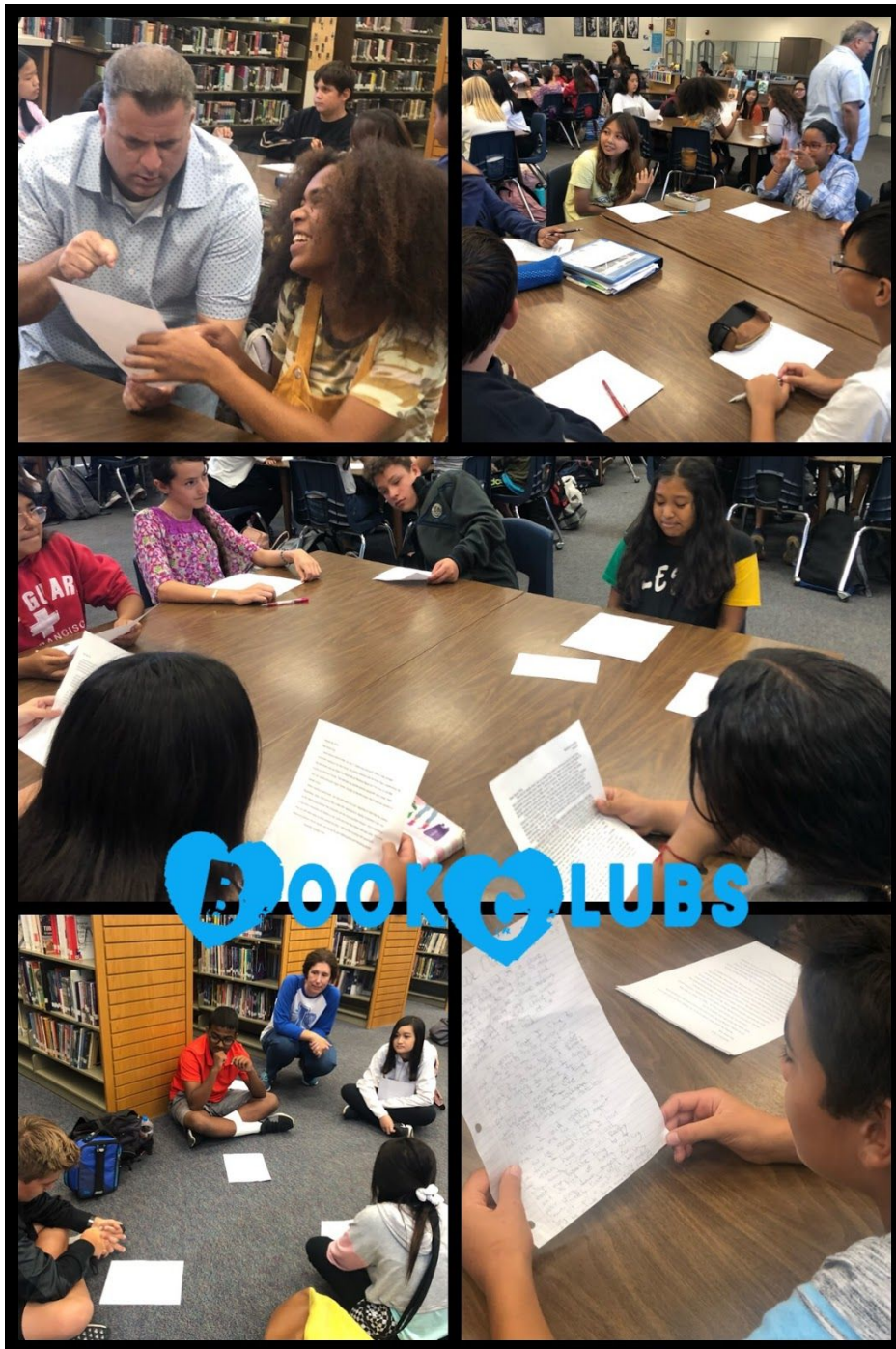
Visit the school office for an application.
www.tgrfoundation.org

[@TGRFound](https://www.instagram.com/TGRFound)

TGR FOUNDATION
A TIGER WOODS CHARITY

English Book Clubs

7th and 8th grade English classes partner up for Book Clubs! It is such a fun and engaging school wide activity that kids look forward to doing each quarter! Kudos to Mrs. Cooley and the entire English department!



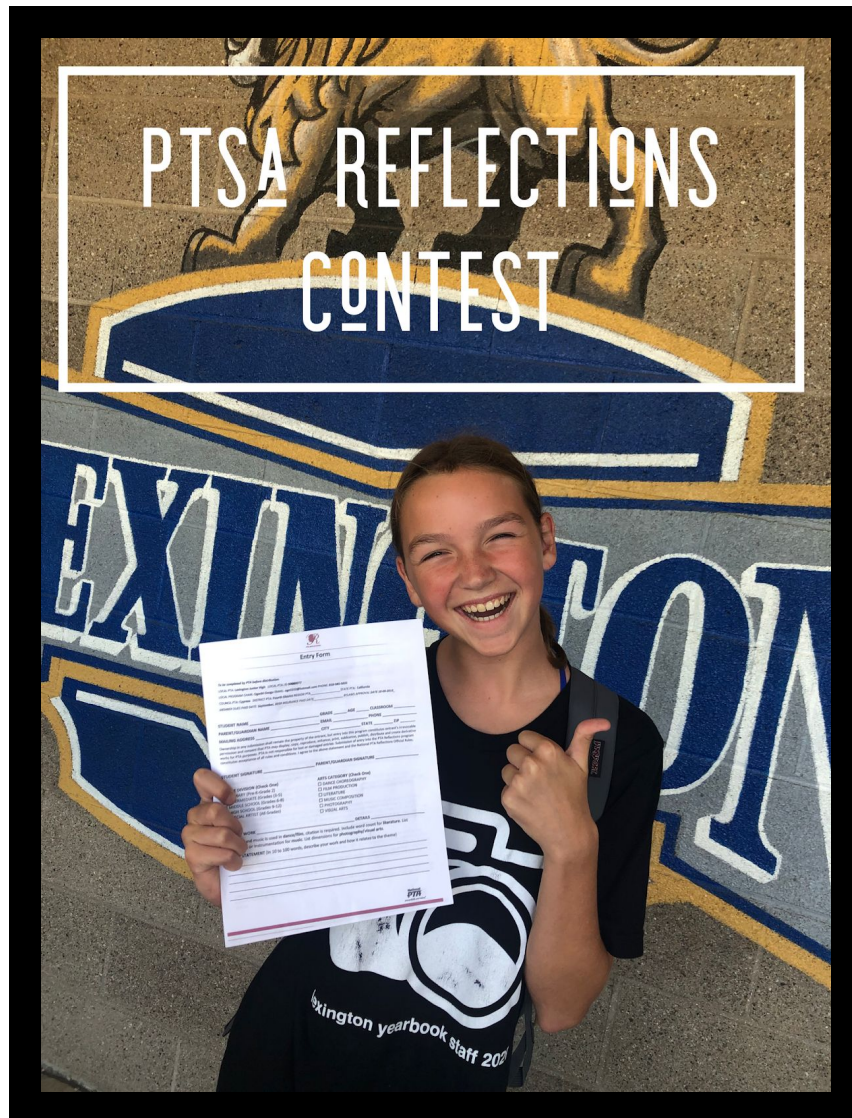
Yearbook Gets Down and Dirty

Yearbook staffers are coaching each other on taking photos using principles of composition. We get down to business to get the perfect shot!



PTSA Reflections

PTSA's annual Reflections Contest has begun! Come to the main office to grab information and details! This is a great way to express yourself creatively in all areas of the arts. Dance, Film, Literature, Music, Photography and Visual Arts! See details on flyer in school updates.



Announcements and Information for School and District



Lunch With A Lion

Parents...

On Tuesday, Sept. 10, we will have our annual Lunch with a Lion. At the event, you get to bring your child lunch and enjoy a great meal with them on the back field.

Our ASB department will be playing music and having fun raffle games.

If you are interested in coming, please fill out this form and return it to the main office by Sept. 6th. Each family member coming on campus will receive a bracelet for the event. If a person does not have a bracelet from the main office, they will not be allowed on campus. Parking will be available on the field.

ITEMS TO BRING- food, drinks, something to sit on (blankets or chairs), shade covering (if you do not like the sun), bracelet from the main office, and good knowledge of music from the 80's, 90's and 2000's.

Event: Lunch with a Lion (your student)

Date and Time: Tuesday, Sept. 10th at 12:04 to 12:54

Items to Bring: Lunch for you and your child, something to sit on and shade if needed.

Child's Name _____

Child's 5th Period Teacher _____

Parent's Name _____

Number of family members besides student _____

RETURN TO THE MAIN OFFICE BY Sept. 6, 2019

OUR FIRST LUNCH WITH A LION

LEXINGTON
DANCE CREW



Starting
SEPTEMBER TBA

See Mrs. Balinga - Room 101 for more details.

BOOK DRIVE

October 7 – 25

Help PTSA



by donating a new or used Children's Picture book(s) in the bins located outside the front office.

All books collected will be distributed to Centralia Elementary School District Kindergarten Students.



Casa Youth Shelter's 17th Annual

10-12-2019

Youth Leadership Conference

Resiliency

Register now at casayouthshelter.org/conference

who Free for middle- and high-schoolers

what Dynamic keynote speaker • Workshops to choose from
Community service hours • Lunch and opportunity drawings

where Cypress High School • 9801 Valley View St., Cypress, CA 90630

when October 12, 2019 • 9am-3pm (8am check-in)

Come and experience a day of self-discovery, friendship, cultural exchange, leadership building, inspiration, and service. Attend a series of intensive workshops designed to educate and empower future leaders.



Casa Youth Shelter

FACEBOOK CASAYOUTHHELTER INSTAGRAM @CASAYOUTHHELTER TWITTER @CYS_TWEETS WEB CASAYOUTHHELTER.ORG





COFFEE WITH THE PRINCIPAL

9:00 AM - 10:00 AM

Library

*August 13th - Welcome to Lexington
September 3rd- Aeries 101
October 1st- Being Successful in Jr. High
November 5th- Mental Health
February 4th- AUHSD Educational Pledge
April 7th- State Testing
May 5th- Cypress HS Admin Visit

* Meeting will be in MPR





LEXINGTON JR. HIGH SCHOOL

2019-2020

FAMILY ENGAGEMENT OPPORTUNITIES

BACK TO SCHOOL NIGHT

August 21

COFFEE WITH THE PRINCIPAL

An opportunity to meet with the principal and learn about several topics related to your student.

August 13

September 3

October 1

November 5

February 4

April 7

May 5

All meetings in Library at 9:00 AM

ENGLISH LEARNER ADVISORY COMMITTEE

Parents of English Learners are encouraged to attend these joint meetings with Cypress High School and Lexington Jr. High to better understand and support the need of their students.

TBD

SCHOOL SITE COUNCIL

Provide your input to a group of nominated teachers, parents, classified employees, and students that work with the principal to develop, review and evaluate school improvement programs and school budgets.

September 24

November 12

March 17

All meetings in Library at 3:00 PM

OPEN HOUSE

April 1

PARENT LEARNING WALK

Learn how you can help your student at home by visiting 6-8 classrooms to better understand the skills, tasks, and expectations students must meet and demonstrate. Space is limited and only parents who register are able to participate.

TBD

LUNCH WITH A LION

Bring your student lunch and enjoy a great meal with them on the athletic field. Our ASB will be playing music, selling snacks and hosting fun games for you to join!

September 10

January 16

May 14

PARENT LEADERSHIP ACADEMY

Help your student prepare for academic success by learning more about the importance of family engagement, high school graduation requirements, financial aid and much more!

TBD

Dates and times of events are subject to change.

For the most updated information, refer to the school website or the Monday Memo .

LEXINGTON JR. HIGH SCHOOL
4351 Orange Ave. Cypress, CA 90630
714-220-4201

The Power of Family Engagement

What is Family Engagement?

When families take an active interest in their child's learning, students display a more positive attitude toward school. Children learn best when their parents play a variety of roles in their learning:

- ◆ Helping at home
- ◆ Volunteering at school
- ◆ Planning their child's future
- ◆ Participating in key decision making

Middle and high school students whose families remain involved make a better transition and are more successful.



Many educational studies show that when parents & families are involved, students tend to:

- ◆ Achieve more regardless of ethnic and/or racial background, socioeconomic status, or parent education level.
- ◆ Achieve better grades, test scores, and attendance
- ◆ Consistently complete homework
- ◆ Have better self-esteem, are more self-disciplined, and show higher aspirations and motivation towards school
- ◆ More likely to graduate and go onto higher education

How Can YOU Become Involved?

1. Provide Support and leadership through active engagement in your child's education.
2. Work collaboratively with your school's administration, teachers and your Family & Community Engagement Specialist to learn about all aspects of the school's structure and share this information with other parents.
3. Remember that together everyone achieves more. Continue to support your child's learning at home by working with their teacher's to help them develop good homework and study habits.
4. Talk with your child's teachers and school principal to learn about opportunities to get involved in your school's advisory councils as a method to make your talents, skills, and availability to assist known.



Family & Community Engagement Specialist (FaCES)

In an effort to make sure that we engage all of our student's families and increase their success on their campus, our Family & Community Engagement Specialist (*FaCES*) is here to help!

Your *FaCES* at Cypress High School can assist you with:

- ◆ Referral to Community Resources
- ◆ Various Parent Trainings
- ◆ English/Spanish Interpretation Assistance
- ◆ Online Aeries Support
- ◆ Information and Engagement Opportunities within existing advisory committees like:
 - ◆ Local Control & Accountability Plan (LCAP)
 - ◆ English Language Advisory Committee (ELAC)
 - ◆ District English Language Advisory Committee (DELAC)
- ◆ Registration Assistance



Jonathan Barba
Family & Community Engagement Specialist (FaCES)

Lexington Jr. High School
4351 Orange Ave., Cypress, CA 90630

Phone: 714-220-4201 ext. 44952
Email: Barba_J@auhsd.us

References:

1. <https://www.ptoday.com/pto-today-articles/article/399-involvement-matters-what-to-tell-parents>
2. <http://www.auhsd.us/district/index.php/parents/parent-involvement/parent-involvement-overview>



CYPRESS HIGH SCHOOL FOOTBALL

FREE ADMISSION TO HOME GAMES

Lexington Jr. High students will receive free admission to all Cypress High School regular season home football games. Must present a 2019-2020 Lexington Jr. High student ID.

2019 HOME GAMES



* GAME STARTS AT 7:00 PM AT HANDEL STADIUM
** GAME STARTS AT 7:00 PM AT GLOVER STADIUM
^ HOMECOMING GAME





If you would like to purchase discounted tickets to the Orange County Auto Show in October, you can follow this link <https://autoshowoc.com> and do so online.

Enter the code below and our Band program will receive \$12 for every ticket purchased!
The promo code for Lexington Band Boosters is **LJHB**.

You can also purchase physical tickets from any band student.

**Go to [AutoShowOC.com](https://autoshowoc.com) to purchase a \$12 discounted ticket using
promo code
LJHB
and **100% of the TICKET PRICE IS DONATED** to Lexington Band
Boosters!**

It's as easy as 1-2-3:

1. Click on **BUY TICKETS** at [AutoShowOC.com](https://autoshowoc.com)
2. Then **Click to unlock hidden ticket**
3. Enter LJHB, so 100% of the fundraiser ticket goes to Lexington Band Boosters!



UNLIMITED YOU
ANAHEIM UNION HIGH SCHOOL DISTRICT

AUHSD'S TOWN HALL

SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

THE PURPOSE IS TO RAISE AWARENESS
ABOUT THE FOLLOWING:

- ❖ Suicide Prevention Efforts
 - The role that districts have in identifying and supporting students at risk
- ❖ School Based Mental Health Services
 - Community based resources

WHEN & WHERE

- ❖ Kennedy High School
 - Tuesday, Sept. 10, 2019
- ❖ Anaheim High School
 - Wednesday, Sept. 11, 2019
- ❖ Savanna High School
 - Thursday, Sept. 12, 2019

Time: 6:00pm -8:00pm

A Parent and Community Event

Choose a location below

KENNEDY H.S.

Tuesday, Sept. 10, 2019
Performing Arts Center
(KPAC)
8281 Walker St.
La Palma, CA 90623

ANAHEIM H.S.

Wednesday, Sept. 11, 2019
Cook Auditorium
811 W. Lincoln Ave.
Anaheim, CA 92805

SAVANNA H.S.

Thursday, Sept. 12, 2019
Savanna Auditorium
301 N. Gilbert St.
Anaheim, CA 92801

PROGRAM LEAD

Dr. Adela Cruz, LCSW,
Coordinator School Mental
Health

Questions?

• Office: 714-999-7734

**REGISTER AT THIS
LINK:**

**TOWN HALL: SUICIDE
PREVENTION**

<https://tinyurl.com/y3bjgyvk>

August 19, 2019



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

WHAT CAN YOU DO?

COMMUNITY SERVICE

Volunteers allow us to improve the quality of our programming and provide our members with additional mentoring opportunities. Volunteers have the opportunity to assist staff members, help with special events, and contribute their unique talents and interests to specialized programming and clubs. Volunteer for an hour or for an entire day, everything helps.

- Homework completion
- Sports and fitness activities
- Community service projects
- Arts and crafts
- Gain leadership and work skills!



Wednesdays 4-5PM

Keystone: the Ultimate Teen Program! Leadership, Service, and Community. Community service, College Tours, and more! Ages 14+

TEEN Cuisine

Thursdays 4-5PM

Sponsored by Kiwanis Recipe for Success Cooking Club. Learn how to cook easy but delicious, nutritious recipes!



Mondays 4-5PM

Leadership, Fitness, Service, and Education Planning monthly fundraisers, and assisting with Special Events!

TEEN sports



Fridays 4:25-5:05PM

Learn fundamentals of sports such as Basketball, Volleyball, Soccer, Kickball, Dodgeball, and Ping Pong. New sports featured each month!

FILM CRITIQUE



Tuesdays 5:05-6:30PM

This informal Film Critique Club is a discussion outlet covering topics viewed in thought-provoking films and shorts. Drop in any week!

FIELD TRIPS & EVENTS

Fridays are walking Pokemon Go Field Trips, and alternating every other month a College or Event Field Trip! Call for more info.

ESQUITE



"Corn in a Cup"

FUNDRAISER

\$1

**September 9-10 | 3:45-5:45pm
Front of Cypress Main Clubhouse**



\$5

PIZZA &

PAINT NIGHT

Teen After-Hours Event

9.27.19 | Friday

6:30PM - 8:30PM

**For More
Information**

EMAIL

**Ashley Ethington-Ball
Teen Program Supervisor
aethington-ball@bgccypress.org
(714)527-2697**

CYPRESS MAIN CLUBHOUSE

10161 Moody Street, Cypress CA 90630



**BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS**

The North Orange County Regional Consortium

& North Orange Continuing Education Present

Parenting the Love and Logic Way® and Love and Logic: Adults Supporting Youth with Challenging Pasts™

A no-cost twelve session parenting program designed by the Love and Logic Institute.

Participants will learn:

- How to stay calm when kids do incredibly upsetting things
- How to set enforceable limits
- Ways to avoid enabling and begin empowering
- How to help kids learn from their mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- How trauma affects the brain
- How to establish healthy boundaries and avoid destructive power struggles
- A process for understanding the unique needs of each child
- Strategies for reaching discouraged and resistant learners

This parenting program is designed to give you practical skills that can be used immediately!

Dates: Every Tuesday 9/10 - 12/03
Time: 9:00 - 11:30 am
Location: Oxford Academy
5172 Orange Ave., Cypress, CA 90630

**Classes will be held in Resource Center/Library
Spanish/Vietnamese/Korean translation provided
Free babysitting will be provided after October**

For more information, contact:
Opalina Valencia at 714.220.3078 / valencia_o@auhsd.us

Facilitators of the Love and Logic™ curriculum are independent and are not employees of the Love and Logic Institute.



Attention Families!

DON'T MISS OUT ON FOOD BENEFITS



What is CalFresh Food?

CalFresh Food helps people with low-income buy the nutritious food they need for good health. Recipients can buy food at any grocery store or farmers market that accepts EBT.

How do I know if I am eligible?

- Click, Call or Come in to your local county office.
- Complete an application – by phone, on-line, or in person.
- Complete an interview – by phone or in person.
- Provide proof of income and expenses, if needed.
- The county will determine your eligibility in 30 days or less.



Families + CalFresh =

- Nutritious, kid-friendly lunches
- Meals prepared at home that the whole family will enjoy
- Less time worrying about getting food on the table and more time spent with family!



Click
GetCalFresh.org to
apply online



Call **1-877-847-3663** (FOOD)



Come in/find an office
CalFreshFood.org



For other languages, or reasonable accommodations, find an office at **CalFreshFood.org**. For speech and/or hearing assistance call **711 Relay.A**

Funded by USDA, an equal opportunity provider and employer.



Official Rules

By submitting an artwork to the “National PTA Reflections Program,” entrants accept and agree to be bound by the official rules for participation as well as the entry requirements for their specific arts category and division. Additional state program requirements may apply. Any violation of these rules may, at PTA’s discretion, result in disqualification. All decisions of the reviewers regarding this program are final and binding in all respects. (The “PTA” referred to in these rules include all PTAs reviewing the submission).

1. **ELIGIBILITY.** Students must participate through a local PTA/PTSA. Each student’s eligibility is determined by the state and local PTA/PTSA. A student may develop an entry inside or outside of school.
2. **ARTS CATEGORIES.** There are six arts categories—dance choreography, film production, literature, music composition, photography and visual arts. Students may enter the National PTA Reflections Program in one or more arts categories. See each arts category rules for additional entry requirements.
3. **GRADE DIVISIONS.** Students may enter in the appropriate division for their grade (Primary: Preschool-Grade 2; Intermediate: Grades 3-5; Middle School: Grades 6-8; High School: Grades 9-12; Special Artist: All grades welcome).

The **Special Artist Division** welcomes students from all grades and abilities and offers non-artistic accommodations (e.g. adaptive technology; transcribing; holding a camera) for students to participate fully in PTA Reflections. Assistants must refrain from being involved in the artistic process (e.g. developing an artist statement, choreography, music lyrics, storyboards, etc.) Student recognition and awards are announced as part of the Special Artist Division.

4. **HOW TO ENTER.** Entrants must submit their artwork and student entry form to their local PTA/PTSA program according to local and state PTA procedures. Entrants must follow requirements and instructions specific to each arts category and division. Contact local PTA programs for deadlines and additional information.
5. **ENTRY REQUIREMENTS.** (All participants must also follow arts category and if applicable, Special Artist Division rules)
 - Only new pieces of artwork inspired by the current year’s theme may be submitted.
 - Each entry must be the original work of one student only. An adult may not alter the creative integrity of a student’s work. Because the program is designed to encourage and recognize each student’s individual creativity, help from an adult or collaboration with other students is not allowed except in the Special Artist Division. Other individuals may appear in or perform a student’s work, but the work itself must be the creative product of one student only. Only one student may be recognized as the award recipient for each entry. *See the specific arts category rules and special artist division rules for details.*
 - Each entry must contain a title and all entries must include an artist statement. The artist statement communicates what inspired the work, how it relates to the theme, and the content of the work. The statement must include at least 10 words and not exceed 100 words.
 - Use of copyrighted material is prohibited, except for background music in dance choreography and film production entries. If used in dance choreography and film production entries, background music must be cited on the entry form. Plagiarized entries will be disqualified. Use of PowerPoint templates are prohibited.
6. **FINALIST SELECTION AND NOTIFICATION.** Entries are reviewed at local, regional, state and national levels. Each PTA determines its own reviewers for the program. Entries will be reviewed primarily on how well the student uses their artistic vision to portray the theme, their originality and creativity. The National PTA Reflections® program makes no restrictions on content or subject matter in artwork. Under no condition may parents or students contact a reviewer to dispute the status/score of any entry. Each PTA in its sole discretion will select finalists for exhibition and provide awards/prizes. Awards are announced per local and state procedures. National awards and events are announced May 1, 2020 at PTA.org/Reflections.
7. **OWNERSHIP AND LICENSE.** Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant’s irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions.
8. **PARTICIPATING ENTITIES.** This program is administered by the National Parent Teacher Association (PTA) and PTA affiliates. Parent groups not affiliated with National PTA are not eligible to sponsor this program.



How To Enter

Use the arts to share your personal *Reflections* on this year's theme: **Look Within**

Submissions are due to **<INSERT TEACHER NAME AND ROOM NUMBER>** by **<INSERT DEADLINE>**.

Experienced artists will review your work for interpretation of theme, creativity and technique. We look forward to celebrating your artistry and achievement in the arts! Save the date for this year's Reflections Celebration **<INSERT DATE OF ARTS SHOWCASE & AWARDS CELEBRATION>**

Dance Choreography: Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Film Production: Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

Literature: Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. **Writing** must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 1/2x11" paper, PDF file.

Music Composition: All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **Audio** file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC. **Notation** (score/tablature) in PDF format is only required for middle and high school divisions.

Photography: Photo must be a single print/digital image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. **Print** image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted. **Digital** image dimensions must be at least 640x960 (pixels) and 300 dpi (resolution). Accepted file formats: JPEG, JPG, GIF, PNG.

Visual Arts: Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. **2D** artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries are not accepted. Include one digital image of artwork with your submission. **3D** artwork submissions must contain 3 digital images of artwork at different angles. Image(s) are used for artwork identification, judging and exhibition purposes.

Special Artist: Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities. See Official Rules for details.



Entry Form

To be completed by PTA before distribution.

LOCAL PTA: Lexington Junior High LOCAL PTA: ID 00009077

LOCAL PROGRAM CHAIR: Ogechi Ozogu EMAIL: oge1512@hotmail.com PHONE: 818-585-5632

COUNCIL PTA: Cypress DISTRICT PTA: Fourth District REGION PTA _____ STATE PTA: California

MEMBER DUES PAID DATE: September, 2019 INSURANCE PAID DATE _____ BYLAWS APPROVAL DATE 10-09-2019

STUDENT NAME _____ GRADE _____ AGE _____ CLASSROOM _____

PARENT/GUARDIAN NAME _____ EMAIL _____ PHONE _____

MAILING ADDRESS _____ CITY _____ STATE _____ ZIP _____

Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant's irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions. I agree to the above statement and the National PTA Reflections Official Rules.

STUDENT SIGNATURE _____ PARENT/GUARDIAN SIGNATURE _____

GRADE DIVISION (Check One)

- PRIMARY (Pre-K-Grade 2)
- INTERMEDIATE (Grades 3-5)
- MIDDLE SCHOOL (Grades 6-8)
- HIGH SCHOOL (Grades 9-12)
- SPECIAL ARTIST (All Grades)

ARTS CATEGORY (Check One)

- DANCE CHOREOGRAPHY
- FILM PRODUCTION
- LITERATURE
- MUSIC COMPOSITION
- PHOTOGRAPHY
- VISUAL ARTS

TITLE OF WORK _____ DETAILS _____

If background music is used in **dance/film**, citation is required. Include word count for **literature**. List musician(s) or instrumentation for **music**. List dimensions for **photography/visual arts**.

ARTIST STATEMENT (In 10 to 100 words, describe your work and how it relates to the theme)

ANAHEIM UNION HIGH SCHOOL DISTRICT

SAVE *The* DATE

★ COLLEGE

and CAREER

Fair

WEDNESDAY

OCTOBER 2, 2019

Anaheim
Convention
Center

5:00 PM - 8:00 PM

FREE
ADMISSION & PARKING

UNLIMITED YOU

ANAHEIM UNION HIGH SCHOOL DISTRICT

Announcements and Information for Community and City

 CITIES OF LA PALMA AND CYPRESS COMMUNITY SERVICES PRESENT 

APPROVED
OK TO POST
AUG 27 2019

Stephan Fleury, Ed.D.

TEEN OPEN MIC SHOWCASE



Open to:
Acoustic Musicians, Instrumental Musicians,
Poets, Vocalists

Saturday, September 21, 2019
at the La Palma Central Park Pavilion, 7821 Walker St.
Line-up starts at 5:00 PM
Must be 13 - 18 years old to participate

Coffee and Pastries will be
sold during the event!

Invite your friends
and family!

APPLICATIONS ARE DUE NO LATER THAN WEDNESDAY, SEPTEMBER 18TH BY 5:00 PM AT THE LA PALMA COMMUNITY
CENTER. APPLICATIONS AVAILABLE AT CITYOFLAPALMA.ORG OR CYPRESSREC.ORG
APPLICATION ON THE BACK



TEEN OPEN MIC SHOWCASE APPLICATION



Please completely fill out this application and submit no later than September 18th, 2019, by 5:00 P.M. at the La Palma Community Center, 7821 Walker Street, La Palma, CA 90623

This event was created to showcase your talent and dazzle the crowd, so invite as many friends and family as you would like and get everyone to support you and the other performers!

In the chance of rain, this event will be cancelled. Participants must be between 13-18 years of age. A minimum of 5 participants are needed to continue the event.

Type of Talent:

- Vocalist (Solo or Group)
 Acoustic Musician
 Poet
 Instrumental Musician
 Other: _____

Contact Information:

Name of Person/Group: _____
 Contact Person: _____ Phone Number: (____) _____
 Address: _____ City: _____ Zip Code: _____
 Age: ____ Email: _____ School: _____

Group Members (if any):

Name: _____ Age: ____ School: _____
 Name: _____ Age: ____ School: _____

Briefly describe the talent you are going to showcase and perform:

Items that must be turned in with this application:

- Completed Application
 Copies of all School I.D.'s or Driver's License who are participating
 *Email youtube links, CD, or DVD (Including all songs that will be performed) email to: ivans@cityoflapalma.org
 *Typed Lyrics/poems (Approval under staff's discretion)
 *if it applies to your showcase

Performances cannot go over 7 minutes

Applications are due by 5:00 P.M., Wednesday, September 18, 2019, at the La Palma Community Center

For more information: La Palma: (714) 690-3353 www.cityoflapalma.org or Cypress: (714) 229-6780 www.cypressrec.org



APPROVED

CITIES OF LA PALMA AND CYPRESS
RECREATION AND COMMUNITY SERVICES

PRESENT

Stephen Kelly, Ed.D.

OK TO POST

AUG 12 2019

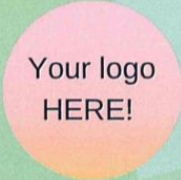


TEEN JOB WORKSHOP

TEENS AGES 15-18 ARE WELCOME!
EXPECT TO LEARN TIPS AND TRICKS TO EFFECTIVE JOB SEARCH,
INTERVIEW, AND OVER-ALL PROFESSIONAL DEVELOPMENT!
YOU MIGHT EVEN LAND A PART-TIME JOB!

FREE EVENT
When: October 10, 2019
Time: 5:00 PM - 7:00 PM
Where: La Palma Community Center
7821 Walker Street
***Must Pre-Register by October 8, 2019**

Meet our event Sponsors:



To register for this event, sign-up at either/or:
www.cityoflapalma.org - Class #9267
www.cypressca.org - Class #9267

APPROVED



CITIES OF CYPRESS AND LA PALMA RECREATION & COMMUNITY SERVICES

2019-20 TEEN EVENTS

FOR 13-18 YEAR OLDS

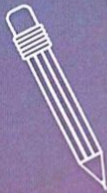
OPEN MIC SHOWCASE:

Saturday, September 21 @ 5:00pm
La Palma Central Park, 7821 Walker St.
FREE EVENT, Must Pre-register.



NEW!!! TEEN JOB WORKSHOP:

Thursday, October 10 from 5:00-7:00pm
La Palma Community Center, 7821 Walker St.
Job search tips, interview skills, and overall professional development. Ages 15-18 years.
FREE EVENT, Must Pre-Register!



MARCH MADNESS

3 ON 3 BASKETBALL:

Friday, March 13 @ 6:00pm
La Palma Central Park,
7821 Walker St.
\$10 per team, Must Pre-Register.



TEEN FASHION SCENE:

Saturday, April 4 @ 6:00pm
Cypress Community Center,
5700 Orange Ave.
\$5 per ticket.

SKATE NIGHT:

Friday, May 1 @ 6:00pm
Veterans Park,
4554 Avenida Granada
Free!



FOR MORE INFORMATION:

CYPRESS (714) 229-6780 CYPRESSREC.ORG,
LA PALMA (714) 690-3350 CITYOFLAPALMA.ORG

JOIN OUR 2019-2020 TEEN PROGRAM



the **CLUB**

BANDAI TEEN CENTER



\$50/month program fee
\$50 registration fee



Transportation available from multiple
Jr. High and High Schools for \$170/month
(Monthly program fee is waived if taking Club transportation)

- Career Development
- Leadership Opportunities
- Art & Dance Classes
- Homework Help
- Community Service
- College Exploration
- STEAM Clubs & Classes
- Fun After-Hours Events
- Field Trips



LOCATED AT
10161 MOODY STREET
CYPRESS, CA 90630

HOURS 2:00 - 6:30 pm

For More Information

CALL 714-527-2697

WEB www.bgccypress.org



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

DAILY SCHEDULE



BOYS & GIRLS CLUBS
OF GREATER
ANAHEIM-CYPRESS

- 2:45 - 3:30 Check-in / Free and Paid Snack, Games Room Open
- 3:30 - 3:40 Announcements
- 3:40 - 4:25 Power Hour Homework Help / Enrichment Activity
- 4:25 - 5:10 Group Activities & Clubs- Art, Sports, Dance
Leadership/Keystone Club, etc.
- 5:00 - 5:30 Social Hour - Video Games, Arts and Crafts,
Board Games, Karaoke, etc.
- 5:45 - 6:30 Movie



Additional rates apply for
holidays and school closure dates
(Spring Break, Winter Break, etc.)



the
CLUB
BANDAI TEEN CENTER

OPEN 7 00 AM - 6 30 PM

SCHOOL
YEAR
DATES

AUGUST 8, 2019 -
MAY 22, 2020



CLOSURE
DATES

9/2, 11/28, 11/29
12/24, 12/25, 12/31, 1/1/20
5/25 - 5/29/20

www.bgccypress.org



OUR SCHOOL VISION

At Lexington Junior High School, we believe that to be successful educators we must create a high interest level in learning and maintain cross-curricular collaboration with enthusiasm for our subject areas. We are dedicated to maintaining high expectations for ourselves and for our students and to utilizing a variety of instructional strategies so all students are actively engaged in relevant learning and are successful in our classes. We set professional goals annually and frequently re-examine our effectiveness through peer collaboration and the sharing of best practices. Our collaborative and enthusiastic spirit maintains our focus on continuous improvement with the intent to help all students achieve academically and socially at Lexington.

Lexington Junior High School

4351 Orange Avenue
Cypress, CA 90630

Phone: 714-220-4201
Fax: 714-761-4989

Check us out

houston_a@auhsd.us
Like us on Facebook
Follow us on Instagram

Lexingtonjhs.org



CALIFORNIA
DEMOCRACY
SCHOOL

